# Course Catalog



# Passionate

people can change the world.



# Mission

Phillips Graduate Institute offers educational and training opportunities in the field of human relations to a diverse population of motivated, mature students.

Responsive to the changing needs of those they serve, our students, graduates, and faculty seek to enhance relationships for individuals, couples, families and organizations.

# Core Values

# The Challenge to Grow and Develop

This is applicable at the individual, family and organizational levels.

We apply it to ourselves and others.

# Collaborative Involvement

This is the catalyst for innovative and effective solutions outside the organization.

# Integrity

We encourage the making and honoring of commitments; consistency and wholeness even under challenging circumstances.

# Creativity

Institutional support for creativity helps to find new solutions and to look "out-of-the-box" for new opportunities in times of change.

# **Appreciation for Diversity**

We can capitalize on the advantage of differences; learn new ways of doing things from each other.

# Contribution to Positive Social Change

Every person involved with Phillips Graduate Institute contributes to the well-being of the community.

This contribution, however seemingly small, is eventually reflected at global levels.

# Welcome to Phillips Graduate Institute

elcome to a year of exciting possibilities as you take another step forward in your professional training. Our faculty and students bring together the rich diversity of the psychological disciplines, from Marriage and Family Therapy to Clinical Psychology, from School Counseling and School Psychology to Organizational Consulting and MFT/Art Therapy. We are so proud of our students and faculty, the foundation of our community.

Phillips has had a very busy year. In October 2007, we hosted the Latino Family Therapy Symposium, where the spotlight was on our outstanding retention rates for those Latino families, couples and individuals we serve. The success of this program is based on our unique Spanish immersion training as well as the excellent service of our California Family Counseling Center (CalFam) staff, interns and students provide. What an exciting and well-attended event it was.



In June of last year, our Marriage and Family Therapy Program embarked on an exploration of the future of the discipline of Marriage and Family Therapy with the American Association of

Marriage and Family Therapy (AAMFT). More recently, Phillips, along with the Phillips Alumni Association and CalFam, has launched a new effort at community service, the Communications Bureau, to help local nonprofits and businesses locate quality speakers on a variety of topics that our Phillips alumni, interns and students can provide. We know that each of the speakers will represent the Phillips community well.

Phillips students are committed, thoughtful, hardworking people, and they become dedicated alumni who serve the greater good in a variety of ways. I urge you to take advantage of the opportunities provided by the Alumni Association to network with our graduates. I hope you will consider getting involved in the Alumni Association now, as a student. For more information on how to get connected, please contact Francine Roberts at (818) 654-1753. I believe you will find this helpful to your professional development and enjoyable as well.

The Student Catalog will be available online at the Phillips website, www.pgi.edu. From time to time, there may be changes to the catalog, so please check the website periodically to ensure you have the most up-to-date information.

We are looking forward to another successful year, full of potential and the promise of opportunities as we continue to serve our students and the community within which we live.

Warm regards,

Lisa Porché-Burke, Ph.D.

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President

# Introduction

LL PHILLIPS PROGRAMS INTEGRATE ACADEMIC KNOWLEDGE AND THEORY with practical experience and training. Phillips Graduate Institute offers four Master of Arts degree (M.A.) programs, two Doctor of Psychology degree (Psy.D.) programs, and a range of elective courses designed to provide students with training in specialized areas of study. In addition, most programs offer the flexibility of extended or part-time academic plans, to further meet our students' needs.

Within the Master of Arts degree in Psychology, emphases include Marriage and Family Therapy and Marriage and Family Therapy/Art Therapy. Marriage and Family Therapy and Marriage and Family Therapy/Art Therapy students also have the option to add the School Counseling Pupil Personnel Services credential to their program of study. Students in the Marriage and Family Therapy, Marriage and Family Therapy/Art Therapy, and School Counseling programs may select a concentration based upon a student's academic and clinical interests. These concentrations include Community Mental Health, Co-Occurring Disorders, Postmodern Therapies and a variety of clinical specializations.

The Master of Arts degree in Psychology meets all academic requirements of the Board of Behavioral Sciences (BBS) for California licensure as a Marriage and Family Therapist (MFT). In addition, the MFT/Art Therapy program is approved by the American Art Therapy Association (AATA). The Master of Arts degrees in School Counseling and School Psychology meet all academic requirements for Pupil Personnel Services (PPS) credentialing by the California Commission on Teacher Credentialing (CCTC). The School Psychology program meets the requirements for individual National Association of School Psychology (NASP) certification.

The Clinical Psychology Doctoral Program (Psy.D.) offers two concentration options: Forensics and Issues of Culture and Diversity, and meets all the academic requirements for licensure as a clinical psychologist in the State of California. The Organizational Consulting Doctoral Program (Psy.D.) is designed to enhance the personal and professional skills of consultants, managers, and leaders.

Phillips is accredited by the Accrediting Commission for Senior Colleges and Universities of the Western Association of Schools and Colleges (WASC).

# Phillips Graduate Institute Goals and Objectives

# GOAL 1

Students will gain knowledge and competency in human relations pertinent to their area of study.

#### **OBJECTIVE:**

Increase of student knowledge base relevant to each academic program's professional discipline.

Students will gain knowledge and be exposed to didactic learning in the following domains:

- Systems (the theories and conceptualizations of systemic approaches as they apply to each respective professional discipline);
- Ethics (the ethical standards relevant to each academic program's scope of professional practice);
- Research (the foundations of scientific and practice-based knowledge as reflected in current literature relevant to each respective professional discipline);
- Diversity (factors of individual and cultural difference that influence human behavior);
- Practice (the standards of professional practice relevant to each respective professional discipline).

# **GOAL 2**

Students will develop professional skills pertinent to the application of human relations concepts in their area of study.

#### **OBJECTIVE:**

To develop the professional skills and professional identity appropriate to each program's professional discipline.

Students will have applied learning experiences in the following domains:

- Systems (the application of systemic conceptualizations in professional settings);
- Ethics (the application of the ethical standards in professional settings);
- Research (that requires students to demonstrate that they are discerning consumers of research);
- Diversity (that requires that students demonstrate their understanding of the value of issues of diversity in their professional identity and the manner in which they choose to provide services); and
- Practice (by engaging in practical experiences that require them to apply theory and knowledge in the delivery of services).

# GOAL 3

Students will experience professional/ personal growth over the course of their time in the program.

#### **OBJECTIVE:**

To foster professional/personal growth and attitudes that promote life-long learning.

Students will will be engaged in experiential learning activities in the following domains:

- Systems (that help them understand their placement within the systems in which they function);
- Ethics (that demonstrate the ability to engage in and resolve professional challenges within the ethical standards of their respective profession);
- Research (that demonstrates that they are critical thinkers able to engage in effective professional communication);
- Diversity (that demonstrates their understanding of the impact of self on others and others on self); and
- Practice (that demonstrates the ability to engage in self-reflective practice and continual learning experiences).

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# Master of Arts in Psychology (M.A.)

# Emphasis in Marriage and Family Therapy

# MISSION STATEMENT

The mission of the Marriage and Family Therapy program is to create a context that fosters collaborative learning and opportunities for academic, clinical and personal transformation. Students who complete the program will be prepared for licensure in California and will embody self-awareness, integrity and a commitment to relational responsibility in service to personal and professional communities.

# **PROGRAM GOALS**

### **KNOWLEDGE**

- Knowledge of the rich history and evolution of traditional and contemporary major theoretical approaches to marital and family therapy;
- Knowledge of culturally diverse world views and perceptions;
- Knowledge of legal and ethical standards that guide professional conduct;
- Knowledge and an appreciation of the skills, abilities and challenges that inform relationships;
- Knowledge and understanding of research paradigms utilized in the social sciences; and
- Knowledge and understanding of the major concepts that underlie the assessment and treatment of individuals, couples, families and groups.

#### **SKILLS**

- Assessment, diagnostic and treatment skills for mental disorders:
- Relational and interpersonal skills that enhance effectiveness in collegial, clinical and community contexts;
- Ability to integrate and apply theory to the practice of marital and family therapy;
- Sensitivity and awareness of new perspectives on social diversity and social inequality;
- Ability to understand the epistemology that informs their work and to assess the congruence between practices and assumptions in their work;
- Ability to evaluate and assess learning progress and learning outcomes;

- Ability to conceptualize and carry out a research project; and
- Ability to think critically and contribute to the evolution of the field.

#### **VALUES**

- Commitment to ongoing learning and discovery of knowledge;
- Accountability for the effects of personal and professional choices;
- Commitment to addressing social problems that impact the lives of clients;
- Commitment to ongoing self reflection and personal growth; and
- Dedicated to an ethic of integrity and relational responsibility in personal, professional and clinical relationships.

# EDUCATIONAL PHILOSOPHY AND TRAINING MODEL

The educational philosophy of the Marriage and Family Therapy program emphasizes a systems approach to the investigation, understanding and treatment of human relationships. This focus emphasizes the importance of seeing the individual as a member of many systems. Students learn to integrate systemic ideas with other approaches to psychology as they become knowledgeable of the professional identity of the Marriage and Family Therapist.

In the Marriage and Family Therapy program students are immersed in three types of learning: academic/didactic, practical application, and personal growth. This unique approach significantly contributes to the integrated development and training of mental health professionals.

This approach to student learning is expressed in every aspect of the program; the curriculum, the methodology and course assignments and the sequencing of courses. Students emerge from the program with a professional identity that demonstrates personal growth, academic competency and clinical skill.

# THE PROGRAM'S STRUCTURE

Students choose a primary class day, with instruction from 8:00 a.m. until 5:00 p.m. Class day options include a weekday or a Saturday.

Additionally, students spend an average of five hours a week in other learning activities. In semesters one and two, these learning activities are Case Conference and Group Dynamics; sections are offered at various times throughout the week. In semesters three and four, Case Conference and Group Dynamics are replaced by hours of experience gained at a clinical placement site.

The Marriage and Family Therapy (MFT) program is designed to be completed in four semesters of 12 units each. Part-time scheduling options are available, which could extend a student's attendance over as many as six semesters. Students who undertake another program in addition to the 48-unit MFT are likely to spend longer than four semesters completing their degree. Prospective students should ask their admissions counselor for details regarding part-time and multi-program options. New students will meet with their faculty advisors to plan any modifications to the regular schedule.

# CLINICAL PLACEMENT SERVICES

Phillips Graduate Institute students in all clinical programs receive assistance with their field placement through the Office of Clinical Placement. This office provides students with a valuable link to community resources, clinical training opportunities and professional organizations. Students are assisted in acquiring approved supervised clinical placements at sites throughout Southern California.

Students seeking the California license as a Marriage and Family Therapist are required to complete 150 hours of practicum experience (as part of the academic requirement) at an approved training agency prior to degree completion. The practicum experience, part of the student's clinical training, allows students to provide counseling services to clients under the supervision of licensed professionals. Phillipsapproved training sites include counseling centers, schools, mental health programs and hospitals.

Students may begin their practicum experience after they have completed 12 units of coursework and have been designated by Phillips faculty as trainees who are ready to begin clinical work.

While Phillips makes every effort to inform students about and prepare them for each step of the state licensing process, it is each student's responsibility to ensure that he/she meets all qualifications for licensure as a Marriage and Family Therapist.

Please refer to the "Clinical Placement Handbook" for further information regarding hours of clinical experience.

# FACULTY ADVISEMENT

Students will be assigned an academic advisor within the first two weeks of enrollment at Phillips Graduate Institute. Students are required to meet with their advisor early in the first semester and at least once each semester until completion of their degree. The faculty values and welcomes open communication with students. Students are encouraged to make appointments with other members of the core and adjunct faculty who will answer questions and provide consultation. The Marriage and Family Therapy faculty are active practitioners and serve as professional mentors and models for students.

# **WORKSHOPS**

As part of the Master of Arts degree in Psychology with an emphasis in Marriage and Family Therapy, students are occasionally required to attend daylong workshops in addition to regular classes. These are held on days other than the students' regular class days. Information will be provided to students in advance to allow for planning.

# **ENTRY OPTIONS**

Students may enter the Marriage and Family Therapy program in the Fall or Spring. Please call the Office of Admissions at (818) 386-5660, for dates and class schedules.

# ADMISSION REQUIREMENTS

- Prerequisite coursework: 12 units of social sciences successfully completed at the undergraduate level;
- Completion of an earned bachelor's degree from a regionally-accredited college or university with a minimum 3.0 grade point average (GPA).

Note: A "Grade Point Average Exemption Petition" may allow admission for applicants who do not meet the minimum GPA requirement;

- Demonstration of English proficiency may be required;
- Completion of Phillips Graduate Institute Admissions Application Packet, which includes:
  - Application form
  - Goals Statement/Essay
  - Three recommendations
  - Undergraduate and graduate (if applicable) transcripts
  - Résumé/Statement of Experience
  - Application fee; and
- Admissions interview with MFT Department Chair or faculty.
- Please refer to the Office of Student Affairs section beginning on page 50 for details on admissions policies and procedures.

# MASTER OF ARTS IN PSYCHOLOGY WITH AN EMPHASIS IN MARRIAGE AND FAMILY THERAPY

#### 48 UNITS

This program plan meets graduation requirements for a Master of Arts Degree in Psychology with an emphasis in Marriage and Family Therapy. Graduates will meet the educational requirements for MFT licensure in California.

#### **CURRICULUM**

## FIRST SEMESTER • 12 UNITS

PSY501	Human Diversity (1 unit)
PSY502A	Family Therapy: Systemic Approaches (3 units)
PSY503	Developmental Psychology (2 units
PSY507	Foundations of Psychotherapy (2 units)
PSY518A	Introduction to Research—I (1 unit)

PSY519A Case Conference: Pragmatics and Human Communication (3 units)

PSY519A-L Group Dynamics Lab

#### SECOND SEMESTER • 12 UNITS

PSY502B Family Therapy: Evolving Systemic Approaches (3 units)

PSY518B Introduction to Research—II (1 unit)
PSY519B Case Conference/Practicum:
 Assessment and Group Dynamics
 (3 units)
PSY519BL Group Dynamics Lab
PSY520A Abnormal Psychology (2 units)
PSY520B Assessment and Treatment in a
 Developmental Context (2 units)
PSY521 Alcohol and Chemical Dependency

# (1 unit) THIRD SEMESTER • 12 UNITS

PSY518C	Protessional Project—I (Tunit)
PSY531A	Applied Therapeutic Methodology -I (3 units)
PSY532	Sexuality and Sex Therapy (1 unit)
PSY533A	Practicum—I (3 units)
PSY534	Couple Therapy (1 unit)
PSY539	Legal, Ethical and Professional Issues (2 units)
PSY540A	Contemporary Issues in Marriage and Family Therapy (1 unit)

#### FOURTH SEMESTER • 12 UNITS

PSY518D	Professional Project—II (1 unit)
PSY531B	Applied Therapeutic Methodology -II (3 units)
PSY533B	Practicum—II (3 units)
PSY540B	Professional Issues for Marriage and Family Therapists (1 unit)
PSY547	Psychopharmacology (2 units)
PSY549	Psychological Testing (2 units)

# PROGRAM COMPLIANCE

The Master of Arts in Psychology with an emphasis in Marriage and Family Therapy is designed to meet the educational requirements of the California Board of Behavioral Sciences (BBS). Information regarding these standards is available through the Phillips Graduate Institute Marriage and Family Therapy Department and the BBS web site, www.bbs.ca.gov. Program curriculum and experience hours are subject to change without prior notice based on current BBS requirements.

# ACADEMIC PROFICIENCY

#### M.A. PROGRAMS

Any student receiving a grade of C- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

# REQUIREMENTS FOR DEGREE COMPLETION:

MASTER OF ARTS IN PSYCHOLOGY WITH AN EMPHASIS IN MARRIAGE AND FAMILY THERAPY

The degree is posted three times yearly; on the last day of December, May, and August. All of the following requirements must be met prior to degree posting:

- Completion of all 48 units of required courses, with an overall GPA of 3.0 or higher;\*
- Completion of licensing requirements established by the Board of Behavioral Sciences (BBS), including training in child abuse (7 hours), aging and long-term care (10 hours), and spousal or partner abuse (15 hours) these courses must be taken at Phillips;
- Completion of 150 hours of supervised clinical placement concurrent with practicum registration;
- Verification of required hours in personal or family psychotherapy; \*\*
- "Intent to Graduate" form on file with the Registrar one semester prior to the graduation date when a student expects to meet all graduation requirements;
- Payment in full of financial obligations to Phillips Graduate Institute and the California Family Counseling Center;
- Return of all library materials; and
- Completion of an exit interview with the Office of Financial Aid (Financial Aid recipients only).

- \*Students graduating with a 60-unit master's degree, or electing another program as an additional emphasis or as a concentration, must complete all required courses before the degree is posted.
- \*\*Psychotherapy Requirement: In order to become an effective therapist, an individual must first be willing to work on his/her own issues in a therapeutic relationship. This experience is in keeping with the Phillips Graduate Institute philosophy of theory, experience and application as it represents integrated learning. Therefore, all students in the MFT program are required to engage in a minimum of 24 hours of psychotherapy during their tenure in the program. Therapy may be individual, couple, family, or group sessions. Therapists must be licensed as a psychologist, LMFT, LCSW, or psychiatrist. The cost of therapy is to be met by the student. Students are not required to discuss personal information from the therapeutic context as part of their coursework.

# COURSE DESCRIPTIONS

PSY501 HUMAN DIVERSITY

#### 1 UNIT

Mental health professionals must be prepared to counsel clients from a multiplicity of cultural backgrounds. This course guides students to focus on their own culture of origin to help them become aware of their own heritage and to increase their appreciation of the impact cultural differences have on each individual. Cultural differences studied include race, ethnicity, gender, religious heritage, sexual orientation and socioeconomic status. In addition, the course introduces specific therapeutic skills needed for working successfully with clients from a variety of cultural domains.

# PSY502A FAMILY THERAPY: SYSTEMIC APPROACHES

#### 3 UNITS

Beginning with systems theory and the historical context of the family therapy movement, this course examines the field of family therapy. Principles and underlying concepts from systems models are applied to family therapy and human relationships. Approaches such as Bowen, Object Relations, Structural, Strategic, Humanistic-Existential and Cognitive-Behavioral theories are

explored. Students will examine their personal relationships as they begin to develop an integrative approach to family systems therapies. The course is part of a two-semester sequence and builds a foundation for postmodern approaches, including collaborative language theories, emphasized in second semester (PSY502B).

# PSY502B

FAMILY THERAPY: EVOLVING SYSTEMIC APPROACHES

#### 3 UNITS

As a continuation of PSY502A, the emphasis in this course is on the rich, complex diversity of contemporary theoretical models that are part of the evolving field of family therapy. The course explores the interconnected philosophies and clinical ideas of Experiential Family Therapy, Postmodern Approaches (Solution-Focused, Narrative, and Social Constructionism) and current developments including themes and interventions useful in family therapy. Students are encouraged to integrate creative interventions as they compare and contrast theories.

## PSY503 DEVELOPMENTAL PSYCHOLOGY

#### 2 UNITS

Theories of normal biological, psychological and social development over the lifespan of individuals and systems are reviewed. Philosophies of major theorists are compared and contrasted. Interactions between developmental phases in individuals and larger systems are explored and implications for therapy are emphasized.

# PSY507 FOUNDATIONS OF PSYCHOTHERAPY

#### 2 UNITS

This course explores psychological concepts and research on personality and behavior change. Theories and concepts covered include Psychodynamic, Behavioral and Humanistic-Existential models. The focus includes a historical perspective, individual consulting and therapy styles, conditions leading to change, and helper characteristics.

## PSY518A INTRODUCTION TO RESEARCH-I

#### 1 UNIT

This course begins a four semester sequence culminating in the professional project. In this first semester, students are introduced to methodological and ethical issues in the area of psychological research. They learn how to locate information and how to critically evaluate sources. The goal is to become intelligent consumers of research relevant to professional practice.

## PSY518B Introduction to research-11

#### 1 UNIT

This course builds on processes begun in 518A, as students continue to practice critical analysis of research. The focus is to become familiar with standard research methodologies—quantitative, qualitative, experimental research and literature review. Students are introduced to the professional project options—Clinical Research Paper, Professional Presentation or Writing for Publication. They begin to select a topic for their final professional project and identify the most appropriate format for that topic.

## PSY518C PROFESSIONAL PROJECT-I

#### 1 UNIT

This course provides faculty mentoring and support as students work independently on their professional projects. The goals of the professional project are to: 1) increase the student's knowledge in a specific area of clinical expertise; 2) assist students in the development of a meaningful project that will provide clinical information to the greater mental health community; and 3) assist students in their professional development. Students work with their faculty mentors to refine and narrow their topics, select the most appropriate format for their project and analyze appropriate research to be included in the final project.

## PSY518D PROFESSIONAL PROJECT-II

#### 1 UNIT

This course is the culmination of activity begun in semesters one, two and three. Students are required to complete their professional project under the guidance and supervision of their faculty mentor. Students continue to work one on one with their faculty mentor and will submit

the final project to be evaluated by that mentor. The final professional project will be included in the student's portfolio and presented to faculty in the capstone process: Professional Portfolio Presentation and Oral Exam.

# **PSY519A**

CASE CONFERENCE: PRAGMATICS AND HUMAN COMMUNICATION

#### 3 UNITS

Students are oriented to the practice of psychotherapy including establishing a therapeutic contract, understanding confidentiality, avoiding dual relationships, and ethically handling financial issues. Throughout the course, students observe actual therapy behind a one-way mirror, and participate in discussion with the therapist/instructor about the clinical work. Communication principles and skills that enhance professional effectiveness are introduced, demonstrated and practiced. The course provides an experiential and practical demonstration of the foundational concepts presented in first semester courses.

# PSY519B

CASE CONFERENCE/PRACTICUM: ASSESSMENT AND GROUP DYNAMICS

#### 3 UNITS

Students continue from first semester (PSY519A) the observational process with clients, discussing clinical processes with the therapist/instructor. Those who have begun clinical placements learn case presentation skills and apply theoretical concepts to their clinical work. Assessment and treatment concepts presented in PSY52O are demonstrated and applied in the clinical work with the case conference client. Theory and practice of group processes are explored, experienced and demonstrated using the case conference/practicum group as a laboratory.

## PSY519AB-L GROUP DYNAMICS LAB

## 0 UNITS • CR/NCR

This two-semester experience runs concurrently with PSY519A and PSY519B. It is the laboratory in which students work in small groups to explore their personal issues. The connection between personal development and interpersonal therapeutic skill is emphasized. The group context allows for experiential learning of group therapy and counseling principles, and the cohort becomes a support group as well.

## PSY520A ABNORMAL PSYCHOLOGY

#### 2 UNITS

This course surveys abnormal psychology from the "medical model" perspective of the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV). Students develop skills in differential diagnosis, but are also encouraged to think critically and comparatively about the concepts of mental illness and psychopathology in the practice of psychotherapy. Emphasis is on understanding disorders most frequently encountered by mental health professionals in agencies, schools and private practice.

# PSY520B

ASSESSMENT AND TREATMENT IN A DEVELOPMENTAL CONTEXT

#### 2 UNITS

Prerequisite: PSY520A or its equivalent.

This course continues skills training in the processes of assessment and treatment planning, beginning with the DSM-IV but broadening to include theoretical models as well. Students learn specific intervention strategies appropriate to different presenting problems and developmental stages. The emphasis is on assessment and treatment planning with children and adolescents, both as individuals and in family therapy. Practical clinical management and professional skills effective with these age groups are modeled and discussed.

# PSY521 ALCOHOL AND CHEMICAL DEPENDENCY

#### 1 UNIT

This course reviews current theories of the etiology of substance abuse, medical and legal aspects, and major treatment approaches to alcoholism and chemical dependency. Community resources, the referral process, and recognition of atrisk populations are covered.

# PSY531A APPLIED THERAPEUTIC METHODOLOGY-I

## 3 UNITS

This course focuses on the application of theoretical models to a variety of clinical situations. In a small group consultation format, students are encouraged to include systemic approaches in treatment and are guided to clarify their own theoretical and applied skills. The emphasis in this course is on medical model

and theoretical assessment, differential diagnosis, treatment planning and crisis intervention. Faculty support students' experiences in supervised clinical placements with reading and assignments relevant to the populations being served by the students. The course supports flexible, integrated and well-conceptualized approaches to treatment while emphasizing personal and professional integrity.

# PSY531B

APPLIED THERAPEUTIC METHODOLOGY-II

#### 3 UNITS

This course emphasizes a more advanced application of theoretical models to a variety of clinical situations. In a group consultation format, students work with the practicalities of structuring initial interviews, diagnosis, professional ethics, crisis intervention, case reporting skills and appropriate termination. Students continue to clarify their own preferred theoretical orientations and skill sets. Students explore professional identity issues and work on the development of a professional portfolio. This course is the capstone course for the MFT program and students participate in comprehensive oral and written exams.

## PSY532 SEXUALITY AND SEX THERAPY

#### 1 UNIT

This course introduces students to the fundamentals of sexuality and sex therapy necessary for working with intimate relationships as a marriage and relationship therapist. The course helps students assess and address sexual issues in a clinical setting, alerting students when to refer to specialized professionals. In addition, the course helps students address sexual issues in session and increase intimacy in partnerships.

## PSY533A PRACTICUM-I

#### 3 UNITS • CR/NCR

In this course students gain direct clinical experience with individuals, couples, families or groups at placement sites approved by the Office of Clinical Placement. A variety of placements are available, including those at the California Family Counseling Center. Students are reminded that MFT licensure in California requires that a minimum of 150 hours be completed while in a practicum, and prior to graduation.

## PSY533B PRACTICUM-II

#### 3 UNITS • CR/NCR

In this course, students continue to gain direct clinical experience with individuals, couples, families or groups at placement sites approved by the Office of Clinical Placement. A variety of placements are available, including those at the California Family Counseling Center. Students are reminded that MFT licensure in California requires that a minimum of 150 hours be completed while in a practicum, and prior to graduation.

## PSY534 COUPLE THERAPY

#### 1 UNIT

This course examines theory and psychotherapeutic techniques for working with intimate partnerships. Many of the issues and processes that arise in couple therapy are presented. The course explores various theoretical models for an in-depth view of couple therapy, and demonstrates methods of therapeutic intervention designed to enrich couples' lives and help negotiate change.

### PSY 539 LEGAL, ETHICAL AND PROFESSIONAL ISSUES

#### 2 UNITS

This course reviews aspects of California law relevant to mental health practice. Topics include: confidentiality and the psychotherapist-patient privilege, laws relating to minors, family law regarding dissolution of marriage and child custody, procedures for working with minors, and the legal scope of the practice of marriage and family therapy. Codes of professional ethics are reviewed, with emphasis on dual relationship standards. Students are asked to consider the practical application of legal and ethical standards in the context of their theoretical position and personal values.

# PSY540A

CONTEMPORARY ISSUES IN MARRIAGE AND FAMILY THERAPY

#### 1 UNIT

As students approach completion of the academic degree and preparation for professional practice, this course will address current clinical issues impacting Marriage and Family Therapy. Possible topics covered include: divorce and blended families, single-parent and alternative families, and chronic mental illness in the family and community. Lectures will be based

on the theoretical concepts underlying clinical interventions, and will be presented by a variety of faculty members with expertise in the field. Emphasis will be placed on the identification of key issues and best practices.

# PSY540B

PROFESSIONAL ISSUES FOR MARRIAGE AND FAMILY THERAPISTS

#### 1 UNIT

The focus of this course is on the professional development of students as they move into clinical practice after graduation. Possible topics include: identifying potential intern placement or desired employment sites, professional writing skills for completion of a professional résumé/curriculum vitae, and interview skills. Socialization into the mental health profession will be encouraged via attendance at professional meetings and by visiting experts in the mental health profession. Information on developing and maintaining a clinical practice will be offered.

## PSY547 PSYCHOPHARMACOLOGY

#### 2 UNITS

This course offers the student basic information about commonly prescribed psychotropic medications, their effects and side-effects, and teaches non-medical practitioners effective ways to stay informed about the rapidly changing world of pharmacological treatment. The emphasis is on the role of the non-medical psychotherapist as part of the treatment team in the medication management of mental disorders. Topics addressed include assessment and referral, providing information and support, combining medication with psychotherapy, and assisting clients to remain medication compliant.

# PSY549 PSYCHOLOGICAL TESTING

#### 2 UNITS

The course focus is on assessment topics and evaluation techniques that are important for master's-level marriage and family therapists. The course also introduces students to the complex nature of testing and assessment and to test instruments and evaluation procedures that are helpful in the context of family and couples psychotherapy. Legal and ethical issues related to test use, selection of tests, psychometric properties of tests, interpretation of data, and uses in clinical settings and private practice are reviewed.

# EXTENDED COURSEWORK

# PSY546 PROFESSIONAL PROJECT EXTENSION

#### 1 UNIT • CR/NCR

Students who require extended time and/or supervision to complete their professional project after PSY518D must be enrolled continuously in PSY546. This course ensures use of Phillips facilities and guidance from faculty while the professional project is being completed. Course may be repeated for credit.

## PSY596 FIELD STUDY PRACTICUM

#### 1 UNIT • CR/NCR

In this course, students meet regularly with supervising faculty to discuss their clinical work and to explore related issues. Faculty design specific reading and research assignments relevant to the populations being served by the student. A function of PSY596 is to maintain a student's registration in practicum, allowing continued accrual of the required clinical hours during summer breaks or a fifth semester. Course may be repeated for credit. Students who are not Phillips degree candidates must be approved by the Marriage and Family Therapy Department Chair before enrolling in this course.

# OPTION FOR NON-CLINICAL MASTERS DEGREE

#### 36 UNITS

Master of Arts in Psychology (MA) Emphasis: Marriage and Family Therapy/Non-Clinical

This degree option allows students who have decided not to pursure clinical practice to complete a masters' degree in psychology. While this 36 unit degree will not qualify for licensure, it may equip the student for a variety of related professions, or provide more opportunities in the student's exsisting work setting.

The student applies for this degree only after completing at least 12 units in the first year of the Institute's MA Psychology programs. Coursework includes all but the clinical block of the 48 unit masters (Clinical Block consists of PSY531A/B and PSY533A/B).

# Master of Arts in Psychology (M.A.)

# Emphasis in Marriage and Family Therapy/Art Therapy

# MISSION STATEMENT

The program emphasizes a relational approach to understanding and treatment of human relationships specializing in the clinical application of art and interpersonal neurobiology. The program highlights the cognitive and emotional role of art, imagery, and creativity in health and healing. The department upholds the contributions of interpersonal neurobiology and clinical neuroscience to the practice of art therapy. This focus reflects the appeal of a program that offers a paradigm shift in art therapy education. A core value of this program is the belief in the healing and life-enhancing qualities of art-making and creativity for every person. The faculty is dedicated to understanding and teaching art therapy as a meaningful and life-supporting personal and interpersonal link between all systems. Phillips' experienced art therapy faculty members are committed to providing students with a unique interdisciplinary approach to education and a focus on synthesizing the use of therapeutic imagery with current theories.

# EDUCATIONAL PHILOSOPHY AND TRAINING MODEL

The program provides students with the tools necessary to practice with children, adolescents, couples, and families of all ages, races, and ethnic backgrounds in individual, couple, family, and group formats. Students learn to integrate systemic ideas that see the individual as a member of many systems with marriage and family therapy approaches, art therapy, and interpersonal neurobiology as they enter the professional identity of the marriage and family therapist and art therapist. To achieve this goal, students are immersed in an array of learning approaches: academic/didactic, practical application, personal growth, and creativity. This unique approach significantly contributes to the integrated development and training of mental health professionals.

Art therapy is a human service profession that provides clients with therapeutic art experiences and recognizes the important role that creative expression and symbolic association play in a person's development, growth and health. Art therapists are trained to actively engage the healing power of the arts that is inherent in each of us and to work with individuals and groups of people in a variety of clinical settings.

The American Art Therapy Association's (AATA) educational standards are integrated with contemporary systemic theories and information from the rapidly expanding fields of neurological and biological psychology. Students learn to apply art therapy in private practice, clinics, and outpatient and inpatient settings, and gain an understanding of integrating art therapy with psychological theories. Students gain a foundation of knowledge in the growing body of science that connects expressive creativity, social systems, psychological states, and physiological functions.

# THE PROGRAM'S STRUCTURE

The 60-unit Master of Arts in Psychology with an emphasis in Marriage and Family Therapy/Art Therapy is inclusive of the 48-unit Master of Arts degree in Psychology with an emphasis in Marriage and Family Therapy (MFT).

Other degree options are the MA in Psychology with an emphasis in MFT/AT and School Counseling for applicants interested in working in a school setting (82 units); and an M.A. in School Psychology/Art Therapy for applicants planning to be school psychologists who are interested in including art therapy as part of their skills (102 units). Master of Arts in Psychology students who wish to add Art Therapy coursework after their first semester need to schedule an appointment with their academic advisor. A personal interview and an academic planning meeting with the Art Therapy Department Chair are required for all students prior to official acceptance into the program. Students in the Art Therapy program should expect to have a learning experience that reflects the department's specializations and the demands of a minimum of 60 units Master of Arts degree program.

Participation in the 60-unit Art Therapy program is also available as a *concentration* option for Marriage and Family Therapy, Marriage and Family Therapy, Marriage and Family Therapy with PPS Credential, School Counseling, and School Psychology students. A minimum of 12 units is required. Students interested in the concentration option must apply to be accepted. Concentration students are not eligible to apply for Art Therapy Registration (ATR). Please contact an admissions counselor for more information regarding the concentration program.

# PROGRAM SCHEDULE OPTIONS

The fall entry program can be completed in two years/four semesters or in three years/seven semesters. The spring entry program is a two-and-a-half year/seven semester option and includes a required summer semester. Participation in other summer semesters is optional and can assist students in meeting their research and clinical hours requirements. Prospective students are encouraged to consult with their admissions counselors regarding the details of the program options and multi-program choices.

Student schedules may vary. All art therapy students participate in at least two days of instruction. In the first year required art therapy coursework is offered all day and evening on Tuesday. In addition, students choose a MFT class day, with instruction from 8:00 a.m. until 5:00 p.m. MFT class day options include a weekday or a Saturday. Sections of selected Art Therapy coursework may be offered at various times during the week and students may be able to adjust some of their schedule accordingly.

In the second year, required Art Therapy coursework is offered on Tuesday afternoons and evenings. In addition, students continue to attend an all-day MFT class day. Hours of experience gained at a clinical placement site is required.

Additionally, students may be required to participate in one or two full-day workshops during each semester. These are held on days other than the student's regular class days. Information will be provided to students in advance to allow for planning.

# CLINICAL PLACEMENT SERVICES

Phillips Graduate Institute students in all clinical programs receive assistance with their field placement through the Office of Clinical Placement. This office provides students with a valuable link to community resources, clinical training opportunities and professional organizations. Students are assisted in acquiring approved supervised clinical placements at sites throughout Southern California.

Students seeking the California license as a Marriage and Family Therapist (MFT) are required to complete 150 hours of practicum experience (as part of the academic requirement) at an approved training agency prior to degree completion. The practicum

experience, part of the student's clinical training, allows students to provide counseling services to clients under the supervision of licensed professionals. Phillips-approved training sites include counseling centers, schools, mental health programs and hospitals.

Students seeking both the California license as a MFT and the Art Therapy Registration (ATR) must complete a total of 700 hours of practicum, of which 350 hours are direct client contact, prior to graduation. Art therapy students are required to be enrolled in a practicum for a minimum of three semesters. Students work with the Office of Clinical Placement and the Art Therapy Department to initiate this process in a timely manner.

Students may begin their practicum experience after they have completed 12 units of coursework, which must include PSY519A and PSY502A. In addition, students must have completed or be concurrently enrolled in PSY561 and PSY562 and must have been designated by Phillips faculty as trainees who are ready to begin clinical work.

Students enrolled in PSY531A/B and PSY533A/B must be in a clinical placement.

While Phillips makes every effort to inform students about and prepare them for each step of the state licensing process, it is each student's responsibility to ensure that he/she meets all qualifications for licensure as a Marriage and Family Therapist. Additionally, students in the MFT/AT program are responsible to ensure that they meet all the qualifications for national registration as outlined by the Art Therapy Credentialing Board (ATCB).

# FACULTY ADVISEMENT

Students will be assigned an academic advisor by the Art Therapy Department within the first two weeks of enrollment at Phillips Graduate Institute. Students are required to meet with their advisor early in the first semester and twice each semester until degree completion. The faculty values and welcomes open communication with students. Students are encouraged to make appointments with other members of the core and adjunct faculty to answer questions and provide consultation. New students will meet with their faculty advisors to develop a degree completion plan. Academic plans must comply with required course sequences and with clinical placement requirements. Students will also meet with faculty advisors to plan any modifications to their schedule or academic plan.

# **ENTRY OPTIONS**

Students may enter the Art Therapy program in the Fall or Spring. To accommodate for adult learning needs and in order to meet the demands of a 60-unit program 2-year, 2 1/2-year, and 3-year academic plans are offered. Fall entry offers the 2- and 3-year options while Spring offers the 2 1/2-year option. Upon interviewing and in accordance with admissions criteria, applicants are accepted to either the 2-year or the 3-year plan. The 3-year plan includes a summer semester in the fist year. Upon successful completion of a full 12 months of study, students in the 3-year plan may petition to move to the 2-year plan. Students in a 3-year plan have the option of enrolling in additional practicum courses and increasing the number of clinical hours accrued towards licensure. Please call the Office of Admissions at (818) 386-5660 for dates and class schedules.

# ADMISSION REQUIREMENTS

- Prerequisite coursework: 12 units of study in psychology must include Abnormal Psychology and Developmental Psychology;
- Completion of an earned bachelor's degree from a regionally-accredited college or university with a minimum 3.0 grade point average (GPA).

Note: A "Grade Point Average Exemption Petition" may allow admission for applicants who do not meet the minimum GPA requirement;

- Demonstration of English proficiency may be required;
- 18 semester units of studio art;
- Completion of Phillips Graduate Institute Admissions Application Packet, which includes:
  - Application form
  - Goals Statement/Essay (which must include the applicant's goals related to Art Therapy)
  - Three recommendations
  - Undergraduate and graduate (if applicable) transcripts
  - Résumé/Statement of Experience
  - Application fee; and
- Admissions interview with Art Therapy Department Chair or faculty, including a

portfolio review (10 originals and/or color prints of artwork, 8x11 size on plain copy paper). Marriage and Family Therapy, School Counseling, School Psychology, and/or Pupil Personnel Services credential students interested in the Art Therapy concentration are also required to interview with the Art Therapy department.

Please refer to the Office of Student Affairs section beginning on page 50 for details on admissions policies and procedures.

# MASTER OF ARTS IN PSYCHOLOGY WITH AN EMPHASIS IN MARRIAGE AND FAMILY THERAPY/ ART THERAPY

#### 60 UNITS

This program allows students to combine the Master of Arts degree in Psychology, Marriage and Family Therapy (MFT) emphasis with a specialized interest in the field of Art Therapy. Graduates will be qualified to pursue both MFT licensure in California and the American Art Therapy Association's National Art Therapy Registration (ATR).

## **CURRICULUM**

PSY501

PSY561

Fall entry, four semesters/two years. Contact the Admissions Department for information regarding 3-year plan or spring enrollment.

Human Diversity (1 unit)

#### FIRST SEMESTER • 17 UNITS

PSY502A	Family Therapy: Systemic Approaches (3 units)
PSY503	Developmental Psychology (2 units)
PSY507	Foundations of Psychotherapy (2 units)
PSY519A	Case Conference: Pragmatics and Human Communication (3 units)
PSY 519A-L	Group Dynamics Lab
PSY541	Introduction to Research-I (1 unit)

(1 unit)
PSY562 Studio Art Therapy Principles

History and Literature of Art Therapy

(3 units)

PSY564 Art Therapy Approaches to Assessment of Mental Disorders (1 unit)

#### SECOND SEMESTER • 15 UNITS

PSY502B

Family Therapy: Evolving Systemic Approaches (3 units) Case Conference/Practicum: PSY519B Assessment and Group Dynamics (3 units) PSY519B-L Group Dynamics Lab

Abnormal Psychology (2 units) PSY520A PSY520B Assessment and Treatment in a Developmental Context (2 units)

PSY521 Alcohol and Chemical Dependency

PSY542 Introduction to Research - II (1 unit)

PSY569 Art Therapy Dynamics and Applications (3 units)

#### OPTIONAL SUMMER SEMESTER

PSY546A Professional Paper Research Extension (1 unit) PSY560

Career and Lifestyle Development Counseling (2 units)

PSY596 Field Study Practicum (2 units)

#### THIRD SEMESTER • 14 UNITS

PSY531A Applied Therapeutic Methodology-I (3 units) PSY532

Sexuality and Sex Therapy (1 unit)

PSY533A Practicum - I (3 units)

PSY534 Couple Therapy (1 unit)

PSY539 Legal, Ethical and Professional Issues

PSY540A Optional: Contemporary Issues in Marriage and Family Therapy

PSY543 Professional Paper Research – I

(1 unit)

PSY566 Introduction to Psychoneurobiology

#### FOURTH SEMESTER • 14 UNITS

PSY531B Applied Therapeutic Methodology —İİ (3 units)

PSY533B Practicum - II (3 units)

PSY540B Optional: Professional Issues for Marriage and Family Therapists

(1 unit)

PSY544 Professional Paper Research - II

PSY567

PSY547 Psychopharmacology (2 units)

PSY549 Psychological Testing (2 units)

Psychoneurobiology Applications

# **PROGRAM** COMPLIANCE

The Master of Arts in Psychology with an emphasis in Marriage and Family Therapy/Art Therapy program meets the requirements and guidelines of the California Board of Behavioral Sciences (BBS) and fulfills the requirements for BBS continuing education for Marriage and Family Therapists (MFT). Additionally, the program is approved by the American Art Therapy Association (AATA). Students and professionals qualify for Art Therapy Registration (ATR) when they meet all additional Art Therapy Credentialing Board (ATCB) graduate requirements. Information regarding these standards is available through the Phillips Graduate Institute Art Therapy Department, AATA at www.arttherapy.org, and ATCB at www.atcb.org. Program curriculum and experience hours are subject to change without prior notice according to BBS and AATA/ATCB requirements. Students who add the career and lifestyle development counseling course may be eligible for licensure as a Licensed Professional Counselor (LPC), which is valuable for practice out of state. For more information contact www. nbcc.org. In addition, students will need to check on LPC eligibility based on the state in which they are planning to practice.

# **ACADEMIC PROFICIENCY**

#### M.A. PROGRAMS

Any student receiving a grade of C- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

# REQUIREMENTS FOR DEGREE **COMPLETION:**

MASTER OF ARTS IN PSYCHOLOGY WITH AN EMPHASIS IN MARRIAGE AND FAMILY THERAPY/ART THERAPY

The degree is posted three times yearly; on the last day of December, May, and August. All of the following requirements must be met prior to degree posting:

- Completion of all 60 units of required courses, with an overall GPA of 3.0 or higher;
- Completion of licensing requirements established by the Board of Behavioral Sciences (BBS), including training in child abuse (7 hours), aging and long-term care (10 hours), and spousal or partner abuse (15 hours) these courses must be taken at Phillips;
- Completion of 700 hours of supervised clinical placement concurrent with practicum registration;
- Verification of required hours in personal or family psychotherapy; \*
- "Intent to Graduate" form on file with the Registrar one semester prior to the graduation date when a student expects to meet all graduation requirements;
- Payment in full of financial obligations to Phillips Graduate Institute and the California Family Counseling Center;
- Return of all library materials;
- Provision to the library of a clean copy of the Professional Research Paper, ready for
- Completion of an exit interview with the Financial Aid Department (Financial Aid recipients only); and
- Students applying for National Art Therapy Registration must complete and submit the appropriate verification documentation to the Art Therapy Department by the last meeting date. Later verification may cause a delay in the student's graduation date. Students may also need to complete other requirements as specified by AATA and ATCB.
- \*Psychotherapy Requirement: In order to become an effective therapist, an individual must first be willing to work on his/her own issues in a therapeutic relationship. This experience is in keeping with the Phillips Graduate Institute philosophy of theory, experience and application as it represents integrated learning. Therefore, all students in the MFT/AT program are required to engage

in a minimum of 24 hours of psychotherapy during their tenure in the program. Therapy may be individual, couple, family, or group sessions. Therapists must be licensed as a psychologist, LMFT, LCSW, or psychiatrist. The cost of therapy is to be met by the student. Students are not required to discuss personal information from the therapeutic context as part of their coursework.

# COURSE DESCRIPTIONS

PSY501 HUMAN DIVERSITY

#### 1 UNIT

Mental health professionals must be prepared to counsel clients from a multiplicity of cultural backgrounds. This course guides students to focus on their own culture of origin to help them become aware of their own heritage and to increase their appreciation of the impact cultural differences have on each individual. Cultural differences studied include race, ethnicity, gender, religious heritage, sexual orientation and socioeconomic status. In addition, the course introduces specific therapeutic skills needed for working successfully with clients from a variety of cultural domains.

# PSY502A FAMILY THERAPY: SYSTEMIC APPROACHES

#### 3 UNITS

Beginning with systems theory and the historical context of the family therapy movement, this course examines the field of family therapy. Principles and underlying concepts from systems models are applied to family therapy and human relationships. Approaches such as Bowen, Object Relations, Structural, Strategic, Humanistic-Existential and Cognitive-Behavioral theories are explored. Students will examine their personal relationships as they begin to develop an integrative approach to family systems therapies. The course is part of a two-semester sequence and builds a foundation for postmodern approaches, including collaborative language theories, emphasized in second semester (PSY502B).

# PSY502B

FAMILY THERAPY: EVOLVING SYSTEMIC APPROACHES

#### 3 UNITS

As a continuation of PSY502A, the emphasis in this course is on the rich, complex diversity of contemporary theoretical models that are part of the evolving field of family therapy. The course explores the interconnected philosophies and clinical ideas of Experiential Family Therapy, Postmodern Approaches (Solution-Focused, Narrative, and Social Constructionism) and current developments including themes and interventions useful in family therapy. Throughout the course, dimensions in diversity are embedded in the teaching of systems theories, in particular how multicultural competency shapes the modification of these theories, their application to a variety of populations, and their expression in verbal and non-verbal communication. Students are encouraged to integrate creative interventions as they compare and contrast theories.

## PSY503 DEVELOPMENTAL PSYCHOLOGY

#### 2 UNITS

Theories of normal biological, psychological and social development over the lifespan of individuals and systems are reviewed. Philosophies of major theorists are compared and contrasted. Interactions between developmental phases in individuals and larger systems are explored and implications for therapy are emphasized.

# PSY507 FOUNDATIONS OF PSYCHOTHERAPY

#### 2 UNITS

This course explores psychological concepts and research on personality and behavior change. Theories and concepts covered include Psychodynamic, Behavioral and Humanistic-Existential models. The focus includes a historical perspective, individual consulting and therapy styles, conditions leading to change, and helper characteristics.

# **PSY519A**

CASE CONFERENCE: PRAGMATICS AND HUMAN COMMUNICATION

#### 3 UNITS

Students are oriented to the practice of psychotherapy, including establishing a therapeutic contract, understanding confidentiality, avoiding dual relationships

and ethically handling financial issues. An introduction to interpersonal clinical neuroscience is provided. Throughout the semester, students observe actual therapy behind a one-way mirror and participate in discussion with the therapist/instructor about the clinical work and expressive interventions. Students are prepared and evaluated for practicum readiness. Communication principles and skills that enhance professional effectiveness are introduced, demonstrated and practiced. The course provides an experiential and practical demonstration of the foundational concepts presented in first semester courses.

# PSY519B

CASE CONFERENCE/PRACTICUM: ASSESSMENT AND GROUP DYNAMICS

#### 3 UNITS

Students continue the first semester's (PSY519A) observational process with clients, discussing clinical processes with the therapist/instructor. A review of attachment theory is taught through clinical demonstrations. Those who have begun clinical placements learn case presentation skills, apply theoretical concepts to their clinical work and receive art therapy consultation. Assessment and treatment concepts presented in PSY520 are demonstrated and taught in the clinical work with the case conference client. In PSY569, group dynamics theory is presented and the practice of group process is demonstrated and experienced using the case conference/practicum group (PSY519B) as a laboratory.

## PSY519AB-L GROUP DYNAMICS LAB

#### CR/NCR

This course is a two-semester, required experiential lab for PSY519 Case Conference. The course considers the patterns, structure, diversity and dynamics within small groups while simultaneously giving students the opportunity to practice and refine professional communication skills required in the mental health field.

The first semester course focuses on open-ended groups. The second semester introduces brief and short-term approaches. Contemporary theories about the mind/body relationship are introduced and give support for the use of art and journaling in group therapy. Throughout both semesters, therories of acculturation are examined in detail. Class experiences demonstrate the art therapy group conceptual framework.

Because emphasis is placed on the examination of interpersonal group process as well as the content and structure of the group interactions,

and because this examination evokes each student's personal experience and bias, the course assists and encourages students in a personal and interactive exploration of personal, family, social and multicultural narratives.

## PSY520A ABNORMAL PSYCHOLOGY

#### 2 UNITS

This course surveys abnormal psychology from the "medical model" perspective of the DSM·IV. Students develop skills in differential diagnosis, but are also encouraged to think critically and comparatively about the concepts of mental illness and psychopathology in the practice of psychotherapy. Emphasis is on understanding disorders most frequently encountered by mental health professionals in agencies, schools and private practice.

# PSY520B

ASSESSMENT AND TREATMENT IN A DEVELOPMENTAL CONTEXT

#### 2 UNITS

Prerequisite: PSY520A or its equivalent.

This course continues skills training in the processes of assessment and treatment planning, beginning with the DSM-IV but broadening to include theoretical models as well. Students learn specific intervention strategies appropriate to different presenting problems and developmental stages. The emphasis is on assessment and treatment planning with children and adolescents, both as individuals and in family therapy. Practical clinical management and professional skills effective with these age groups are modeled and discussed.

# PSY521 ALCOHOL AND CHEMICAL DEPENDENCY

#### 1 UNIT

This course reviews current theories of the etiology of substance abuse, medical and legal aspects, and major treatment approaches to alcoholism and chemical dependency. Community resources, the referral process, and recognition of at-risk populations are covered.

## PSY531A APPLIED THERAPEUTIC METHODOLOGY

#### 3 UNITS

This course focuses on the application of theoretical models to a variety of clinical situations. In a small group consultation format,

students are encouraged to include systemic approaches in treatment and are guided to clarify their own theoretical and applied skills. Faculty members support students' experiences in supervised clinical placements with reading and assignments relevant to the populations being served by the students. The course supports flexible, integrated, creative and wellconceptualized approaches to treatment while emphasizing personal and professional integrity. In addition, the MFT/AT faculty supervises students in the clinical integration of art therapy interventions and creative expression within the broad understanding of hum'an development and behavior and psychotherapy theories. The course also allows a student to examine a particular area of art therapy interest.

## PSY531B APPLIED THERAPEUTIC METHODOLOGY-II

#### 3 UNITS

This course emphasizes a more advanced application of theoretical models and art therapy approaches to a variety of clinical situations. In a group consultation format, students work with the practicalities of structuring initial interviews, setting fees, diagnosis, professional ethics, suicide, domestic violence, making effective referrals, and appropriate termination. Študents continue to clarify their own preferred theoretical orientations and skill sets and receive art therapy supervision. Students continue their personal growth as it relates to case handling and the group process. In addition, the course covers the emerging therapist's professional roles. Students are provided knowledge of professional organizations, credentialing and licensure, public policy, advocating for the profession, and client advocacy. Emphasis is made on the practice of résumé writing and professional interviewing skills.

# PSY532 SEXUALITY AND SEX THERAPY

#### 1 UNIT

This course introduces students to the fundamentals of sexuality and sex therapy necessary for working with intimate relationships as a marriage and relationship therapist. The course helps students assess and address sexual issues in a clinical setting, alerting students when to refer to specialized professionals. In addition, the course helps students address sexual issues in session and increase intimacy in partnerships.

# PSY533A-B PRACTICUM I & II

#### 3 UNITS EACH • CR/NCR

In this two-semester course sequence, students gain direct clinical experience with individuals, couples, families or groups at placement sites approved by the Office of Clinical Placement and the department. A variety of placements are available including the California Family Counseling Center, a service of Phillips. Students are required to meet at least once a semester with the Practicum Chairperson. While MFT licensure in California requires that a minimum of 150 hours be gained while in a practicum, the American Art Therapy Association (AATA) requires a minimum of 700 hours of experience for master's degree (MFT/AT) students, of which 350 are direct client hours. In compliance with legislative and regulatory boards' requirements, students participate in both MFT clinical supervision and art therapy supervision for all hours of experience.

## PSY534 COUPLE THERAPY

#### 1 UNIT

This course examines theory and psychotherapeutic techniques for working with intimate partnerships. Many of the issues and processes that arise in couple therapy are presented. The course explores various theoretical models for an in-depth view of couple therapy, and demonstrates methods of therapeutic intervention designed to enrich couples' lives and help negotiate change.

# PSY539 LEGAL, ETHICAL AND PROFESSIONAL ISSUES

#### 2 UNITS

This course reviews aspects of California law relevant to mental health practice. Topics include: confidentiality and the psychotherapist-patient privilege, laws relating to minors, family law regarding dissolution of marriage and child custody, procedures for working with minors, and the legal scope of the practice of marriage and family therapy. Codes of professional ethics are reviewed, with emphasis on dual relationship standards. Students are asked to consider the practical application of legal and ethical standards in the context of their theoretical position and personal values.

PSY541 Introduction to research-1

1 UNIT

PSY542 Introduction to research-II

1 UNIT

PSY543 PROFESSIONAL PAPER RESEARCH-I

1 UNIT

PSY544 PROFESSIONAL PAPER RESEARCH II

#### 1 UNIT

In this four-semester, four-unit course sequence (PSY541-544), students first learn how to be intelligent consumers of research, then investigate a topic relevant to their professional development, culminating in the completion of an independent applied research project or professional paper. Core concepts are presented, and students learn how to locate information and critically evaluate sources. Students are required to carry out an independent exploratory quantitative, qualitative or library research project under the supervision of a faculty member.

Students meet with their faculty advisors independently and outside of regularly scheduled classroom hours and pursue learning activities consistent with the applied projects they have selected. Students are invited to participate in and contribute to the Department of Art Therapy Action Research and Relational Neuroscience Research. The department provides standards and guidelines in the development and presentation of a professional paper. This paper includes an in-depth inquiry into an art therapyrelated field and supports specialized knowledge in the field. Students also present their projects either at a poster session or as a workshop experience during "Workshop Week." A copy of the completed professional paper is due at the end of the second year and is catalogued in the Phillips Graduate Institute Library.

PSY547 PSYCHOPHARMACOLOGY

#### 2 UNITS

This course offers the student basic information about commonly prescribed psychotropic

medications, their effects and side-effects, and teaches non-medical practitioners effective ways to stay informed about the rapidly changing world of pharmacological treatment. The emphasis is on the role of the non-medical psychotherapist as part of the treatment team in the medication management of mental disorders. Topics addressed include assessment and referral, providing information and support, combining medication with psychotherapy, and assisting clients to remain medication compliant.

## PSY549 PSYCHOLOGICAL TESTING

#### 2 UNITS

The course focus is on assessment topics and evaluation techniques that are important for master's-level marriage and family therapists. The course also introduces students to the complex nature of testing and assessment and to test instruments and evaluation procedures that are helpful in the context of family and couples psychotherapy. Legal and ethical issues related to test use, selection of tests, psychometric properties of tests, interpretation of data, and uses in clinical settings and private practice are reviewed.

# PSY561

HISTORY AND LITERATURE OF ART THERAPY

#### 1 UNIT

This course provides an overview of the literature, history and evolution of art therapy models and ideas. Students study traditional and contemporary art therapy literature and explore the benefits of various approaches within a broad range of settings and populations. This is a self-directed course with one class component.

## PSY562 STUDIO ART THERAPY PRINCIPLES

#### 3 UNITS

Art therapy studio experiences foster students' creative expression as the foundation for academic, clinical and personal knowledge of media and materials and as a way of exploring culture, self-growth and development. Students engage in drawing, painting and sculpture and they investigate the emergence and making of images together with an interpretative art therapy dialogue. Experientials, visuals and assignments introduce students to basic neuroanatomical structures. Elementary functions and aspects of: cells and neurons; the nervous system organization; brain structures; hemispheric lateralization; limbic structures and cerebral lobes are covered.

# PSY564

ART THERAPY APPROACHES TO ASSESSMENT OF MENTAL DISORDERS

#### 1 UNIT

This course introduces students to multiple art therapy assessment tools and instruments developed by art therapists. Experiential exercises offer students the opportunity to explore applied research and assessment tools.

## PSY566 INTRODUCTION TO PSYCHONEUROBIOLOGY

#### 3 UNITS

This course provides students with an introduction to the rapidly expanding fields of neurobiological and biological psychology as they pertain to the practice of marriage and family therapy and clinical art therapy. The course integrates a basic understanding of current brain research with early childhood rearing practices and physiological attributes which are demonstrated in marriage and family patterns. This learning provides an additional context for the understanding of treatment approaches. A dialectic approach to these issues is emphasized which includes a discussion of the interrelationship of mind and body and questions the wisdom of separating body and mind as a paradigm in therapy. Students learn about the neurological dimensions of emotion and interpersonal relationships, and about aspects of the brain, the nervous system and the immune system.

# PSY567 PSYCHONEUROBIOLOGY APPLICATIONS

#### 3 UNITS

**Prerequisite**: PSY566 or instructor permission.

A conceptual dialectic integrated approach and interface of contemporary understandings in neuroscience and behavioral sciences research with art therapy practices is presented in this course. The clinical application of interpersonal neurobiology and theoretical and nonlinear frameworks to resource-oriented and safety-grounded art therapy practices is underscored in this seminar-like course. Specifically, attachment theory; stress dynamics; trauma theory; diversity training; personality theory; constructionist approaches; and nonlinear concepts of complexity and change are highlighted and linked together. The approach is explored in the context of medical art therapies.

# PSY569

ART THERAPY DYNAMICS AND APPLICATIONS

#### 3 UNITS

This course provides students with the experiential knowledge and understanding of art therapy media, interventions and applications with individuals, children, adolescents, couples and families from varied cultural and ethnic backgrounds. Considerations are given to cultural diversity issues in art therapy and to specializations, such as abusive relationships, addictions and mental health disorders that benefit from the integration of art with clinical treatment. The role of the therapist in social justice advocacy and conflict resolution is investigated. Dramatization, role-play and hands-on art-making facilitate students' construction of individual therapeutic art therapy interventions.

Children's developmental visual stages and art therapy approaches to child treatment are included. The course builds upon and contributes to the information covered in the following courses: PSY503, PSY541-544, and PSY549. A postgraduate student's transcripts are expected to reflect these academic areas, or the student is required to add these courses to their academic load.

# EXTENDED COURSEWORK

# PSY540A

CONTEMPORARY ISSUES IN MARRIAGE AND FAMILY THERAPY

## 1 UNIT

As students approach completion of the academic degree and preparation for professional practice, this course will address current clinical issues impacting Marriage and Family Therapy. Possible topics covered include: divorce and blended families, single-parent and alternative families, and chronic mental illness in the family and community. Lectures will be based on the theoretical concepts underlying clinical interventions, and will be presented by a variety of faculty members with expertise in the field. Emphasis will be placed on the identification of key issues and best practices.

# PSY540B

PROFESSIONAL ISSUES FOR MARRIAGE AND FAMILY THERAPISTS

#### 1 UNIT

The focus of this course is on the professional development of students as they move into clinical practice after graduation. Possible topics include: identifying potential intern placement or desired employment sites, professional writing skills for completion of a professional résumé/curriculum vitae, and interview skills. Socialization into the mental health profession will be encouraged via attendance at professional meetings and by visiting experts in the mental health profession. Information on developing and maintaining a clinical practice will be offered.

# PSY546A

PROFESSIONAL PAPER RESEARCH EXTENSION

#### 1 UNIT

This course provides additional support in preparing the professional paper before enrollment in PSY544. Students who require extended research time and/or supervision after completing PSY544 must be enrolled continuously in PSY546A. This course ensures use of Phillips facilities and guidance from faculty while the professional paper is being completed. Course may be repeated for credit.

# PSY560

CAREER AND LIFESTYLE
DEVELOPMENT COUNSELING

#### 2 UNITS

The knowledge and skills considered essential in enabling individuals to positively affect career development and apititude are studied. Connections between career development and other life factors relevant to adulthood and aging from a lifespan developmental perspective are emphasized. The interrelationships amongst and between work, family, and other life roles, and factors including the role of diversity and gender in career development are examined. Career counseling theory and practices which include goal setting, finding occupational information, job search strategies, and major assessment instruments are reviewed.

## PSY596A FIELD STUDY PRACTICUM

#### 2 UNITS

In this course, students meet regularly with supervising faculty to discuss their clinical work and to explore related issues. Faculty design specific reading and research assignments relevant to the populations being served by the student. One function of this course is to maintain a student's registration in practicum, allowing continued accrual of the required clinical hours during summer breaks or a fifth semester. Course may be repeated for credit.

## PSY596B FIELD STUDY PRACTICUM – II

#### 2 UNITS

This course is a continuation of PSY596A.

# Master of Arts (M.A.) in School Counseling

# with Pupil Personnel Services (PPS) Credential

# MISSION STATEMENT

The School Counseling Program's primary outcome is to train capable, self-reliant students to become caring, effective and highly-skilled school counselors. The program provides an exploration of both the ideal and the practical aspects of a school environment. The curriculum reflects the mission of Phillips Graduate Institute, which is to train experts in human relations who understand how to help others in a variety of contexts. School counselors, like other mental health professionals, need fundamental expertise in how systems function, impact all stakeholders, and how human relationships can be improved in our diverse population.

# **PROGRAM GOALS**

At Phillips Graduate Institute, the School Counseling/PPS Credential Program has as its main goal to train capable, self-reliant students to become caring, effective, and highly skilled school counselors. We have as our goal to train human relations experts who understand how to help others in a range of contexts and settings in public schools.

# EDUCATIONAL PHILOSOPHY AND TRAINING MODEL

The Master of Arts degree in School Counseling fulfills the State of California's requirements for the Pupil Personnel Services (PPS) Credential in School Counseling and is fully accredited by the California Commission on Teacher Credentialing (CCTC). The program provides a curriculum that follows all of the generic and specific standards mandated by the state. Our uniqueness is based on the knowledge of psychology and skills learned in the first year of graduate classes. Students are involved in the public school system by the second semester and are preparing themselves for their roles as school counselors. Our appreciation for diversity, practical application and practice as well as contributing to the positive social change of the school community is reflected in all of our classes and syllabi.

# THE PROGRAM'S STRUCTURE

For the first two semesters, students in the School Counseling Program are enrolled in Phillips' foundational first year coursework. Students choose a primary class day, with instruction from 8:00 a.m. until 5:00 p.m. Class day options

include a weekday or a Saturday. Additionally, students spend an average of five hours a week in other learning activities. In semesters one and two, these learning activities are Case Conference and Group Dynamics; sections are offered at various times throughout the week. This coursework in psychology provides fundamental knowledge about the individual and systemic development and trains students in basic counseling skills.

Specific application to pupils and school settings are offered from the start of the program; however, it is in the second year that coursework becomes specialized and students move into the classes that deal with the public school system and the role of the counselor in all aspects of the school community. These classes are offered in the evenings to accommodate our students who are working, leaving daytime hours to complete the fieldwork requirement. Classes are primarily held in the evenings from 6:00 to 10:00 p.m.

# FIELD PLACEMENT SERVICES

Phillips Graduate Institute students in the School Counseling program receive assistance with their field placement through the School Counseling Department, however, the department encourages each student to take an active role in finding the school that is best suited to his/her training and geographic needs. Phillips Graduate Institute must approve each school site and develop an affiliation agreement with the school in order for students to complete field experience hours at that site.

Students begin the practicum/field experience process in the second semester to meet the state accreditation requirements. This process requires 100 hours of experience observing a school counselor in a school setting (after completion of SC505A), and participation in a Field Placement Practicum class throughout the entire field placement experience. Upon completion of the practicum experience students may begin collecting the additional 600 hours of field experience. Students also enroll in course SC505B, where they are supervised by School Counseling faculty. Students must attend an orientation with the School Counseling Director of Field Placement for indepth instruction about field experience requirements.

In the field experience, students must demonstrate knowledge and skill in the areas of educational assessment, personal and social counseling, academic and career counseling, program development and coordination, supervision, and legal and professional ethics. Students receive a "Practicum/Field Experience Handbook" at the start of the practicum experience that provides specific guidelines for the field experience process. Students must have taken and preferably passed the

California Basic Education Skills Test (CBEST) prior to beginning any field work, including the practicum experience. A Live Scan Service (fingerprint) form must be completed and cleared by the California Commission on Teacher Credentialing (CCTC) prior to any field placement in a school setting. A current tuberculosis skin test is also required within six months of beginning the field placement hours. Curriculum and/or field placement requirements are subject to change to meet state mandates and may occur without prior notice.

The School Counseling Internship Program has been accredited by the CCTC, which means that students from Phillips Graduate Institute who are enrolled in the School Counseling/PPS program can be hired by state school districts as employees while completing their intern hours. Presently, Phillips is affiliated with 34 school districts in California. Completion of SC505A and 100 hours of fieldwork must be completed prior to consideration and application for internship status.

# FACULTY ADVISEMENT

Students will be assigned an academic advisor within the weeks prior to the beginning of classes at Phillips Graduate Institute. Students are encouraged to meet with their advisor early in the first semester and at least once each semester until completion of their degree and credential application. Students are encouraged to make appointments with other members of the faculty who will answer questions and provide consultation.

# **WORKSHOPS**

Students are required to attend three workshops during Phillips Graduate Institute's Annual Conference. Students must also attend a Child Abuse Workshop in order to complete their degree requirements. This workshop is offered onsite through the Office of Continuing Education and Extension.

Workshops may be held on days other than a student's regular class day. Information will be provided to students in advance to allow for planning.

# **ENTRY OPTIONS**

Students may enter the School Counseling program in the Fall or Spring. Students seeking only the PPS or Child Welfare Attendance (CWA) credentials may enter in the Fall, Spring, or Summer. Please call the Office of Admissions at (818) 386-5660 for dates and class schedules.

# ADMISSION REQUIREMENTS

- Prerequisite coursework: 12 units of social sciences successfully completed at the undergraduate level;
- Completion of an earned bachelor's degree from a regionally-accredited college or university with a minimum 3.0 grade point average (GPA).

Note: A "Grade Point Average Exemption Petition" may allow admission for applicants who do not meet the minimum GPA requirement;

- Demonstration of English proficiency may be required;
- Completion of Phillips Graduate Institute Admissions Application Packet, which includes:
  - Application form
  - Goals Statement/Essay
  - Three recommendations
  - Undergraduate and graduate (if applicable) transcripts
  - Résumé/Statement of Experience
  - Application fee; and
- Admissions interview with the School Counseling Department Chair or faculty.

Please refer to the Office of Student Affairs section beginning on page 50 for details on admissions policies and procedures.

# MASTER OF ARTS IN SCHOOL COUNSELING WITH PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL PROGRAM

#### 48 UNITS

This program provides the foundation for a career in school counseling in the California school system.

## **CURRICULUM**

#### FIRST SEMESTER • 12 UNITS

PSY501 Human Diversity (1 unit)

PSY502A Family Therapy: Systemic Approaches (3 units)

PSY503	Developmental Psychology (2 units)
PSY507	Foundations of Psychotherapy

(2 units)

PSY518A Introduction to Research—I (1 unit)

PSY519A Case Conference Human Communication (3 units)

PSY519A-L Group Dynamics Lab

#### SECOND SEMESTER • 12.5 UNITS

PSY502B	Family Therapy: Evolving Systemic
	Approaches (3 units)

PSY518B Introduction to Research-II (1 unit)

PSY519B Case Conference/Practicum: Assessment and Group Dynamics (3 units)

PSY519B-L Group Dynamics Lab

PSY520A Abnormal Psychology (2 units)

PSY520B Assessment and Treatment in a Developmental Context (2 units)

PSY521 Alcohol and Chemical Dependency

SC505A Supervision and Mentoring (0.5 units)

#### THIRD SEMESTER • 10.5 UNITS

SC500	Ethical Practices in School
	Counseling (2 units)

SC504 Special Education (3 units)

SC505A-L Practicum in School Counseling (0.5 units)

SC510 Learning Theory and Educational Psychology (2 units)

SC511 Consultation and Systems Change (3 units)

## FOURTH SEMESTER • 13 UNITS

SC501 Program De Evaluation (	esign, Development and 2 units)
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SC502 Educational and Career Planning (3 units)

SC505B Field Experience in School Counseling (2 units)

SC512 Leadership and Advocacy (2 units)

SC513 Classroom and Academic Intervention (2 units)

SC545 Professional Research Project (2 units)

# PROGRAM COMPLIANCE

The Master of Arts in School Counseling program meets the requirements and guidelines of the California Commission on Teacher Credentialing (CCTC). In order for Phillips Graduate Institute to recommend a student to the State of California and the CCTC for a PPS Credential in School Counseling, the student must have fulfilled the following requirements:

- Passed the California Basic Educational Skills Test (CBEST);
- Completed fingerprint clearance with the CCTC;
- Completed all required coursework;
- Completed field experience requirements;
- Demonstrated competency in the areas of educational assessment, personal and social counseling, academic and career counseling, program development and coordination, supervision, and legal and professional ethics;
- Earned a master's degree in School Counseling or a related discipline;
- Participated in candidacy review;
- Current tuberculosis test that is clear; and
- Completed an exit interview with the School Counseling Department.

Pupil Personnel Services (PPS) Credential requirements are subject to change due to mandates from the CCTC. Students may be required to take additional coursework or complete additional field placement hours in order to fulfill credential requirements.

# ACADEMIC PROFICIENCY

## M.A. PROGRAMS

Any student receiving a grade of C- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

# REQUIREMENTS FOR DEGREE COMPLETION:

MASTER OF ARTS IN SCHOOL COUNSELING WITH PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL

The degree is posted three times yearly; on the last day of December, May, and August. All of the following requirements must be met prior to degree posting:

- Completion of all 48 units of required courses with an overall GPA of 3.0 or higher;
- Completion of credential requirements established by the CCTC, including 7 hours of training in child abuse;
- Completion of 100 hours of practicum experience;
- Completion of 600 hours of field experience;
- Completion of an exit interview with the School Counseling Department;
- Participation in a candidacy review;
- Development of a portfolio presented at the candidacy review or department exit interview.
- Presentation of a three-hour workshop on a topic specific to school counseling. This is the professional project required for the master's degree;
- "Intent to Graduate" form on file with the Registrar one semester prior to the graduation date when a student expects to meet all graduation requirements;
- Payment in full of financial obligations to Phillips Graduate Institute and the California Family Counseling Center;
- Return of all library materials; and
- Completion of an exit interview with the Office of Financial Aid (Financial Aid recipients only).

# COURSE DESCRIPTIONS

PSY501 HUMAN DIVERSITY

#### 1 UNIT

Mental health professionals must be prepared to counsel clients from a multiplicity of cultural

backgrounds. This course guides students to focus on their own culture of origin to help them become aware of their own heritage and to increase their appreciation of the impact cultural differences have on each individual. Cultural differences studied include race, ethnicity, gender, religious heritage, sexual orientation and socioeconomic status. In addition, the course introduces specific therapeutic skills needed for working successfully with clients from a variety of cultural domains.

# PSY502A

FAMILY THERAPY: SYSTEMIC APPROACHES

#### 3 UNITS

Beginning with systems theory and the historical context of the family therapy movement, this course examines the field of family therapy. Principles and underlying concepts from systems models are applied to family therapy and human relationships. Approaches such as Bowen, Object Relations, Structural, Strategic, Humanistic-Existential and Cognitive-Behavioral theories are explored. Students will examine their personal relationships as they begin to develop an integrative approach to family systems therapies. The course is part of a two-semester sequence and builds a foundation for postmodern approaches, including collaborative language theories, emphasized in second semester (PSY502B).

# **PSY502B**

FAMILY THERAPY: EVOLVING SYSTEMIC APPROACHES

#### 3 UNITS

As a continuation of PSY502A, the emphasis in this course is on the rich, complex diversity of contemporary theoretical models that are part of the evolving field of family therapy. The course explores the interconnected philosophies and clinical ideas of Experiential Family Therapy, Postmodern Approaches (Solution-Focused, Narrative, and Social Constructionism) and current developments including themes and interventions useful in family therapy. Students are encouraged to integrate as they compare and contrast theories.

## PSY503 DEVELOPMENTAL PSYCHOLOGY

#### 2 UNITS

Theories of normal biological, psychological and social development over the lifespan of individuals and systems are reviewed. Philosophies of major theorists are compared and contrasted. Interactions between developmental phases in individuals and larger systems are explored and implications for therapy are emphasized.

# PSY507 FOUNDATIONS OF PSYCHOTHERAPY

#### 2 UNITS

This course explores psychological concepts and research on personality and behavior change. Theories and concepts covered include Psychodynamic, Behavioral and Humanistic-Existential models. The focus includes a historical perspective, individual consulting and therapy styles, conditions leading to change, and helper characteristics.

## PSY518A INTRODUCTION TO RESEARCH-I

#### 1 UNIT

This course begins a two-semester sequence (with PSY518B) culminating in SC545. In this first semester, students are introduced to methodological and ethical issues in the area of psychological research. They learn how to locate information and how to critically evaluate sources. The goal is to become intelligent consumers of research relevant to professional practice.

## PSY518B INTRODUCTION TO RESEARCH-II

#### 1 UNIT

This course builds on processes begun in 518A, as students continue to practice critical analysis of research. The focus is to become familiar with standard research methodologies—quantitative, qualitative, experimental research and literature review. Students are introduced to the professional project options—Professional Presentation or Writing for Publication. They begin to select a topic for their final professional project and identify the most appropriate format for that topic.

# PSY519A

CASE CONFERENCE: PRAGMATICS AND HUMAN COMMUNICATION

## 3 UNITS

Students are oriented to the practice of psychotherapy including establishing a therapeutic contract, understanding confidentiality, avoiding dual relationships, and ethically handling financial issues. Throughout the course, students observe actual therapy behind a one-way mirror, and participate in discussion with the therapist/instructor about the clinical work. Communication principles and skills that enhance professional effectiveness are introduced, demonstrated and practiced. The course provides an experiential and practical demonstration of the foundational concepts presented in first semester

# **PSY519B**

CASE CONFERENCE/PRACTICUM: ASSESSMENT AND GROUP DYNAMICS

#### 3 UNITS

Students continue from first semester (PSY519A) the observational process with clients, discussing clinical processes with the therapist/instructor. Those who have begun clinical placements learn case presentation skills and apply theoretical concepts to their clinical work. Assessment and treatment concepts presented in PSY52O are demonstrated and applied in the clinical work with the case conference client. Theory and practice of group processes are explored, experienced and demonstrated using the case conference/practicum group as a laboratory.

## PSY519AB-L GROUP DYNAMICS LAB

#### 0 UNITS • CR/NCR

This two-semester experience runs concurrently with PSY519A and PSY519B. It is the laboratory in which students work in small groups to explore their personal issues. The connection between personal development and interpersonal therapeutic skill is emphasized. The group context allows for experiential learning of group therapy and counseling principles, and the cohort becomes a support group as well.

## PSY520A ABNORMAL PSYCHOLOGY

#### 2 UNITS

This course surveys abnormal psychology from the "medical model" perspective of the DSM-IV. Students develop skills in differential diagnosis, but are also encouraged to think critically and comparatively about the concepts of mental illness and psychopathology in the practice of psychotherapy. Emphasis is on understanding disorders most frequently encountered by mental health professionals in agencies, schools and private practice.

# PSY520B

ASSESSMENT AND TREATMENT IN A DEVELOPMENTAL CONTEXT

#### 2 UNITS

**Prerequisite**: PSY520A or its equivalent.

This course continues skills training in the processes of assessment and treatment planning, beginning with the DSM-IV but broadening to include theoretical models as well. Students learn specific intervention strategies appropriate to different presenting problems and developmental

stages. The emphasis is on assessment and treatment planning with children and adolescents, both as individuals and in family therapy. Practical clinical management and professional skills effective with these age groups are modeled and discussed.

# PSY521 ALCOHOL AND CHEMICAL DEPENDENCY

#### 1 UNIT

This course reviews current theories of the etiology of substance abuse, medical and legal aspects, and major treatment approaches to alcoholism and chemical dependency. Community resources, the referral process, and recognition of atrisk populations are covered.

## SC500 ETHICAL PRACTICES IN SCHOOL COUNSELING

#### 2 UNITS

This course continues to expand students' knowledge regarding ethical issues that were initially presented in case conference and practicum (PSY519A-B) during the first year. Specific legal and ethical issues related to public school systems and the role of the school counselor in attending to legal and ethical issues are explored, including child abuse mandates, special education regulations, general ethical conduct, confidentiality, and issues regarding advising and counseling minors and pupil records. This course also requires attendance at a day-long class on child abuse detection and prevention.

## SC501 PROGRAM DESIGN, DEVELOPMENT AND EVALUATION

#### 2 UNITS

This course focuses on current models for the delivery of counseling and psychological services in the public school setting. Program design and delivery, needs assessment, and outcome studies are covered. Students learn about effective programs offered in the school setting to address such issues as school violence, diversity, parent involvement and collaboration, family literacy and other programs related to pupil learning and academic achievement.

# SC502 EDUCATIONAL AND CAREER PLANNING

#### 3 UNITS

Career counseling theory and practice are explored along with development, administration,

and scoring of career inventories. Goal setting, occupational information and job search strategies are studied. State requirements for academic progress and high school graduation are covered. High School Exit Examination and Proficiency testing as well as career and educational testing tools are also discussed.

# SC504 SPECIAL EDUCATION

#### 3 UNITS

This course offers an overview of the study of exceptional persons, special education programs in public and private schools, and current state and federal laws. Material is presented in a didactic and observational format. Assessment and Individualized Educational Plan (IEP) development, as well as strategies for classroom remediation and ancillary services are covered. Students develop behavior intervention plans. California Education Code and regulations relative to behavioral interventions for special education students are provided.

## SC505A SUPERVISION AND MENTORING

#### 0.5 UNITS

This didactic course is an introduction to the field of school counseling and builds on skills and knowledge gained in third semester and other fourth semester courses. It introduces students to the roles counselors play in public schools and the ethical and legal guidelines of the profession.

# SC505A-L PRACTICUM IN SCHOOL COUNSELING

#### 0.5 UNITS

After completing SC505A (lecture and classroom discussion), students work in small groups for ongoing supervision and mentoring. Practicum leaders facilitate student involvement with case vignettes and discussion of assessment, diagnosis, treatment planning, classroom accommodations, and follow-up methods with children and adolescents. Students are encouraged to present cases and situations drawn from their practicum experiences. A minimum of 100 hours in an approved public school setting are required. These hours must be completed within two semesters. This course is repeatable.

## SC505B

FIELD EXPERIENCE IN SCHOOL COUNSELING

#### 2 UNITS

Prerequisite: SC505A-L.

This course is taken in conjunction with supervised field experience in a K-12 public school setting. It provides mentoring and ongoing group supervision. Supervision group leaders facilitate student involvement with case vignettes and discussion of assessment, diagnosis, treatment planning, classroom accommodations, and follow-up methods with children and adolescents. Students are encouraged to present cases and situations drawn from their fieldwork experience. Students are expected to complete a minimum of 600 hours of field experience within two semesters of beginning their field experience.

# SC510

LEARNING THEORY AND EDUCATIONAL PSYCHOLOGY

#### 2 UNITS

This course focuses on major theories of learning and the impact of cultural and linguistic differences on the design of learning environments and curriculum. Students learn to recognize instructional elements that support or impede pupil learning and explore the role of school counselors in developing effective instructional interventions.

# SC511

CONSULTATION AND SYSTEMS CHANGE

#### 3 UNITS

This course revisits systems theory and systems change in regard to the role of the school counselor in creating change in schools and communities. Students learn to collaborate effectively with various stakeholders in the school system including parents, community members, teachers, and other school personnel to create supportive learning environments for all pupils.

# SC512

LEADERSHIP AND ADVOCACY

#### 2 UNITS

This course prepares students for transition to the roles of professional school counselors as leaders and pupil advocates. Students learn the qualities, principles and styles of effective leadership and advocacy. Students also prepare their portfolios, candidacy review and exit interviews with the counseling faculty.

## SC513 CLASSROOM AND ACADEMIC INTERVENTION

#### 2 UNITS

This course emphasizes learning to collaborate effectively with individuals, groups, and multidisciplinary teams to identify barriers to learning, design, interventions, and monitor intervention effectiveness. Students focus on creating positive, productive classroom environments and implementing effective academic interventions.

# SC545

PROFESSIONAL RESEARCH PROJECT

#### 2 UNITS

A three-hour workshop presentation is required of all school counseling master's degree candidates. The chosen topic must be pertinent to the field of school counseling and approved by the school counseling faculty. Students work closely with a research advisor to complete their professional projects.

# EXTENDED COURSEWORK

# SC505C

FIELD EXPERIENCE IN SCHOOL COUNSELING

#### 1 UNIT • CR/NCR

Students who have taken SC505B must enroll in this class until their 600 hours of field experience have been completed. This course may be repeated until all field experience hours have been completed.

# SC546

PROFESSIONAL RESEARCH PROJECT

#### 1 UNIT • CR/NCR

Students who require extended research time and/or supervision must be enrolled continuously in this course. Enrollment in this course ensures use of Phillips facilities and guidance from faculty while the professional project is being completed. This course may be repeated for credit.

# PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL

Applicants interested in pursuing coursework to earn the Pupil Personnel Services (PPS) Credential only must have a 48 unit master's degree in a counseling-related field and must seek academic advisement prior to enrolling. Admission to the program is subject to evaluation of academic transcripts and an interview with the Department Chair to determine a course of study for completion of the credential.

Applicants may be able to transfer units of previously completed master's-level coursework. Transfer of credit units will be determined by the Department Chair. The credential program consists of 48 units. The courses are the same as those for the Master of Arts in School Counseling degree and credential program (see curriculum above).

# INTERNSHIP PROGRAM

The Internship Program for School Counseling is accredited. Several school districts have hired our candidates as employees while they are completing their master's degree. An individual internship plan will be given to each intern upon being hired by a school district.

# CHILD WELFARE AND ATTENDANCE (CWA) CREDENTIAL

Child Welfare and Attendance counselors are skilled "trouble-shooters" in correcting Average Daily Attendance (ADA). Concerns and problem areas can be targeted by examining attendance policies, procedures, records, and programs. Once problems are known, pertinent solutions can be suggested. Because of the many fine points of law and procedures associated with building maximum levels of school attendance, the Child Welfare and Attendance specialist is needed to make corrective efforts.

The CWA counselor usually: accesses appropriate services from both public and private providers, including law enforcement and social services; provides staff development to school personnel regarding state and federal laws pertaining to due process and child welfare and attendance laws; addresses school policies and procedures that inhibit academic success; implements strategies to

# M.A. in School Counseling/M.A. in Psych. MFT/PPS Credential

improve student attendance; participates in school-wide reform efforts; and promotes understanding and appreciation of those factors that affect the attendance of culturallydiverse student populations.

The Phillips CWA program covers the professional role, laws pertaining to CWA, leadership and management, collaboration and partnerships, school culture and related systems, assessment and evaluation of barriers to student learning, field experiences and supervision. This credential requires that candidates hold one of the three PPS credentials or an equivalent C19 letter. Graduates of this program will earn a supplemental Pupil Personnel Services (PPS) Credential.

Students who have successfully completed all of the courses required for the PPS Credential at Phillips will be eligible for the CWA credential upon completion of the following additional two courses and 150 additional hours of field experience:

- CWA 547
- CWA 548

Students who have successfully completed all of the courses required for the PPS Credential at another institution will be eligible for the CWA credential upon completion of an additional 13 units. CWA 547 and CWA 548 are required. The remaining seven units will be chosen by the Department Chair at the time of enrollment.

# COURSE DESCRIPTIONS

CWA 547 CHILD WELFARE AND ATTENDANCE SEMINAR

#### 4 UNITS

This course focuses on developing the knowledge and skills necessary to meet the Child Welfare and Attendance state standards. The role of the child welfare and attendance advocate is to provide effective and appropriate prevention and intervention strategies to remove the barriers to learning. This course is designed to enhance the student's understanding of the issues that typically interfere with daily school attendance and disrupt the pupil's academic, psychological and social success.

# CWA 548

SUPERVISION AND FIELD WORK FOR CHILD WELFARE AND ATTENDANCE

#### 2 UNITS

This course will be conducted bimonthly during the duration of fieldwork experience until the candidate completes the 150 hours of fieldwork. Candidates will meet with the instructor to discuss school-based fieldwork experiences and activities, and will be exposed to special presentations regarding relevant and timely topics of interest.

## CWA 549 MENTAL HEALTH ISSUES IN

MENIAL HEALTH ISSUES IN SCHOOLAGED CHILDREN

#### 3 UNITS

This three-unit course is designed to develop an understanding of psychological disorders common to children in school settings. Students will broaden their knowledge of symptom identification in emotionally distressed children in their school environment, and learn interventions aimed at ameliorating their distress. This course will also provide information about the history of how schools in the United States address the mental health issues of students.

The School Counseling Department provides opportunities for Marriage and Family Therapy and Marriage and Family Therapy students to pursue the PPS credential. Applicants interested in pursuing coursework to earn the Pupil Personnel Services (PPS) Credential must seek academic advisement prior to enrolling. Admission to the program is subject to evaluation of academic program and interview with the Department Chair to determine a course of study for completion of the credential.

# MASTER OF ARTS IN PSYCHOLOGY WITH AN EMPHASIS IN MARRIAGE AND FAMILY THERAPY, PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL

#### 70 UNITS

This program allows students to combine the Master of Arts in Psychology, Marriage and Family Therapy emphasis with the Pupil Personnel Services credential. This combination qualifies

graduates to pursue both MFT licensure in California and work in the public school system.

#### **CURRICULUM**

#### FIRST SEMESTER • 12 UNITS

PSY501	Human Diversity (1 unit)
PSY502A	Family Therapy: Systemic Approaches (3 units)
PSY503	Developmental Psychology (2 units)
PSY507	Foundations of Psychotherapy (2 units)
PSY518A	Introduction to Research—I (1 unit)
PSY519A	Case Conference/Practicum (3 units)
PSY519A-L	Group Dynamics Lab

#### SECOND SEMESTER • 13 UNITS

PSY502B Family Therapy: Evolvina Systemic

.0.0025	Approaches (3 units)
SC505A	Supervision and Mentoring (0.5 units)
SC505A-L	Practicum in School Counseling (0.5 units)
PSY518B	Introduction to Research-II (1 unit)
PSY519B	Case Conference/Practicum (3 units)
PSY519B-L	Group Dynamics Lab
PSY520A	Abnormal Psychology (2 units)
PSY520B	Assessment and Treatment in a Developmental Context (2 units)
PSY521	Alcohol and Chemical Dependence (1 unit)

#### THIRD SEMESTER • 12 UNITS

(1 unit)

PSY518C	Professional Project—I (Paper, Presentation, or Publication Track) (1 unit)
PSY531A	Applied Therapeutic Methodology—I (3 units)
PSY532	Sexuality and Sex Therapy (1 unit)
PSY533A	Practicum—I (3 units)
PSY534	Couple Therapy (1 unit)
PSY539	Legal, Ethical and Professional Issue (2 units)
PSY540A	Optional: Contemporary Issues in

Marriage and Family Therapy

# M.A. in Psychology MFT/AT/PPS Credential

#### FOURTH SEMESTER • 12 UNITS

PSY518D	Professional Project-II (1 unit)
PSY531B	Applied Therapeutic Methodology -II (3 units)
PSY533B	Practicum—II (3 units)
PSY540B	Optional: Professional Issues for

Marriage and Family Therapists
(1 unit)

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PSY547 Psychopharmacology (2 units) PSY549 Psychological Testing (2 units)

# PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL COURSES

#### TAKEN AS OFFERED

SC500	Ethical Practices in School Counseling (2 units)
SC501	Program Design, Development and Evaluation (2 units)
SC502	Educational and Career Planning (3 units)
SC504	Special Education (3 units)
SC505B	Field Experience in School Counseling (2 units)
SC505C	Field Experience in School Counseling (1 unit)
SC510	Learning Theory and Educational Psychology (2 units)
SC511	Consultation and Systems Change (3 units)
SC512	Leadership and Advocacy (2 units)
SC513	Classroom and Academic

Applicants interested in pursuing coursework to earn the Pupil Personnel Services (PPS) Credential must seek academic advisement prior to enrolling. Admission to the program is subject to evaluation of academic program and interview with the Department Chair to determine a course of study for completion of the credential.

Intervention (2 units)

# MASTER OF ARTS IN PSYCHOLOGY WITH AN EMPHASIS IN MARRIAGE AND FAMILY THERAPY/ ART THERAPY, PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL

#### 82 UNITS

This program allows students to combine the Master of Arts in Psychology, Marriage and Family Therapy emphasis with a specialized interest in the field of Art Therapy with the Pupil Personnel Services credential. This combination qualifies graduates to pursue both MFT licensure in California and the American Art Therapy Association's National Art Therapy Registration (ATR), as well as work in the public school system.

Human Diversity (1 unit)

#### **CURRICULUM**

PSY501

#### FIRST SEMESTER • 17 UNITS

131301	Fibrian Diversity (Fibrili)
PSY502A	Family Therapy: System Approaches (3 units)
PSY503	Developmental Psychology (2 units)
PSY507	Foundations of Psychotherapy (2 units)
PSY519A	Case Conference/Practicum (3 units)
PSY519A-L	Group Dynamics Lab
PSY541	Introduction to Research—I (1 unit)
PSY561	History and Literature of Art Therapy (1 unit)
PSY562	Studio Art Therapy Principles (3 units)
PSY564	Art Therapy Approaches to Assessment of Mental Disorders (1 unit)
SECOND	SEMESTER • 15 UNITS
DC) / E O O D	

PSY502B	Family Therapy: Evolving Systemic Approaches (3 units)
PSY519B	Case Conference/Practicum (3 units)
PSY519B-L	Group Dynamics Lab
PSY520A	Abnormal Psychology (2 units)

Assessment and Treatment in a Developmental Context (2 units)
Alcohol and Chemical Dependency (1 unit)
Introduction to Research-II (1 unit)
Art Therapy Dynamics and Applications (3 units)

#### OPTIONAL SUMMER SEMESTER

PSY546	Professional Project Extension (1 unit)
PSY596	Field Study Practicum (2 units)

PSY531A Applied Therapeutic Methodology

Sexuality and Sex Therapy (1 unit)

## THIRD SEMESTER • 14 UNITS

-1 (3 units)

PSY532

PSY533A	Practicum—I (3 units)
PSY534	Couple Therapy (1 unit)
PSY539	Legal, Ethical and Professional Issues (2 units)
PSY540A	Optional: Contemporary Issues in Marriage and Family Therapy (1 unit)
PSY543	Professional Research Paper (1 unit)
PSY566	Introduction to Psychoneurobiology (3 units)

#### FOURTH SEMESTER • 14 UNITS

PSY531B	Applied Therapeutic Methodology -II (3 units)
PSY533B	Practicum—II (3 units)
PSY540B	Optional: Professional Issues for Marriage and Family Therapists (1 unit)
PSY544	Professional Paper Research - II (1 unit)
PSY547	Psychopharmacology (2 units)
PSY549	Psychological Testing (2 units)
PSY567	Psychoneurobiology Applications (3 units)
Pupil Personnel Services (PPS) Credential Course	

Pupil Personnel Services (PPS) Credential Courses (taken as offered)

(lakeri as offerea)	
SC500	Ethical Practices in School Counseling (2 units)
SC501	Program Design, Development and Evaluation (2 units)
SC502	Educational and Career Planning (3 units)

# M.A. in Psychology MFT/AT/PPS Credential

SC504	Special Education (3 units)
SC505A	Supervision and Mentoring (0.5 units)
SC505A-L	Practicum in School Counseling (0.5 units)
SC505B	Field Experience in School Counseling (2 units)
SC505C	Field Experience in School Counseling (1 unit)
SC510	Learning Theory and Educational Psychology (2 units)

SC511	Consultation and Systems Change (3 units)
SC512	Leadership and Advocacy (2 units
SC513	Classroom and Academic Intervention (2 units)

Students interested in developing professional specializations in addition to the 48-unit Master of Arts degree program requirements may choose from a variety of options. These elective courses are typically organized into sequences leading to concentrations. However, elective courses may also be taken separately. Phillips

degree candidates are encouraged to consult with the directors of elective programs in which they are interested, as some concentrations have separate admissions requirements and procedures. Students should also consult with their faculty advisors regarding the scheduling and sequencing of electives. Non-degree-seeking students may enroll in elective courses only after consultation with the Course Chairperson.

# Elective Coursework and Concentrations

Elective courses described below are not offered every semester, and Phillips Graduate Institute reserves the right to cancel or revise courses as necessary without prior notice.

# CHEMICAL DEPENDENCY PROGRAM

PSY600 FUNDAMENTALS OF ADDICTION

#### 3 UNITS

This course offers a comprehensive overview of contemporary treatment of addictions in a highly interactive format. Topics include: theories across time and cultures, the psychology of addictions, understanding and treating the needs of special populations, intervention strategies, concepts and theories of addiction and customizing treatment plans to meet specific client-centered goals.

# PSY601

PHYSIOLOGY AND PHARMACOLOGY OF ALCOHOL AND SUBSTANCE ABUSE

#### 3 UNITS

This course examines the acute and chronic effects of alcohol and other psychoactive drugs on the brain, body and behavior. Drug interactions, tolerance, cross tolerance, synergism and antagonism are explored. Pharmacological and physiological treatment and recovery strategies are presented.

# PSY602

ADDICTION RECOVERY CASE MANAGEMENT: FROM ASSESSMENT TO PAPERVYORK

#### 3 UNITS

This course prepares counselors to work in a treatment or recovery facility. Client assessment using "whole person" domains, prioritizing treatment needs, identifying and utilizing social services, community and medical referrals, recovery planning, complementary therapies, discharge planning and aftercare are presented. Agency requirements including organizing case files, charting, report writing for court, probation, social workers and employers, and legal and ethical considerations (releases, etc.) are also covered.

# PSY603

COUNSELING THE CHEMICALLY DEPENDENT AND THEIR FAMILIES

#### 3 UNITS

Individual, family and group counseling from an addiction recovery perspective are explored. The value of didactic training and process group in providing education, connectedness and an environment where all affected parties may receive feedback from others struggling with similar issues is underscored. The effectiveness of various treatment modalities such as Rational Emotive Therapy, Alcoholic Family Systems, and Cognitive Behavior Therapy are explored. The roles and responsibilities of counselors and clients and the value of structure including ground rules, client expectations, and

goals of the group are examined, as well as theories of family co-dependency, triangulated communication and similar dynamics of addiction. This is an interactive class that includes many role-playing exercises.

# **PSY604**

LAW AND ETHICS IN ADDICTION RECOVERY TREATMENT

#### 3 UNITS

This course focuses on federal and state legal and regulatory restrictions, professional competency and client welfare. Legal and ethical "red flags," including crisis intervention and screening techniques, are included. Utilizing community services and integrating 12-Step programs into a treatment plan are discussed.

# **PSY605**

PERSONAL AND PROFESSIONAL GROWTH AND ADVANCED ISSUES IN ADDICTION RECOVERY

#### 3 UNITS

Signs and symptoms of burnout; projection and transference issues; the value of supervision, professional affiliation and continuing education; as well as the special needs of recovering counselors are examined in this course. Stress management, proper nutrition, achievement of a balanced life, assessment and achievement of personal goals, and establishment of a support system are discussed. Issues of trauma such as rape, incest, and domestic violence and resulting dissociative disorders are also addressed.

# Elective Coursework and Concentrations

## PSY607 A-Z SPECIAL TOPICS IN CHEMICAL DEPENDENCY

#### 1 UNIT

Issues addressed in these courses vary yearly and are selected based on the expertise of visiting faculty and trends in the chemical dependency field. Course format is a one-day workshop with Continuing Education/Extension students, followed by an additional learning activity that offers the opportunity for further development and application of the special topic in an interactive format.

# COMMUNITY MENTAL HEALTH

Students seeking a concentration in Community Mental Health are required to enroll in PSY550 and PSY552 and must complete practicum training through one of the following courses: PSY596C, PSY596D, PSY596F, or PSY596K.\*

CMH students must also complete at least one semester course from one of the following courses: PSY600, PSY601, PSY602, PSY603, PSY604, or PSY605.

\*Note: Students must apply and be approved for a traineeship through CalFam.

# PSY550 MFTS IN PUBLIC MENTAL HEALTH

#### 3 UNITS

This course defines the role of Marriage and Family Therapists (MFTs) in public mental health care and provides knowledge and skills in adequately fulfilling the functions of that role. Special attention is given to culturally relevant mental health assessment and treatment, recovery and wellness models, strength-based treatment planning and the reintegration of clients (consumers) in family and social systems. The course will also emphasize professional self-care and examines public service as a professional career for MFTs.

# PSY552 DIVERSITY IN COMMUNITY MENTAL HEALTH

#### 3 UNITS

This course provides an introduction to public mental health systems and the delivery of clinical care to a diverse client (consumer) population. These populations are treated within numerous community sites, across all levels of appropriate care and in diverse ethnic/racial communities. Students will receive knowledge and develop skill in: legal and ethical practice within public

service, crisis assessment and intervention, case management services and working with case managers, the co-occurrence of addiction with mental health disorders, and the delivery of preventive/educational services.

# **DIRECTED STUDY**

## PSY612 DIRECTED STUDY

Directed Study involves coursework delivered outside the regular classroom schedule and format, usually on an individual or tutorial basis. A course plan is developed with the appropriate Department Chair or faculty to ensure that the Directed Study student demonstrates the same level of mastery as students taking the course in the regular classroom format.

In most circumstances, Directed Study may not be substituted for required courses in a 48-unit Phillips master's degree. However, as electives, Directed Study courses are fully acceptable for credit toward a 60-unit master's degree. Course credit earned through Directed Study is often fully transferable into other graduate programs, and meets state requirements for MFT licensure.

seeking students and therapists wishing to learn more about these innovative approaches to creating a context for change and transformation. These courses provide essential concepts and fundamentals for clinical work and are required for students taking the PSY596H Postmodern Therapy in a Clinical Setting Program.

# PSY650A AND PSY650B POSTMODERN THERAPY APPROACHES-1 & II

#### 3 UNITS EACH SEMESTER

This year-long intensive course sequence introduces students to postmodern concepts as they relate to individual and family therapy. This course will present the philosophies of Foucault, Gergen and Wittgenstein and three of the collaborative approaches: Solution-Focused Therapy, Narrative Therapy, and Collaborative Language Systems. Through live demonstration, role-play, reflecting teamwork, videos, experiential exercises, and lecture, students learn how to maintain specialized ways of listening and questioning that create a context for client change and transformation and the dissolution of problems. Utilization of these approaches with individuals, families, groups, businesses and communities are illustrated.

# **INDEPENDENT STUDY**

# PSY615 INDEPENDENT RESEARCH

#### 1-3 UNITS

In this course students conduct supervised individual research. Approval by the appropriate Department Chair is required prior to enrollment. A course of study is contracted with, and evaluated by, a faculty advisor.

# PSY616 INDEPENDENT STUDY

#### 1-3 UNITS

In consultation with the appropriate Department Chair, the student designs a course of study combining learning experiences both on and off the Phillips campus.

# POSTMODERN THERAPIES

Coursework in postmodern therapies is available for students seeking a specialization within a 60-unit master's degree, and for non-degree-

# SPECIAL TOPICS PSY555A-Z

# PSY555A

A SOCIOLOGICAL APPROACH TO WORKING IN PUBLIC MENTAL HEALTH: A LOOK AT CLASS, RACE, AND GENDER

#### 2 UNITS

Students will gain practical knowledge of such sociological theories as Ethnic Antagonism, Post-Socialism, and Post-Modernity as it relates to working in public mental health. Students will have the opportunity to look at race, class, and gender as issues in and barriers to treatment in public mental health, and apply these theories when working with clients. Students will gain knowledge of assessing these social issues and the impact on the psychological welfare of clients in public mental health. Students will gain a better understanding of how issues of race, class, and gender may be present within their therapeutic relationship with clients and learn to apply these theories to work through those issues. Students will have the opportunity to share their clinical and practical experiences in community and/or public mental health settings, as well as review cases of mental health professionals working in such settings as they relate to race, class, and gender.

# Elective Coursework and Concentrations

# PSY555B understanding couple's treatment

#### 1 UNIT

This is a course to address how to think, treat, and understand couple's therapy according to developmental theory. Couples relationships can evolve through a series of normal developmental stages. The events of the first three years of life will have a major impact on each individual's object relations. These developmental issues from childhood will surface in the couple in terms of: basic trust; certainty of feeling loved, even if lover is absent; problems with self-other differentiation; boundary confusion; anxious or avoidant attachment patterns; separation anxiety; limited ability to self-soothe; difficulty maintaining commitments in a relationship when angry, frustrated or disappointed. Come learn how the couple's relationship provides tremendous opportunity for growth, intrapsychic change, ego strengthening and eventual evolution to a mutually interdependent relationship.

# PSY555C

AN OBJECT RELATIONS APPROACH TO THE CLINICAL HOUR

#### 1 UNIT

This course addresses how the internal world gets played out externally in the interpersonal world. Students will learn how to listen to clinical material as a reflection of internal object relations. This helps to locate psychic pain, understand pathological love relations, and conceptualize omnipotent thinking. This is a didactic class to assist students in understanding how to formulate the dynamics of a client's internal object world; detecting and addressing crucial transferencecountertransference paradigms; identifying negative therapeutic reactions and the role of the bad object; formulating schizoid, narcissistic, psychotic, and boderline states; object relations criteria for termination, and conceptualizing and treating depression emptiness and isolation.

# PSY555D MOTIVATIONAL INTERVIEWING

#### 1 UNIT

Students will learn what research says about and why and under what conditions people change the role of ambivalence in the counseling process, and the relationship between change and resistance. Client motivation for change is identified as an important part of the the change process. Counselors will learn strategies for increasing "change talk" in clients as well as ways to effectively address client resistance, enhance client confidence in their ability to change, and strengthen client commitment to change.

## PSY555E GENDER, POWER, AND SEXUALITY

#### 3 UNITS

Students in this class will gain a rich understanding of the unique sexual stories of others and how to negotiate related client issues in the therapeutic setting. The syllabus will include provocative documentary films and readings, interactive class dialogues, field trips, and one very special guest speaker.

# PSY555F

CHEMICAL DEPENDENCY, RECOVERY, AND THE FAMILY AFTERWARD

#### 2 UNITS

This course will assist students in working with alcoholics/addicts and their families by understanding 12-step programs and their role in recovery, from therapeutic perspective. Students will utilize their own experiences and learn through visiting a recovery center with a focus on family treatment in order to gain self-awareness and compassion for their client and the family illness of alcoholism/addiction. Students will discuss their responsibility as clinicians working alongside substance abuse counselors and be able to better serve the population, regardless of their experience with substances and addiction. Students will learn the necessary skills to assess, intervene, and treat clients who are substance abusers.

## PSY555G BRAIN-BASED EXISTENTIAL PSYCHOTHERAPY

#### 2 UNITS

Learn how to empower clients in the present as well as in the past. Students will acquire a neurobiological frame for understanding how childhood narratives can be assessed and renegotiated in psychotherapy. Existential themes and experiential means will be integrated under the rubric of interpersonal neurobiology in this action-oriented class.

# PSY555H

A PSYCHODYNAMIC UNDERSTANDING OF THE CHILD AND OF PLAY THERAPY

#### 1 UNIT

This course offers students the opportunity to apply psychodynamic concepts to the child in play therapy. Through the use of lecture, video material, and psychoanalytic readings, students will explore differences between play and play therapy, adult and child psychodynamic therapy. Students will also gain an understanding of traumatic play as well as termination issues in child therapy.

# PSY5551

THE THERAPIST'S EXPERIENCE OF PSYCHOTHERAPY

#### 3 UNITS

This course studies the experience of the psychotherapist in therapy. While this topic has theoretical implications, the course focuses on the "doing" or the practice of psychotherapy. The instructor's principle assumption is that therapists who deliberately address their own practice and experience are more effective therapists. The course aims at helping the student to develop tools to increase the awareness of the experience as therapists. While the course also has supervisory implications, students may bring up current cases to reflect on the experience and the process of the therapist.

## PSY555J CONVERSATIONAL SPANISH FOR THERAPISTS

#### 3 UNITS

This course is designed to help intermediate and fluent Spanish speakers familiarize themselves with and develop clinical use of Spanish. From the intake to termination, students will learn how to apply and expand necessary diagnostic, theoretical, and colloquial language crucial to conduct therapy in Spanish. Students will have the opportunity to process and apply their own theoretical preferences.

# SPECIALIZED CLINICAL COURSEWORK

Students must have successfully completed their first semester of study at Phillips Graduate Institute, and must have advanced to trainee status prior to enrollment in these courses. Students not seeking a degree at Phillips may apply for these courses at any time, but must present proof of eligibility for trainee status.

A separate application and interview is required for all clinical coursework. Phillips degree candidates may take these courses as electives for academic credit towards a concentration within a 60-unit master's degree. These offerings are also available through the California Family Counseling Center as traineeships only.

# PSY596B FAMILY THERAPY IN A CLINICAL SETTING

## 3 UNITS

The Family Therapy Program is a specialized training program for beginning therapists.

# Elective Coursework and Concentrations

Trainees in this program see a varied clientele for individual, couple and family therapy. Although the program emphasizes a family systems perspective in clinical practice, students receive extensive training in psychosocial assessment, DSM diagnoses, and the clinical application of Bowen and other supportive interventions, systems, and theories. Trainees in this program will work as co-therapists when seeing clients. Clients are seen at our counseling center, adolescent residential treatment centers and in other settings as arranged by CalFam. Sessions are videotaped to maximize training, supervision and client care. Students receive group and peer supervision and one hour of training each week.

## PSY596C LATINO FAMILY THERAPY

#### 3 UNITS

The Latino Family Therapy Program is an integral part of the Spanish-speaking services provided by CalFam to the predominately Latino communities in the San Fernando Valley. Trainees need to speak Spanish since the therapy and supervision are conducted in Spanish. Trainees are able to raise their proficiency in Spanish and learn clinical use of the language. Clients of the program receive service through a collaborative approach that includes co-therapy care, direct observation and feedback by the supervisor and the use of reflecting teams. Clients are seen at our counseling center, adolescent residential treatment centers and in other settings as arranged by CalFam. The emphasis of the program is in the clinical application of family systems theories with Latino families, and the cultural aspects of family dynamics and personal behavior.

# PSY596D CHILD THERAPY IN A SCHOOL SETTING

#### 3 UNITS

The Child Therapy in a School Setting Program has been an on-going program of the center for more than 20 years and provides school-based counseling services to local schools. The program specializes in child therapy within a systemic perspective of the child's school and family. One of the components of this program is the Social Skills/Violence Prevention Program. Trainees are teamed with one another or with interns to provide social skills training to groups of children, in addition to providing individual counseling to children and their families. Trainees may also co-facilitate support groups (Impact Group's) on a variety of issues including substance abuse, grief, conflict resolution, and anger management at the middle and high school levels.

## PSY596F MENTAL HEALTH THERAPY IN A COMMUNITY SETTING

#### 3 UNITS

This course provides specialized training in the care of persons living with serious mental illness. The practicum setting will be at a community mental health agency and the client population may be children, adolescents, adults or the elderly. The provision of services may be at a treatment facility, school, home or other community site. Students will develop knowledge of the public mental health system and develop skills in the rehabilitation/recovery model, psychosocial assessment, psychotropic therapy, crisis assessment and intervention, and the provision of services to diverse cultural and social communities.

## PSY596H POSTMODERN THERAPY IN A CLINICAL SETTING

#### 3 UNITS

The Postmodern Family Therapy in a Clinical Setting Program is a specialized training in applying collaborative, client-informed therapies in clinical and community settings. The postmodern therapy approach invites us to see people as resource-laden with possibility, rather than pathology. Trainees will learn how to maintain specialized ways of listening and questioning that generates client change and transformation. Supervision will focus on the practical applications of Solution-Focused and Narrative therapies. Throughout the year, trainees will learn how to effectively communicate with peers from different theoretical orientations when discussing assessments, DSM diagnosis, treatment planning, documentation and legal and ethical issues. Trainees will work with clients individually, as co-therapists with other trainees and interns, and as reflecting team members. Clients are seen at our counseling center, adolescent residential treatment centers and in other settings arranged by CalFam.

Trainees must enroll in, or have completed, the Phillips Postmodern intensive training course (PSY650A and PSY650B, 2 semesters). This class will focus on exploring the philosophy, ideas, practices and applications of Postmodern Therapies through experiential exercises, readings, reflecting teamwork and videotapes. Registration for the class is through the Continuing Education/Extension Division of Phillips or for academic credit through the Office of the Registrar.

# PSY596K COOCCURRING DISORDERS

#### 3 UNITS

Trainees are given the opportunity to gain skills in the assessment, diagnosis and treatment of alcoholism, chemical dependency and other addictions, with special emphasis on the treatment needs of those with one or more co-occurring mental health disorders. Training focuses on building case presentation skills through structured case presentation in supervision group, where trainees are encouraged to work collaboratively with other trainees in designing treatment and relapse prevention plans. Trainees have an opportunity to work with substance abusers, their partners, and families.

Estimates are that three out of 10 persons diagnosed with a mental health disorder also have a substance use disorder some time in their lives, and about 64% of drug abusers in treatment also meet the criteria for a mental health diagnosis. Mental health practitioners can no longer afford to dismiss the needs of such a large treatment population without severely limiting their skills set.

Trainees must also enroll in the corresponding Chemical Dependency elective course (PSY600, 601, 602, 603, 604, 605) which meets Monday evenings from 7:00–10:00 p.m., for each semester enrolled in PSY596K.

These courses are designed to provide a comprehensive substance abuse education. Registration for the class is through the Office of Continuing Education and Extension, or for academic credit through the Office of the Registrar. As a WASC-accredited institution, these courses meet or exceed the educational requirements for most chemical dependency certification programs (such as CAADAC) addressed.

# PSY613

WORKING WITH CHILDREN: SOCIAL SKILLS VIOLENCE PREVENTION

#### 2 UNITS

This course focuses on a collection of ideas, lessons, and activities which help clinicians work with children and adolescents as individuals or in groups in order to help them become aware of and develop appropriate social behavior. The course explores the issue of how one can develop these skills if not developed as a child matures. The course focuses on specific social skills such as getting along with others, respect, conflict resolution, anger management, handling media messages, peer pressure and dealing with bullying. Violence awareness and prevention techniques will also be addressed.

# Master of Arts (M.A.) in School Psychology

# with Pupil Personnel Services (PPS) Credential

# MISSION STATEMENT

The Phillips Graduate Institute School Psychology Program provides future school psychologists with a solid academic foundation in both psychology and education. The program and faculty are committed to the development of each student's academic knowledge and professional skills, complemented by self-awareness, regard for others, and respect for cultural and individual differences.

# **PROGRAM GOALS**

The expected learning outcomes for the School Psychology program at Phillips Graduate Institute are to:

- Produce graduates who are able to provide leadership and direction to public school systems in the development and evaluation of culturally relevant interventions and programs;
- Produce graduates with the ability to integrate and apply theory in the understanding of children's educational strengths and weaknesses;
- Produce graduates who can successfully collaborate with school personnel, the community, and families to identify, clarify and resolve problems as they relate to the education and mental health needs of all students:
- Produce graduates who are equipped with the skills to assess, evaluate and recommend appropriate interventions for children with special needs; and
- Produce graduates with a strong sense of self and an understanding of how the personal and professional choices they make affect our culturally-diverse society.

# EDUCATIONAL PHILOSOPHY AND TRAINING MODEL

There is a tremendous concern about our effectiveness in educating large numbers of children. The American Psychological Association, the National Association of School Psychologists, and others have been strong advocates for delivering psychological services to children and families within schools as one way of addressing this problem.

Many students at risk for educational failure come from culturally and linguistically diverse

backgrounds, or from families who have difficulty supporting their children's scholastic success. Students with learning difficulties, social or emotional problems, or who have other handicaps are also at risk for school failure. School psychologists approach problems of normal and handicapped children in both direct service work and indirectly by assisting others to gain knowledge or skills that can result in a more successful public school experience for all students.

The major emphasis in the preparation of the school psychologist is to have highly competent problem solvers. To this end, Phillips' program focuses on the development of a sound theoretical and empirical knowledge-base about the normal and abnormal development of children, and the skilled application of this knowledge within the context of public schools in an effort to maximize success and prevent school failure.

Students are prepared to draw upon a personal foundation in psychology and education to effectively develop and implement strategies for preventing or resolving problems as they occur. They learn to collaborate with other helping professionals and with parents in serving the mental health and educational needs of all children.

Our program is rooted in systemic approaches to problem identification and solutions as well as individual assessment and treatment. Students understand how to access information and find answers to questions or problems. Given the speed of change in the health and education related professions, they must have the capability to access both print and electronic sources of information in order to stay current and professionally competent.

# PROGRAM STRUCTURE

Students attend class two evenings a week and occasionally on Saturdays. Field placement begins in the first semester, and will also require a daytime commitment one day a week. Full-time students will complete the program during eight semesters over a 3-year period. The program begins in the Fall and continues with Spring and Summer semesters during the first two years, and Fall and Spring semesters during the third year. During the third year of the program, students will complete their hours while serving as a school psychology intern in a public school district, and attending supervision group meeting and evening classes.

# FIELD PLACEMENT SERVICES

School Psychology students receive assistance with their field placement through the School Psychology Department. Candidates begin their practicum placement and experience in the first semester of the program, and complete 450 hours during the first two years of the program. Because candidates will need to visit assigned local schools, candidates will need to adjust their work and other commitment schedules to accommodate 5-10 hours a week, during public school hours, to complete these assignments. At the end of the second year of the program, candidates will apply to recruiting school districts for a 1,200-hour school psychology internship or field placement. Often these are paid positions.

# FACULTY ADVISEMENT

Students will be assigned an academic advisor within the weeks prior to the beginning of classes at Phillips Graduate Institute. Students are encouraged to meet with their advisor early in the first semester and at least once each semester until completion of their degree and credential application. Students are encouraged to make appointments with other members of the faculty who will answer questions and provide consultation.

# **ENTRY OPTIONS**

Students may enter the program in the Fall. Please call the Office of Admissions at (818) 386-5660 for dates and class schedules.

# ADMISSION REQUIREMENTS

- Prerequisite coursework: 12 units of social sciences successfully completed at the undergraduate level;
- Completion of an earned bachelor's degree from a regionally-accredited college or university with a minimum 3.0 grade point average (GPA).

Note: A "Grade Point Average Exemption Petition" may allow admission for applicants who do not meet the minimum GPA requirement;

- Demonstration of English proficiency may be required;
- Completion of Phillips Graduate Institute Admissions Application Packet, which includes:
  - Application form
  - Goals Statement/Essay
  - Three recommendations
  - Undergraduate and graduate (if applicable) transcripts
  - Résumé/Statement of Experience
  - · Application fee; and
- Admissions interview with School Psychology Department Chair or his/her designee.

Please refer to the Office of Student Affairs section beginning on page 50 for details on admissions policies and procedures.

# MASTER OF ARTS IN SCHOOL PSYCHOLOGY WITH PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL

#### 64 UNITS

This program provides the foundation for a career in school psychology in the public school system. School psychologists provide various services, including consultation to teachers, parents and school systems; psychoeducational assessments and diagnosis of specific learning and behavior disabilities; classroom and behavior management; interfacing with community agencies; parent education; program development and evaluation; prevention and early intervention related to school failure; prevention and intervention in the area of child mental health; and research and grant writing. The following curriculum will prepare students to meet these various professional activities.

## **CURRICULUM**

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#### FIRST SEMESTER • 10 UNITS

SP 600	Foundations of School Psychology (3 units)
SP 613	Diversity Lab I (3 units)
SB 604	School Psychology Practice I (1 unit)
SP 601	Developmental Psychology (3 units)

The Exceptional Child 13 units)

#### SECOND SEMESTER • 9 UNITS

31 000	The Exceptional Child (3 offis)
SP 602	Learning and Educational Psychology (2 units)
SP 604B	School Psychology Practicum II (1—2 units)
SP 619	Diversity Lab II (3 units)

#### THIRD SEMESTER • 6 UNITS

SP 603	Research Design and Statistics (3 units)
SP 605	Counseling Skills (2 units)
SP 604C	School Psychology Practicum III (1 unit)

#### FOURTH SEMESTER • 10 UNITS

SP 610	Psychological Assessment Intelligence Testing (3 units)
SP 611	Psychological Assessment Lab (1 unit)
SP 608	Issues in Special Education (3 units)
SP 614	Group Counseling Skills (2 units)
SP 604D	School Psychology Practicum IV (1 unit)

## FIFTH SEMESTER • 7 UNITS

SP 616

	(3 units)
SP 617	Psychological Assessment Lab (1 unit)
SP 612	Child and Adolescent Psychopathology (2 units)
SP 604E	School Psychology Practicum V (1 unit)

Psycho-Educational Assessment

#### SIXTH SEMESTER • 6 UNITS

Consultation and Systems Change (3 units)

SP 607	Program Design, Development and Evaluation (2 units)
SP 604F	School Psychology Practicum VI (1 unit)

#### SEVENTH SEMESTER • 8 UNITS

SP 622	Intership in School Psychology I (5 units)
SP 23	Professional Seminar (1 unit)
SP 618	Behavioral Management Strategies` (2 units)

#### EIGHTH SEMESTER • 8 UNITS

SP 624	Internship in School Psychology II (5 units)
SP 625	Professional Seminar II (1 unit)
SP 626	Psychopharmacology (2 units)

# PROGRAM COMPLIANCE

The Master of Arts in School Psychology program meets the requirements and guidelines of the California Commission on Teacher Credentialing (CCTC). In order for Phillips Graduate Institute to recommend a student to the State of California and the CCTC for a Pupil Personnel Services (PPS) Credential in School Psychology, the student must have fulfilled the following requirements:

- Passed the California Basic Educational Skills Test (CBEST);
- Completed fingerprint clearance with the CCTC;
- Completed all required coursework;
- Completed field experience, including 450 practicum and 1,200 internship hour requirements;
- Demonstrated competency in the areas of educational assessment, personal and social counseling, academic and career counseling, program development and coordination, supervision, and legal and professional ethics;
- Earned a master's degree in School Psychology or a related discipline;
- Participated in the portfolio presentation and candidacy review; and

Completed an exit interview with the School Psychology Department.

Pupil Personnel Services (PPS) Credential requirements are subject to change due to mandates from the CCTC. Students may be required to take additional coursework or complete additional field placement hours in order to fulfill credential requirements.

Phillips Graduate Institute's School Psychology Program meets requirements for students to apply for individual National Association of School Psychologists (NASP) certification. Students will learn about application procedures during the program and can also visit the NASP web site (www.nasponline.org) to find additional information.

# ACADEMIC PROFICIENCY

### M.A. PROGRAMS

Any student receiving a grade of C- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

# REQUIREMENTS FOR DEGREE COMPLETION:

MASTER OF ARTS IN SCHOOL PSYCHOLOGY WITH PUPIL PERSONNEL SERVICES (PPS) CREDENTIAL

The degree is posted three times yearly; on the last day of December, May, and August. All of the following requirements must be met prior to degree posting:

- Completion of all 64 units of required courses with an overall GPA of 3.0 or higher;
- Completion of credential requirements established by the CCTC, including training in child abuse;

- Completion of 450 practicum hours and 1,200 hours of supervised field experience;
- Completion of an exit interview with the School Psychology Department;
- Participation in the portfolio presentation and candidacy review;
- "Intent to Graduate" form on file with the Registrar one semester prior to the graduation date when a student expects to meet all graduation requirements;
- Payment in full of financial obligations to Phillips Graduate Institute and the California Family Counseling Center;
- Return of all library materials; and
- Completion of an exit interview with the Office of Financial Aid (Financial Aid recipients only).

# COURSE DESCRIPTIONS

SP600 FOUNDATIONS OF SCHOOL PSYCHOLOGY

#### 3 UNITS

This course has as its purpose the comprehensive study of school psychological services and the public schools from a psychological and educational perspective. There will be an emphasis on theories of prevention, developmental psychopathology, models of data-based decision making, and psychological and educational approaches to intervention. The candidates will have an orientation to schooling, and the practice of school psychology. They will focus on understanding professional roles, ethics and legal issues, curriculum and standards, school environments (social and political), needs of students from diverse backgrounds, working with parents and community.

# SP601 DEVELOPMENTAL PSYCHOLOGY

#### 3 UNITS

The emphasis in this course is on the cognitive, emotional, biological, behavioral and psychosocial development from birth through adolescence. Theoretical and applied aspects of development will be addressed through a

multicultural lens, along with a discussion of contemporary issues and trends.

SP602 LEARNING AND EDUCATIONAL PSYCHOLOGY

#### 2 UNITS

This course will focus on major theories of learning and the impact of cultural and linguistic differences on the design of learning environments and curriculum. Candidates will learn to recognize instructional elements that support or impede pupil learning and the role of the school psychologist in developing effective instructional interventions.

SP603
RESEARCH DESIGN AND STATISTICS

#### 3 UNITS

This course will review quantitative and qualitative research methods used to address relevant issues faced by the school community. Includes a discussion of principles and methods of designing research and prepares candidates to analyze research literature in a critical manner.

SP604 A-F SCHOOL PSYCHOLOGY PRACTICUM

#### 1 UNIT • CR/NCR

This course guides practical training and field work experiences and includes weekly reaction papers. The primary emphasis is to learn the function and role of the school psychologist. Candidates will develop an understanding and knowledge of: legal and ethical issues, psychoeducational assessment, observational methods, school procedures and policies, referral process for special education, developmental/grade level ages and stages, organization and record keeping. This will require school experiences in grades K-12. Practicum will provide the candidates with the opportunity to gain knowledge and skills most appropriately learned in the field, and to apply skills and concepts learned in related courses including computer literacy, e-mail, and how to use the internet. Candidates will gain information on curriculum expectations within the public schools, grades kindergarten through high school. They will also gather information on statemandated assessment tests.

## SP605 COUNSELING SKILLS

#### 2 UNITS

This course provides a conceptual and practical demonstration of the foundational concepts of counseling skills. Candidates are taught communication principles and skills that enhance children's and adolescents' emotional and social adjustment. Different approaches to individual counseling are introduced, observed and practiced.

## SP606 THE EXCEPTIONAL CHILD

#### 3 UNITS

This course examines the characteristics of children and adolescents with cognitive, learning, communication, emotional, perceptual, sensory, and physical disabilities. Their impact over the developmental period on personal adjustment and school achievement is highlighted. Candidates learn the contrasting legal, educational, and psychological definitions of disabilities. Candidates are expected to report on observations of exceptional students in at least three different special education classes.

#### SP607 PROGRAM DESIGN, DEVELOPMENT AND EVALUATION

#### 2 UNITS

This course focuses on current models for the delivery of counseling and psychological services in the public school setting. Program design, program delivery, needs assessment and outcome studies are covered. Candidates will learn about effective programs offered in the school setting to address such issues as school violence, diversity, parent involvement and collaboration, family consultations and other programs related to pupil learning and academic achievement.

# SP608 ISSUES IN SPECIAL EDUCATION

#### 3 UNITS

This course offers an overview of special education programs in public and private schools, and current state and federal laws. Material is presented in a didactic and observational format. Assessment and Individualized Educational Plan (IEP) development, as well as strategies for classroom remediation and ancillary services are covered. California Education Code and federal regulations related to special education students are discussed.

## SP610 PSYCHOLOGICAL ASSESSMENT: INTELLIGENCE TESTING

#### 3 UNITS

This course provides an overview of child and adolescent assessment techniques including history taking and clinical interviewing. The theory, administration, scoring, interpretation of the major individual tests of intelligence along with screening instruments often used with children ages preschool through adolescent. Conducting multi-culturally sensitive assessments will also be addressed.

## SP611 PSYCHOLOGICAL ASSESSMENT LAB – I

#### 1 UNIT

This course will provide supervised practice in the administration, scoring and interpretation of assessment instruments discussed in the Psychological Assessment course. This course must be taken concurrently with SP610.

## SP612 CHILD AND ADOLESCENT PSYCHOPATHOLOGY

#### 2 UNITS

Candidates will be provided a review of mental health disorders commonly experienced by children and adolescents, with a particular emphasis on disorders relating to learning difficulties and conduct. Common interventions and contributions of familial, cultural treatment will also be addressed.

## SP613 DIVERSITY LAB-1

#### 3 UNITS

The goal of this course is to foster the development of professional competencies relevant to working responsibly with diverse groups of students. The first semester is meant to provide a forum for increasing awareness and developing interactive skills as these relate to the spectrum of human diversity, including race, culture, socioeconomic class, gender, sexual orientation, age, spiritual beliefs or religion, and abilities. Dimensions of relative power, privilege, and oppression will be the running thread throughout this course. These will be emphasized further in the second course's (SP619) focus on acquiring an incremental knowledge base.

# SP614 GROUP COUNSELING SKILLS

#### 2 UNITS

In this course, candidates will understand the process and stages of group counseling development. They will transfer counseling skills learned in individual counseling to working with members in a group setting. The techniques and exercises in conducting group counseling sessions will be studied. The factors involved in initiating a counseling group and a counseling group program as well as understanding several types of groups and methods commonly used in public school settings will be taught and practiced. The culturally sensitive issues that could affect groups will also be explored.

## SP616 PSYCHOEDUCATIONAL ASSESSMENT (PERS/APT/ACHIEVEMENT)

#### 3 UNITS

Candidates learn and administer an array of diagnostic instruments currently used in schools to assess perceptual, motor, emotional and academic functioning of school-aged children. Training in construction of appropriate test batteries for presenting cases and critique of the validity and utility of tests used in special education decisions is emphasized. Candidates are required to demonstrate appropriate administration, scoring, interpretation, and integration of tests in submission of psychoeducational reports.

## SP617 PSYCHOLOGICAL ASSESSMENT LAB — II

#### 1 UNIT

Candidates will experience supervised practice in the administration, scoring and interpretation of assessment instruments discussed in the Psychoeducational Assessment course. This course must be taken concurrently with SP616.

# SP618 BEHAVIORAL MANAGEMENT STRATEGIES

#### 2 UNITS

This course presents the practical principles of cognitive behavior modification with children and adolescents in schools. Candidates learn to complete behavior observations and construct behavior plans. Techniques to increase target behaviors, such as reinforcement strategies, antecedent control, shaping, and modeling are taught and practiced. School-relevant applications include social-skills training, self-management, and promoting generalized and special interventions for problem behaviors. Candidates will be expected to report on applications of school behavior consultation and lead a social skills group in this class.

# SP619 DIVERSITY LAB – II: FAMILY ISSUES

#### 3 UNITS

This second of a two-course sequence continues to build on diversity related skills in the areas of awareness and interaction/relationship which were emphasized during the first semester. The second half of this course will focus increasingly on the content/knowledge base with regard to diverse populations and multicultural competencies. Specifically, the course is meant to provide an overview of mental health issues which are central to understanding the psychological functioning of diverse populations in the U.S. (e.g., diverse ethnicities, cultures, SES levels, genders, sexual orientations, ages, abilities-disabilities, religions, and spiritual beliefs). Furthermore, the impact of privilege and oppression will be considered within the context of working with families. Theoretical models, research findings, and clinical vignettes will provide a frame of reference for experiential and didactic classroom experiences. This course should provide a foundation for subsequent development of diversity related skills in advanced coursework and training.

# SP620 CONSULTATION AND SYSTEMS CHANGE

#### 3 UNITS

The candidates will be familiarized with the various models of consultation with a primary focus upon school/educational consultation. They will gain an understanding of consultation within an historical perspective. The candidates will learn the implications of various components of the consultative process, including: organizational structures, modes and levels of communication, problem solving strategies, group dynamics and behavior. This course provides the candidate with opportunity to develop, practice and refine his/her skills as a consultant through observation, discussion, role-play, clinical coaching and consultation. This course will relate systems theory and systems change to the role of the school psychologist in creating change in schools and communities. Candidates will learn to collaborate effectively with various stakeholders in the school system, i.e., parents, teachers, and other school personnel, to create supportive learning environments for students.

## SP622 Internship in school psychology – I

#### 5 UNITS

Course requirements include full-time placement in a supervised public school for 15 weeks. This will meet the requirement of 600 hours. Candidates will have the opportunity to demonstrate the full range of skills acquired during formal training, and to acquire additional knowledge and skills most appropriately gained through supervision by a credentialed school psychologist. The candidates will be provided a full range of activities that will include (a) developing and implementing prevention as well as intervention programs for individuals and groups of pupils; (b) consultation (with school staff and parents); (c) counseling, (individual, group, class and crisis with pupils and parents); (d) screening and assessment; (e) coordination of resources and programs; (f) opportunities for interdisciplinary team membership; (g) opportunities to assess the effectiveness of instructional and behavioral interventions for individuals and groups of pupils; (h) opportunities to work with pupils from diverse socioeconomic, ethnic, and cultural backgrounds; and (i) opportunities for professional development (professional conferences and in-service training).

## SP623 PROFESSIONAL SEMINAR – I

#### 1 UNIT

Candidates will hold discussions with Phillips instructor and group about experiences during the internship. This course must be taken concurrently with SP622.

# SP624 Internship in school psychology — II

#### 5 UNITS

Course requirements include full-time placement in a supervised public school for 15 weeks. Candidates will have the opportunity to demonstrate the full range of skills acquired during formal training, and to acquire additional knowledge and skills most appropriately gained through supervision by a credentialed school psychologist. The candidates will be provided a full range of activities that will include (a) developing and implementing prevention as well as intervention programs for individuals and groups of pupils; (b) consultation (with school staff and parents); (c) counseling, (individual, group, class and crisis with pupils and parents); (d) screening and assessment; (e) coordination of resources and programs; (f) opportunities for interdisciplinary team membership; (g) opportunities to assess the effectiveness of instructional and behavioral interventions for individuals and groups of pupils; (h) opportunities to work with pupils from diverse socioeconomic, ethnic, and cultural backgrounds; and (i) opportunities for professional development (professional conferences and in-service training).

# SP625 PROFESSIONAL SEMINAR – II

#### 1 UNIT

Candidates will hold discussions with Phillips instructor and group about experiences during the internship. Students will create a portfolio that reflects a culmination of the practicum experiences beginning with the first semester. The portfolio is a presentation of written assignments, reports, and various work samples produced during the practicum and internship placements. This course must be taken concurrently with SP624.

# SP626 PSYCHOPHARMACOLOGY

#### 2 UNITS

This course offers the student basic information about commonly prescribed psychotropic medications, their effects and side-effects, and teaches non-medical practitioners effective ways to stay informed about the rapidly changing world of pharmacological treatment. The emphasis is on the role of the non-medical psychotherapist as part of the treatment team in the medication management of mental disorders. Topics addressed include assessment and referral, providing information and support, combining medication with psychotherapy, and assisting clients to remain medication compliant.

SP699 INDEPENDENT STUDY

#### 1-3 UNITS

In this course students conduct supervised individual research. Approval by the Department Chair is required prior to enrollment. A course of study is contracted with, and evaluated by, a faculty advisor.

# Doctor of Psychology (Psy.D.) in Clinical Psychology

### MISSION STATEMENT

Phillips Graduate Institute's competency-based Clinical Psychology Doctoral Program is informed by a systemic perspective and incorporates the cultural, social, legal/ethical, and historical contexts of professional psychology. Integration and application of issues of diversity are central to students' development in becoming professionally mature and self-aware practitioners.

Our students' educational experiences are enhanced by selecting one of two areas of core concentration (forensic or diversity) which augment the general curriculum. The program and faculty are committed to student learning by integrating theoretical knowledge through experiential learning and by applying this knowledge.

The program is exemplified by the following:

- Students who are critical thinkers and engage in a life-long learning process to become ethical and competent psychologists with a sense of social responsibility and appreciation for diversity;
- Faculty who work in their local communities, demonstrating excellence in their respective areas and serving as role models for students; and
- Graduates who provide services to diverse populations at the individual, family, group, organization, and community levels.

# PROGRAM GOALS

The goals of the Clinical Psychology Doctoral Program are to:

- Train professional psychologists utilizing the Practitioner Scholar training model (i.e., psychologists who provide services to diverse populations based on scientific principles);
- Produce ethical, competent, professional psychologists;
- Produce professional psychologists who are critical thinkers, sophisticated communicators, and life-long learners; and
- Produce professional psychologists who engage in transformative learning and skills building.

# EDUCATIONAL PHILOSOPHY AND TRAINING MODEL

Clinical Psychology is a broad-based specialty that prepares graduates to deliver direct services to individuals and families as well as to provide consultation and evaluation services to systems such as schools, health care, business, and the legal justice system. The Practitioner Scholar model serves as the foundation for the Phillips program. The overarching goal of such training is to develop critical investigators of local (as opposed to universal) realities who are: knowledgeable of research, scholarship, personal experience, and scientific methodology; and able to develop plausible communicable formulations for understanding essentially local phenomena using theory, general world knowledge, including scientific research, and, most important, their own abilities as skeptical scientific observers.

The Clinical Psychology Doctoral Program is a competency-based program that follows the Practitioner Scholar model for the education and training of professional psychologists. In addition to providing education and training in the NCSPP core competency areas, the program emphasizes the development of skills important in working with diverse populations. The combined emphases on systemic thinking and issues of diversity distinguish the program and ensure that graduates are well prepared to work effectively as mental health professionals in our increasingly multicultural society. There will be instances in which students will be asked to reflect on personal experiences in both written and oral presentation. These core competencies (described below) are designed to integrate practical and scientific knowledge with experiences and skills.

#### **RELATIONSHIP COMPETENCY**

The essence of the psychologist includes: intellectual curiosity and flexibility, openmindedness, belief in the capacity for change in human attitudes and behavior, appreciation of individual and cultural diversity, personal integrity and honesty, and belief in the value of self-awareness. Program elements which develop this competency include a variety of clinical skill-building courses, practica, internships and other supervised practice experiences, and a range of mentor and peer relationships.

#### ASSESSMENT COMPETENCY

Effective assessment skills are key to describing, conceptualizing and characterizing clients of

all configurations. Program elements which develop this competency include: content courses focusing on psychological measurement theory and clinical inference, identification of the client, formulation of questions, selection of methods, gathering of information, interpretations and conclusions, verification and cross-validation of findings, issues of reliability and validity, dissemination of findings, diversity issues, and ethical, legal, and administrative issues.

#### INTERVENTION COMPETENCY

The domain of intervention refers to all activities that create and sustain positive functioning and well-being in clients. Program elements which develop this competency include intervention skills that promote positive client development or change. A variety of intervention strategies from various theoretical orientations are provided in classroom and clinical settings, including empirically-based therapies.

#### RESEARCH AND EVALUATION COMPETENCY

Program elements in this area of competency expose students to principles of research methodologies and quality assurance issues, and provide them with multiple opportunities to interpret and apply research findings. A supervised doctoral project, which examines a community-based problem from a theoretical, qualitative or quantitative approach, and results in an applied product derived from science, is an integral part of the program.

# CONSULTATION AND EDUCATION COMPETENCY

Consultation and educational activities are significant parts of psychologists' professional lives. The systemic perspective provides a foundation for the program and is reflected in experiences that prepare graduates to operate within larger organizational settings. Consultation and other professional skills are explored during the practica and other classes.

# MANAGEMENT AND SUPERVISION COMPETENCY

Many graduates serve in managerial or supervisory capacities. Courses in legal and ethical issues, practica, internships, and other clinical teaching and mentoring experiences are provided to develop these skills.

# AREAS OF CONCENTRATION

In addition to foundational training in family and system approaches to psychology, the program offers an emphasis, or core concentration, in either Forensic or Diversity Psychology (see descriptions below). Training in concentration areas affords students the opportunity to gain in-depth knowledge in a specific field of psychology and provides graduates a competitive edge as they pursue employment. All students take the gateway courses to both concentrations: Gender Roles (diversity) and Legal Research (forensic).

Focused training and education in a particular concentration area provides a knowledge base and skill set not common in other doctoral-level professional psychology programs. Core concentrations provide an additional 12 units of emphasis that tie family psychology into the specialized areas of diversity and forensics, and include advanced psychotherapy courses relevant to the concentration area.

Students declare an area of concentration no later than the end of their fourth semester of enrollment. They complete their doctoral project in their area of concentration, and are strongly encouraged to complete at least one of their clinical training rotations (practicum or internship) in this area as well.

# ISSUES OF DIVERSITY AND CULTURE IN FAMILIES AND LARGER SYSTEMS

Diversity psychology prepares the student to work with the ever-evolving pluralistic society in which we live. Courses in this concentration include community mental health for traditionally oppressed and under-served populations, gender and gender roles, and clinical assessment from the perspective of culture and diversity.

#### **FORENSIC ISSUES**

Clinical psychologists with specialized training in forensic issues are well equipped to interface with legal systems. Coursework in this concentration area prepares students to practice clinical psychology in a variety of legal contexts. Curricular offerings include specialized assessment and evaluation techniques with forensic populations as well as courses in legal research, family law, juvenile justice and court testimony.

# THE PROGRAM'S STRUCTURE

The program consists of 96 units of coursework (which includes a doctoral project) plus the full-time, pre-doctoral internship. The program is designed to be completed in five years. All coursework must be completed in residence. During the first year, all students are required to attend the Clinical Psychology Doctoral Program full-time (8 units per term or 16 units for the academic year). Students in the first two years of the program attend classes on Monday evenings and all day on Tuesday. Students in the third and fourth years of the program attend classes on Thursday evenings and all day on Friday.

After completing a year of full-time residency, a student with extenuating circumstances may petition to attend on a less-than-full-time basis. Petitions to attend on less than a full-time basis must be developed by the student in collaboration with her/his academic advisor and approved by the Department Chair. Approved modifications will be indicated on the student's Academic Plan and forwarded to the Office of the Registrar.

The curriculum consists of core courses (usually completed in the first three to five semesters), followed by more advanced coursework, including those required for the concentration area chosen by the individual student. The internship experience is required and may be completed on a full-time basis in the final year of the program (two semesters), or students may elect to distribute the internship over the final two years (four semesters) along with their courses.

Students entering the program with an earned master's degree in psychology may petition to have up to 24 of the 96 units of core coursework transferred to meet degree completion requirements. Students who wish to pursue this option must do so during the admissions process. The following courses are not eligible for transfer: PSY677, PSY683, PSY685, PSY686, PSY687, PSY688, PSY690, PSY714, and PSY800 series.

Students entering the program without a master's degree complete a non-terminal Master of Arts degree that does not lead to licensure. A master's degree is offered following completion of 48 course units, at least one full rotation of practicum, receiving a passing score on the comprehensive examinations, and completion of two portfolio presentations. This typically occurs at the end of Year Two of the program.

Phillips' innovative doctoral program offers students a challenging intellectual environment, provides exposure to appropriate professional role models, and develops those characteristics critical to professional functioning in an

increasingly complex world. The program integrates academic training, experiential learning, and personal development. The Institute's faculty possess extensive clinical, research and teaching experience and are skilled at facilitating students in the development of clinical expertise. The Clinical Psychology Doctoral Program provides the academic preparation necessary for graduates to sit for required licensing examinations in the State of California.

# CLINICAL TRAINING OFFICE

Doctoral students receive assistance with procuring clinical training placements (both practicum- and internship-level training) through the Clinical Training Office (CTO). The CTO provides students with information regarding various approved clinical training opportunities available to them. In addition, the CTO determines student readiness for application to practicum- and internship-level programs. Each student must also obtain CTO approval of the sites to which they intend to apply prior to submitting applications. Once students are placed in approved training rotations, the CTO provides a liaison and quality assurance function to ensure that students' training needs are being met.

#### PRACTICUM-LEVEL TRAINING

Doctoral students are required to acquire clinical experience, known as doctoral practicumlevel training, prior to beginning their predoctoral internship. This practicum-level training requirement is met by completion of a minimum of two separate and approved practicum rotations. A complete practicum rotation lasts for a minimum of nine months and a maximum of 12 months and ranges in commitment from 12-15hours per week. Students who successfully complete both of the minimum practicum rotations accrue approximately 1,200 hours of practicumlevel supervised professional experience before advancing to internship. For those seeking competitive full-time internships, completion of a third practicum rotation is strongly recommended in order to increase their chances of procuring these internships.

#### **INTERNSHIP-LEVEL TRAINING**

Doctoral students are required to complete a minimum of 1,500 hours of supervised professional experience at the pre-doctoral internship level. This experience may be completed as a one-year, full-time internship (during the last year) or two half-time internships (distributed over the last two years of the

program). Internship training programs must either have accreditation by the American Psychological Association (APA) or be a member of or meet membership criteria for the Association of Pre- and Post-Doctoral Internship Centers (APPIC) or the California Psychology Internship Council (CAPIC).

### FACULTY ADVISEMENT

Students are assigned an academic advisor upon enrollment in the program. Students are required to meet with their advisor at least twice per semester. It is the responsibility of the student to contact his/her advisor. The faculty values and welcomes open communication with students. Students are encouraged to make appointments with other members of the faculty to answer questions and seek consultation. All faculty maintain an open door policy.

# **ENTRY OPTIONS**

Students may enter the program in the Fall only. Please call the Office of Admissions at (818) 386-5660, for dates and class schedules.

# ADMISSION REQUIREMENTS

- Prerequisite coursework: 12 units of psychology successfully completed at the undergraduate or graduate level. It is preferred that the units be completed with the following courses: Fundamentals of Psychology; Developmental Psychology; Abnormal Psychology; Statistics; Research; and Cognitive Psychology;
- We are interested in candidates who bring various strengths to the profession; therefore we use a holistic approach to evaluating potential candidates. Candidates would have completed an earned bachelor's or master's degree from a regionally-accredited college or university, ideally with a minimum 3.0 grade point average (GPA).

  Note: A "Grade Point Average Exemption Petition" may allow admission for applicants who do not meet the minimum GPA requirement;
- Demonstration of English proficiency may be required;
- Completion of Phillips Graduate Institute Admissions Application Packet, which includes:
  - Application form

- Goals Statement/Essay
- Three recommendations
- Undergraduate and graduate (if applicable) transcripts
- Résumé/Statement of Experience
- · Application fee; and
- Admissions interview with Clinical Psychology Doctoral Department Chair or his/her designee.

Applicants to the Clinical Psychology program are encouraged to submit a sample of their writing with their application materials.

Please refer to the Office of Student Affairs section beginning on page 50 for details on admissions policies and procedures.

### **DOCTORAL PROJECT**

The Psy.D. doctoral project is original, scholarly work that represents an applied contribution to the field of professional clinical psychology. The doctoral project is conducted independently by the student under the supervision of a faculty member. Students integrate their sequential educational and training experiences (in particular, coursework in a lab, Integrated Research & Statistics I and II, Legal Research, and Program Evaluation) with their studies in their respective core concentration (either Diversity or Forensics). Projects can include program development, program evaluation, development of a new clinical model of intervention, grant proposals, training manuals, etc.

The goals of the Psy.D. project are to: 1) increase knowledge, 2) extend the application of knowledge, and 3) disseminate knowledge about a problem area or about more effective service delivery to health and health-related professionals and paraprofessionals.

Students select a topic and request a Project Chair during the spring semester of Year Three while enrolled in Psy.D. Preparation. They then enroll in three units (for the fall semester of the fourth year, in addition to two units in the spring of the fourth year) of the Psy.D. project, where they collaborate with their Project Chair and a community consultant toward completion of their project. All projects are to be completed at the end of the three-semester course sequence (i.e., upon completion of Year Four in the program). In the rare instance that a student does not complete his/her Psy.D. project in the designated time, he/she will enroll in one unit of Independent Study-Doctoral Project Extension during the subsequent semester. If a student does not complete the project by that semester's end,

then the student must re-enroll in the sequence of PSY800A, and PSY800B until completion. In order to be eligible for graduation, a student must gain approval of his/her doctoral project from the Project Chair and community consultant, and submit the project to the Phillips library for binding.

### GLOBAL ASSESSMENT AND REVIEW

Annually, in June, the faculty conduct an individualized global assessment and review of every doctoral student. This review is intended to provide a comprehensive overview of each student's respective progress in the program. Students receive written feedback on the review, which they are instructed to discuss with their academic advisors. Areas covered include: professional behavior and attributes; written skills; verbal skills; socialization into the field of professional clinical psychology; and mastery of NCSPP core competencies.

# COMPREHENSIVE EXAMINATIONS (COMPS)

All students are required to pass a series of comprehensive examinations that are linked to the areas of core competency as defined by the National Council of Schools of Professional Psychology (NCSPP) after Year Two in the program. In addition, they must present their portfolio of work to a panel of two faculty members (including their academic advisor) and must be making satisfactory academic progress.

### CLINICAL COMPETENCY EXAMINATION (CCE)

Doctoral students will be required to sit for the Clinical Competency Exam in the fall of the fourth year of the program. This exam is an opportunity for students to demonstrate their ability to integrate academic knowledge with clinical skills in an applied manner.

# TEACHING ASSISTANT (TA) OPPORTUNITIES

To support student learning in the area of education and to prepare them for careers in

faculty and academic environments, the program offers TA positions. These positions are competitive and are announced each year in the Spring. TAs are typically used in courses such as statistics, psychodiagnostic assessment, legal research, and doctoral project preparation, in addition to a variety of other courses. TAs are mentored by their respective course instructor, as well as by the Department Chair in a monthly mentoring group.

# **DOCTOR OF** PSYCHOLOGY PSYCHOLOGY

#### 96 UNITS

This program allows students to pursue a Doctorate in Clinical Psychology and qualifies graduates to pursue licensure as a psychologist in Čalifornia.

#### **CURRICULUM**

# Year One

#### FALL SEMESTER • 12 UNITS

PSY677	Psychopathology (3 units)
PSY680	Clinical Interviewing (3 units)
PSY683	Professional Seminar (1 unit)
PSY690	Legal and Ethical Bases of Psychology (2 units)
PSY714A	Diversity Laboratory—I (3 units

# Year One

#### SPRING SEMESTER • 11 UNITS

Personality Theory (3 units)
Family Therapy (3 units)
History and Systems (2 units)
Diversity Laboratory-II (3 units)

# Year Iwo

#### FALL SEMESTER • 12.5 UNITS

PSY6/9	Measurement Theory and Test Construction (2 units)
PSY685	Case Consultation/Practicum—I (2 units)
PSY703A	Psychological Assessment – I: Intelligence Testing (3 units)
PSY704A	Assessment Laboratory-I (0.5 units)

PSY705	Integrated Statistics and Research
	Methods –1 (2 units)

PSY705L Integrated Statistics and Research Methods Lab

PSY740 Family Systems Intervention (3 units)

# Year Iwo

#### SPRING SEMESTER • 11.5 UNITS

PSY686	Case Consultation/Practicum—II (2 units)
PSY691	Cognitive Affective Bases of Behavior (2 units)
PSY695	Lifespan Development (2 units)
PSY703B	Psychological Assessment-II: Measures of Personality (3 units)
PSY704B	Assessment Laboratory-II (0.5 units)

Family Constellations (2 units)

# Year Three

PSYA87

#### FALL SEMESTER • 13 UNITS

(2 units)

PSY692	Biological Psychology (2 units)
PSY716	Integrated Statistics and Research Methods—II (2 units)
PSY741	Cognitive Behavioral Interventions (3 units)
PSY743	Child and Adolescent Interventions (2 units)

Gender Roles (2 units)

Case Consultation/Practicum-III

# Year Three

PSY824

#### SPRING SEMESTER • 13 UNITS

PSY660	Human Sexuality (2 units)
PSY681	Group Therapy (2 units)
PSY688	Case Consultation/Practicum-IV (2 units)
PSY693	Social Bases of Behavior (2 units)
PSY717	Program Evaluation (2 units)
PSY800P	Psy.D. Project Preparation (1 unit)
PSY842	Legal Research (2 units)

# Year Four

#### FALL SEMESTER • 14 UNITS

PSY718 Psychopharmacology (2 units) PSY742 Psychodynamic Interventions (2 units) PSY800A Psy.D. Project-I (3 units) PSY880 Clinical Supervision (2 units) PSY8xx Core Concentration (5 units)

### Year Four

#### SPRING SEMESTER • 9 UNITS

PSY744	Couple and Relational Interventions (2 units)
PSY800B	Psy.D. Project-II (2 units)
PSY8xx	Core Concentration (5 units)

# Year Five

# FALL SEMESTER • 4 UNITS

PSY900A Full-Time Internship (4 units)

# Year Five

#### SPRING SEMESTER • 4 UNITS

PSY900B Full-Time Internship (4 units)

### **PROGRAM** COMPLIANCE

The Phillips Graduate Institute Doctor of Psychology in Clinical Psychology program meets all the academic requirements for licensure as a psychologist in the State of California. Students are encouraged to contact the Board of Psychology (BOP) for complete information regarding licensing requirements (www. psychboard.ca.gov). Most licensing requirements for the State of California are offered on site, through the Office of Continuing Education and Extension.

This doctoral program is designed to meet standards for accreditation by the American Psychological Association (APA). The program is currently developing self-study documents to submit to APA for accreditation review.

# ACADEMIC PROFICIENCY

#### **PSY.D. PROGRAMS**

Any student receiving a grade of B- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

### REQUIREMENTS FOR DEGREE COMPLETION:

DOCTOR OF PSYCHOLOGY IN CLINICAL PSYCHOLOGY

The degree is posted three times yearly; on the last day of December, May, and August. All of the following requirements must be met prior to degree posting:

- Completion of all 96 units of core courses, with an overall GPA of 3.0 or higher;
- Successful completion of two full practicum training programs (minimum of 1,200 hours);
- Child Abuse, Spousal Abuse, Chemical Dependency, Aging/Long Term Care course hours as required for licensure as a psychologist in the State of California;
- Successful completion of eight units of predoctoral internship (minimum 1,500 hours);
- Verification of required hours in personal psychotherapy;\*
- Successful completion of comprehensive exams;
- Successful completion of Clinical Competency Examination (CCE);
- Presentations of portfolios to panel of faculty and peers;
- Successful completion of doctoral project and attached requirements;
- "Intent to Graduate" form on file with the Registrar one semester prior to the date when a student expects to meet all graduation requirements;

- Payment in full of all financial obligations to Phillips Graduate Institute and the California Family Counseling Center;
- Return of all library materials;
- Provision to the library of a copy of the doctoral project, ready for binding; and
- Completion of an exit interview with the Financial Aid Department (Financial Aid recipients only).
- \*Psychotherapy Requirement: In order to become a competent clinical psychologist, an individual must first be willing to work on his/her own issues in a therapeutic relationship. This experience is in keeping with the Phillips Graduate Institute philosophy of theory, experience and application as it represents integrated learning. Therefore, all students are required to engage in 45 hours of psychotherapy during their tenure in the program. Students are advised to complete this requirement prior to their internship year(s). Therapists must be licensed psychologists who are at least three years post-licensure and in good standing with the Board of Psychology. In compliance with APA's ethics code, students may select their therapists from a list of referrals that includes therapists from outside the Phillips community. In addition, students are not required to discuss personal information from the therapeutic context as part of their coursework. The 45 hours should be completed within one calendar year, with one professional, and therapy should take place by Year Three of the graduate school experience. The cost of therapy is to be met by the student. Note: Students are encouraged to enter therapy during their first year in the program.

### COURSE DESCRIPTIONS

PSY660 HUMAN SEXUALITY

#### 2 UNITS

This course addresses the physiological, psychological, and socio-cultural aspects of sexual development, sexual behavior and function, and sexual identity. The effectiveness of current diagnostic and therapeutic approaches in the treatment of sexual disorders is reviewed.

### PSY675 PERSONALITY THEORY

#### 3 UNITS

This course explores the major theoretical approaches to and research on personality and behavior change. Though contemporary theories are discussed, these approaches are surveyed from an historical perspective and include theories and concepts drawn from psychodynamic, behavioral, cognitive, and humanistic-existential models.

### PSY676 FAMILY THERAPY

#### 3 UNITS

This course offers a review of systems theory and family therapy theories and models. The well-functioning family and family psychopathology are considered including factors that may lead to the development of symptoms within a family. The family is also considered within the larger community context. Family assessment techniques are discussed.

### PSY677 PSYCHOPATHOLOGY

#### 3 UNITS

This course addresses individual psychopathology considered within the context of the interaction between individual, family, biological, and environmental factors. Students develop clinical interviewing and diagnostic skills through examination and use of the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR) throughout the course.

# PSY679 MEASUREMENT THEORY AND TEST CONSTRUCTION

#### 2 UNITS

This course examines issues involved with measuring psychological processes, especially viewed from a multicultural perspective (e.g. the effect of race and culture on test results). Measurement theory and the construction and validation of psychological tests and other survey instruments are addressed.

#### PSY680 CLINICAL INTERVIEWING

#### 3 UNITS

Principles of communication and listening skills are introduced, demonstrated, and practiced through didactic and experiential exercises. Throughout the course, students observe therapy conducted by the instructor/psychologist behind a one-way mirror and engage in a discussion of the clinical work observed. Students are also oriented to the practice of psychotherapy (e.g. establishing a therapeutic contract and understanding confidentiality). Students receive "supervision" from fourth-year students to review beginning clinical skills in their videotaped role plays.

#### PSY681 GROUP THERAPY

#### 2 UNITS

This course provides an in-depth understanding of the nature, scope, issues, and processes involved in group interactions. Students engage in skills training through experiential exercises that integrate group theory with actual experience and develop beginning level skills in group facilitation.

#### PSY683 PROFESSIONAL SEMINAR

#### 1 UNIT

This seminar considers the history, context, and profession of psychology and serves to socialize the student into the profession. The roles and responsibilities of psychologists and how they are differentiated from other mental health professionals are discussed. Students craft a curriculum vitae (CV) and professional development plan by the end of the course, and create and present their first of four annual professional portfolios.

# PSY685, 686, 687, 688 CASE CONSULTATION/PRACTICUM COURSES I-IV

#### 2 UNITS EACH

In order to be enrolled in these classes, students must be concurrently engaged in approved practicum-level training.

Students who opt to complete a psychodiagnostic testing practicum (clerkship) must enroll in a clerkship case consultation class, even if the student is completing a clerkship as a third practicum experience. Students receive

consultation from the instructor and feedback from fellow students while discussing clinical, legal, ethical and professional issues pertaining to clients they see at their practicum placements. In addition, students are helped to develop skills in integrating various aspects of clinical work including diversity considerations, rapport building, assessment and diagnosis, case conceptualization, goal setting and intervention, and legal and ethical considerations.

### **PSY690**

LEGAL AND ETHICAL BASES OF PSYCHOLOGY

#### 2 UNITS

This first-year, first-semester-level course prepares students for their practicum and internship work in the field in that it reviews aspects of California and related laws, ethical principles, and professional practice issues relevant to the practice of psychology and psychotherapy. Discussion includes such topics as: confidentiality and privilege, duty to warn, mandated reporting, a review of the American Psychological Association's (APA) ethical code of conduct, and policies established by the California Board of Psychology.

# PSY691

COGNITIVE AFFECTIVE BASES OF BEHAVIOR

#### 2 UNITS

Basic principles and theories of cognitive and affective processes are examined, including the impact of cognition and affect on the individual and social systems, an overview of the brain, physiological mechanisms of emotion and emotional regulation. Attention, memory, learning, and motivation will also be addressed.

### PSY692 BIOLOGICAL PSYCHOLOGY

#### 2 UNITS

Covered in this course are anatomy and physiology, brain and neurological functioning, developmental disabilities, organically-based dysfunction, and chemical and hormonal regulation.

#### PSY693 SOCIAL BASES OF BEHAVIOR

#### 2 UNITS

This course offers a comprehensive study of the traditional approaches to understanding the social aspects of human behavior. Topics include attitudes and attitude change, socialization, attribution theory, social influence theory, interpersonal attraction and small group interaction.

### PSY694

HISTORY AND SYSTEMS

#### 2 UNITS

Considered in this course are the historical and philosophical developments of psychology as well as current psychological theoretical approaches.

### PSY695

LIFESPAN DEVELOPMENT

#### 2 UNITS

This course surveys the theories and research regarding lifespan development, learning, and personality formation, including the impact of social phenomena on human development. Development is addressed from a diverse context with an emphasis on clinical application of material

### PSYZO3A

PSYCHOLOGICAL ASSESSMENTH: INTELLIGENCE TESTING

#### 3 UNITS

This course focuses on the administration, scoring, interpretation, and reporting of the most commonly used measures of intelligence (e.g. VVAIS-III). Students will engage in psychological testing and report writing as essential elements of the course to prepare them for such work in clinical settings. Issues related to the impact of race, gender and culture on intelligence testing are discussed.

# PSY703B

PSYCHOLOGICAL ASSESSMENTH: MEASURES OF PERSONALITY

#### 3 UNITS

Prerequisite: PSY703A.

This course focuses on objective (e.g. MMPI, Millon Inventory) and projective (e.g. Rorschach, projective drawings) assessments of personality. Students engage in psychological testing and report writing as essential elements of this course to prepare them for such work in clinical settings. Issues related to the impact of race, gender and culture on personality assessment are discussed.

### PSY704A-B ASSESSMENT LAB

#### 0.5 UNITS EACH

Prerequisite: Concurrent enrollment in PSY703A-B.

This one-hour assessment laboratory gives students the opportunity to practice administering, scoring, interpreting and synthesizing material covered in class, with the assistance of a teaching assistant.

### PSY705

INTEGRATED STATISTICS AND RESEARCH METHODS — I

#### 2 UNITS

This course offers an overview of statistics and statistical procedures needed by intelligent consumers to critically evaluate research. Topics covered include descriptive statistics, correlation and inferential statistics, sampling theory and applications determining statistical reliability. Students are required to practice statistical applications using Statistical Package for the Social Sciences (SPSS) software. The individual statistics presented are integrated with appropriate research questions and design.

#### PSY705L INTEGRATED STATISTICS AND RESEARCH METHODS LAB

#### 0 UNITS • CR/NCR

This one-hour laboratory allows students to practice and apply statistical knowledge and skills with the assistance of a teaching assistant (TA).

#### PSY711 FAMILY CONSTELLATIONS

#### 2 UNITS

Issues relating to all aspects of family composition in the context of culture are considered, including: traditional and non-traditional family constellations (e.g. single-parent, divorced, blended, bi-cultural, and gay and lesbian); characteristics of healthy families; and the impact of adoption issues, divorce, and chronic illness on the family.

### PSY714A DIVERSITY LABORATORY-I

#### 3 UNITS

This is the first part of a two-semester course sequence which provides students an intensive laboratory experience in which to examine

their beliefs about race, culture, gender, sexual orientation, socio-economic class, physical abilities, religion and aging.

### PSY714B DIVERSITY LABORATORY-II

#### 3 UNITS

Prerequisite: PSY714A.

This course continues the experiential opportunities provided in Diversity Laboratory—with an additional emphasis on issues of oppression and privilege.

### PSY716

INTEGRATED STATISTICS AND RESEARCH METHODS – II

#### 2 UNITS

Prerequisite: PSY705.

Conceptual and methodological issues and techniques, which have been shown to have specific usefulness in psychological research, are the focus of this course. Topics include hypotheses development, use of human participants in research, reliability and validity, observational methods, and survey and longitudinal designs. The Practitioner Scholar model is emphasized with applied research methodologies, including assignments that are applied in nature.

### PSY717 PROGRAM EVALUATION

#### 2 UNITS

Prerequisites: PSY705 and PSY716.

This course explores the research methods related to program evaluation including quantitative, qualitative, and quasi-experimental designs. It is helpful in preparation for the doctoral project and for work in the field of clinical psychology as an evaluator for community clinical programs.

### PSY718 PSYCHOPHARMACOLOGY

#### 2 UNITS

This course reviews the neurobiology and mechanisms of action for commonly prescribed psychotropic medications and issues related to compliance, as well as the effects and side-effects of medications. The roles of gender, culture, age, and related factors on medication use are considered. The roles of the psychologist as a consultant and collaborator are highlighted.

# PSY740 FAMILY SYSTEMS INTERVENTION

#### 3 UNITS

Prerequisite: PSY676.

This course places special emphasis on the use of postmodern or collaborative approaches to therapy for working with individual, couple and family problems. Solution-focused and narrative approaches to therapy are highlighted, and students analyze case material and develop interventions based on these approaches.

### PSY741

COGNITIVE BEHAVIORAL INTERVENTIONS

#### 3 UNITS

Prerequisite: PSY691.

This course reviews the theory and application of cognitive behavioral therapy and assists students in developing therapeutic skills utilizing cognitive behavioral techniques. Empirically supported treatments for a variety of presenting concerns are also reviewed. Interventions designed to impact mood states, thoughts and behaviors are highlighted, rehearsed and practiced.

# PSY742 PSYCHODYNAMIC INTERVENTIONS

#### 2 UNITS

This course provides an historical overview of psychodynamic theory with an emphasis on contemporary approaches to psychodynamic psychotherapy. This includes a review of brief dynamic therapies and treatment of individuals on the narcissistic-borderline spectrum as well as assignments that are applied in nature.

# PSY743 CHILD AND ADOLESCENT INTERVENTIONS

#### 2 UNITS

Prerequisite: PSY695.

This course is designed to review the development and psychotherapy of children and adolescents and to provide an overview of contemporary approaches to treating children and adolescents. Treatment of children and adolescents is considered in the context of family, societal, and cultural factors and assignments are tied to direct clinical application of course material.

# PSY744

COUPLE AND RELATIONAL INTERVENTIONS

#### 2 UNITS

This course examines theory and therapeutic interventions for working with intimate partnerships. An in-depth survey of theoretical models and treatment of relational problems from psychodynamic (e.g. Scharff & Scharff), behavioral (e.g. Jacobsen), integrative (e.g. Christianson), and postmodern or collaborative approaches occurs.

#### PSY795 DIRECTED STUDIES

#### 1-3 UNITS

Independent coursework is provided under the supervision of selected faculty on topics related to Clinical Psychology. Directed studies may be completed for one to three units based on recommendation by the faculty.

### PSY800A-B PSY.D. PROJECT-1 & II

#### 3 UNITS FALL; 2 UNITS SPRING

**Prerequisites:** Passing of Comprehensive Exams and PSY679, PSY705, PSY716, PSY717, PSY800P, and PSY842.

This course assists each student with the development and completion of a literature review and research proposal used as the basis of the student's independent research project. Acceptable methodologies include program development, program evaluation, case study, empirical projects, and manuals on special topics.

#### PSY800P PSY.D. PROJECT PREPARATION

#### 1 UNIT

**Prerequisites**: PSY679, PSY705, PSY716, and concurrent enrollment in PSY717 and PSY842.

This course is the culmination of the research sequence and the prerequisite for both PSY800A and PSY800B. The course will be taught as a graduate seminar with the focus on engaged discussion with some didactic information. The introduction chapter of the doctoral project will be developed. Students will integrate ideas and elements from the research sequence, and will synthesize, analyze, and integrate research results across studies to develop an argument in support of the proposed project. This course will lay the

foundation for students to complete the remaining doctoral project chapters.

#### PSY816 INDEPENDENT STUDY

#### 1-2 UNITS • CR/NCR

In this course students conduct supervised individual research. Approval by the Department Chair and advisor is required prior to enrollment.

#### PSY880 CLINICAL SUPERVISION

#### 2 UNITS

**Prerequisites**: PSY685, PSY686, PSY687, and PSY688.

This course provides a general introduction to the conceptual and empirical literature on clinical supervision and consultation, with an emphasis on systemic and cultural issues. Students will serve as "supervisors" to firstyear students enrolled in the PSY680 Clinical Interviewing course, and will participate in Supervision of Supervision (SOS) over the course of this class.

### PSY900A-B FULL-TIME INTERNSHIP

#### 4 UNITS EACH • CR/NCR

Students are required to complete an internship as part of their academic program. This internship is completed as a full-time, 40-hour per week experience completed over the course of the fifth year of the program. Students complete a minimum of 1,500 hours of supervised clinical experience during this 12-month period. Internships must either have accreditation by the American Psychological Association (APA), or be a member of or meet membership criteria for the Association of Pre- and Post-Doctoral Internship Centers (APPIC) or the California Psychology Internship Council (CAPIC).

### PSY901A-D PART-TIME INTERNISHIP

#### 2 UNITS EACH • CR/NCR

Students are required to complete an internship as part of their academic program. This internship is completed as a part-time, 20-hour per week clinical experience distributed over the last two years of a student's academic program. Students complete a minimum of 750 hours of supervised clinical experience each year. Internships must either have accreditation by the American Psychological Association (APA), or be a member of or meet membership criteria for the Association

of Pre- and Post-Doctoral Internship Centers (APPIC) or the California Psychology Internship Council (CAPIC).

# GATEWAY CORE CONCENTRATION COURSES

#### PSY824 GENDER ROLES

#### 2 UNITS

This course provides students with an orientation to sex roles and gender, focusing on relevant concepts and constructs inherent in theory, research, and the responsible practice of professional psychology. An emphasis is placed on facilitating students' understanding of personal sex-role attitudes and behaviors and incorporates this knowledge into the learning process. Course content reflects contemporary views on sex roles and gender, leaning toward well-rounded, inclusive hypothetical reasoning while simultaneously highlighting the limitations of dichotomous frameworks. Students are encouraged to think authentically and critically, integrating diverse perspectives, personal experiences and knowledge in relation to clinical practice issues.

### PSY842 LEGAL RESEARCH

#### 2 UNITS

Prerequisite: PSY690.

This course introduces students to some of the practical tools relevant to medical-legal research, writing and analysis, as well as developing a beginning comfort level with accessing legal materials. Interpreting case law, understanding the implications of statutory and court rulings, and considering policy implications are also discussed.

# **DIVERSITY COURSES**

### **PSY820**

INTEGRATING DIVERSITY IN PSYCHOLOGICAL ASSESSMENT

#### 3 UNITS

Prerequisites: PSY703A and PSY703B.

This course focuses on assessing adults' and children's intellectual, personality and psychological functioning within contexts of diversity (ethnicity, language fluency, gender, sexual orientation, socio-economic status, abilities-disabilities, age). Critical analysis and appropriate application of "mainstream" assessment instruments are emphasized, in combination with assessment methods which are designed for more accurate assessment of specific cultural groups. The literature on multicultural assessment guides the process of interpreting test results and relevant data in relation to dimensions of diversity.

#### PSY821 DIVERSITY-RELATED INTERVENTION COMPETENCIES

#### 2 UNITS

This course builds on students' basic clinical skills by emphasizing competencies which are essential for working with clients from diverse populations (ethnicity, language fluency, gender, sexual orientation, socio-economic status, abilities-disabilities, age). The course assists students' development of meaningful guidelines for providing ethical and effective care to diverse clients. The course focuses on the culturally appropriate use of mainstream interventions, and introduces interventions which are designed to meet the needs of specific cultural groups. Course content and process are informed by the literature and diversity-related guidelines adopted by the American Psychological Association (APA).

### PSY822

MULTICULTURAL AFFIRMATIVE THERAPY WITH GAY MEN, LESBIANS AND BISEXUAL PERSONS

#### 2 UNITS

This course provides students with an overview of prominent mental health issues and clinical considerations relevant to working with lesbian, gay male, and bisexual clients from diverse cultural backgrounds. These are explored within the context of diverse world views, lifestyles and life experiences. Analysis of social, economic, cultural, racial, and political factors are integrated with the psychological literature to inform multifaceted conceptualization of cases, clinical formulations, and affirmative intervention strategies. Didactic and interactive/experiential approaches are used to provide information in specific content areas and to facilitate students' evolving self-awareness as clinicians.

### **PSY825**

COUNSELING PEOPLE WITH DISABILITIES

#### 1 UNIT

This course develops students' clinical skills necessary for working with clients who experience various types and degrees of disabilities. The course emphasizes the diversity and multidimensional needs of people with disabilities, relevant methods of assessment/evaluation, and crucial considerations for appropriate interventions. The impact of sociocultural factors, including the context of ongoing prejudice and discrimination, are integrated throughout the course.

# PSY826 CONSULTATION IN DIVERSE SETTINGS

#### 2 UNITS

This course orients students to the fundamental competencies necessary for functioning as a consultant in various types of settings. Generic principles of effective consultation are emphasized in organizations with diverse staff and clients. Students explore specific consultation activities, ethical practices, and common challenges encountered in the role of consultant. Distinctions are made between consultation and direct service provision. The literature on consultation and diversity issues guides classroom activities and assignments.

# **FORENSIC COURSES**

# PSY841

INTRODUCTION TO FORENSIC
PSYCHOLOGY AND CONSULTATION IN
FORENSIC SETTINGS

#### 2 UNITS

This course introduces students to the fundamentals of forensic psychology, understood as the study of psychology and law, criminal justice, and mental health. Emphasis is given to broad thematic coverage of relevant theory, policy and practice as well as an overview of the various settings and institutions wherein forensic psychology is applicable. Instruction on the role of the clinical psychologist as a consultant to forensic settings is included.

#### PSY843 FORENSIC ASSESSMENT

#### 3 UNITS

**Prerequisites:** Completion of or concurrent enrollment in PSY703A, PSY703B, PSY677, and PSY842.

An examination of the specific assessment issues encountered in forensic settings, this course discusses the typical questions posed to forensic psychologists. It also discusses the need to present psychological data in a format that is meaningful to the court system and other institutional settings. Examples of issues covered include: competence evaluations, mental status at the time of the offense and compensation evaluation.

### PSY844 PSYCHOLOGY AND FAMILY LAW

#### 2 UNITS

**Prerequisites**: PSY677, PSY703A, PSY703B, and PSY842.

This course examines the roles that civil and criminal legal systems assume, through case and statutory decisions, in the lives of families. It also helps students interface as psychologists with the juvenile and family court systems. The psychological impact of the law and decisions of the court systems on families is discussed in terms of child custody evaluations and divorce mediation. The theory and practice of problem identification, conflict resolution, and dispute resolution counseling are addressed as they apply in forensic mediation settings. Therapeutic interventions for individuals and families involved in the legal system are also addressed.

# PSY845 DEPOSITIONS AND COURT TESTIMONY

#### 1 UNIT

Prerequisites: PSY690 and PSY842.

This course covers subpoenas, depositions, and court testimony, as well as the types of court documents and pleadings a psychologist would need to understand in order to feel comfortable in participating in the legal system. Differences between testifying as a treating psychologist versus an expert witness are addressed.

### PSY846 JUVENILE JUSTICE FORENSIC PSYCHOLOGY

#### 2 UNITS

This course considers the unique status of juvenile offenders in the legal system and the needs of these offenders. Theories of delinquency are explored along with evaluation, treatment, and consultation issues. A developmental approach is taken and compared with a DSM approach to children with differing developmental trajectories. The issues and implications of trying juvenile offenders as adults are addressed.

### **ELECTIVES**

### PSY657 APA WRITING

#### 1 UNIT

This course is designed to provide a hands-on teaching experience for those students needing assistance with APA format, style and structure.

### **PSY745**

ANXIETY DISORDERS: EMPIRICALLY SUPPORTED INTERVENTIONS

#### 1 UNIT

Prerequisite: PSY741.

This course offers a more advanced approach to using empirically supported interventions in the treatment of anxiety disorders.

# EXTENDED COURSEWORK

### PSY696 CASE CONSULTATION EXTENSION

#### 2 UNITS • CR/NCR

This course offers additional training to students who may need it based on the following: 1. Students completing a third optional practicum that is psychodiagnostic (i.e. clerkship); 2. Students who successfully complete coursework in the Case Consultation HV series, but do not successfully complete a concurrent practicum; and 3. Students who have been mandated by the CPDP program to complete a third practicum. May be repeated for credit.

#### PSY800E DOCTORAL PROJECT COMPLETION EXTENSION

#### 1 UNIT • CR/NCR

**Prerequisite**: PSY 800B (with a letter grade of B- or better).

This course is designed for students who do not complete the doctoral project during the Doctoral Project Sequence (PSY800P, PSY800A and PSY800B). It is individually-tailored to ensure the prompt completion of the student's doctoral project by providing the faculty support and mentorship required to complete. Course may be repeated for credit of up to two units. If not completed in that time frame, the student will need to reenroll in PSY800A or PSY800B until the doctoral project is completed.

### PSY900E FULL-TIME INTERNISHIP EXTENSION

#### 0 UNITS • CR/NCR

Mandatory for students whose internship extends across terms.

### PSY901E PARTITIME INTERNSHIP EXTENSION

#### 0 UNITS • CR/NCR

Mandatory for students whose internship extends across terms.

# Doctor of Psychology (Psy.D.) in Organizational Consulting

### MISSION STATEMENT

To educate and train organizational leaders and consultants who understand human relations, business environments, and the dynamic potential of diversity in the workplace, and who are equipped to lead or assist corporate and nonprofit organizations through change and growth in a global economy.

### PROGRAM GOALS

Our Organizational Consulting program focuses on leadership, problem solving, team building, and change management skills and strategies as students:

- Learn to be more effective consultants or managers, able to understand and coordinate diverse activities and perspectives within a multicultural, global society;
- Learn the latest frameworks for making sound business decisions with a systemic focus;
- Find ways to challenge personal and organizational paradigms, and implement and sustain positive change;
- Develop a management toolkit that can immediately be applied in the work setting;
- Gain hands-on experience in team leadership and team membership and learn to integrate differing opinions and personalities for positive outcomes;
- Explore emerging trends as they relate to professional practice, using the systematic process of action or applied research as a mode of inquiry for seeking response and/or resolution to organizational challenges;
- Are supported and challenged by faculty who are experienced in organizational leadership and current management research, are adept at leading an executive classroom, and are sought-after as consultants to leading organizations; and
- Network and learn with fellow students representing a variety of industries, functions, and organizations, and whose diverse experiences contribute to an atmosphere of vibrant information exchange.

# EDUCATIONAL PHILOSOPHY AND TRAINING MODEL

Phillips Graduate Institute's Organizational Consulting (OC) Program is designed to enhance the personal and professional skills of consultants, managers, and leaders. Organizations large and small, for-profit and non-profit, are increasingly using people with behavioral science education and training to address a wide range of human systemsrelated issues in the workplace. The application of psychology to business is a booming and expanding field, and the focus of Phillips' program is to educate and train consultants ready to meet the challenges of organizations in the 2<sup>1</sup>st Century. Building on three decades of research and experience in human relations, the OC Program integrates human dynamics with contemporary business practice. Like other Phillips programs, we emphasize a three-dimensional approach to learning. Students participate in an interdisciplinary curriculum that combines academic instruction, hands-on application, and personal and professional development.

The Organizational Consulting Program is designed around four distinct competency areas, or "domains." Through these domains, students gain knowledge, skills, and an appreciation for diverse values and attitudes: Domain A, Trainee Self Assessment and Development, consists of personal values and ethics, self-assessment and management, professional development and life-long learning, and individual and professional accountability; Domain B, Knowledge-Based Fundamentals, includes organizational behavior—science and applications, business pragmatics (corporate, nonprofit structure/ processes/products), and legal issues and organizational responsibility; Domain C, Mediating/Process Competencies, consists of communication, critical thinking, systems thinking, and strategic thinking; and **Domain D**, Operational Competencies, includes multilevel organizational appraisal and assessment, multilevel organizational intervention, multilevel program evaluation, collaborative/team-oriented behavior, and applied professional ethics.

Founded on Phillips Graduate Institute's core values of appreciation for diversity, integrity, the challenge to grow and develop, collaborative involvement, and contribution to positive social change, the OC Program applies a systemic philosophy to organizational and social change. Our program focuses on training students to become consultants and members of organizations where people continually

expand their capacity to create desired results, and where new and expansive patterns of thinking are nurtured. Our graduates are knowledgeable in concepts and theories of diversity, strategic change, global business, communications management, action research, entrepreneurship, and leadership. They are able to assess, analyze, develop, and implement creative solutions, and to be agents of change for individuals and organizations.

# THE PROGRAM'S STRUCTURE

Coursework is taken for eight semesters over a two-and-a-half-year period. Classes are held on Saturdays from 8:00 a.m. to 6:00 p.m., with occasional Wednesday evening classes from 6:00 p.m. to 10:00 p.m.

# FIELD PLACEMENT SERVICES

Phillips Graduate Institute students in the Organizational Consulting program receive assistance with their field placement through the OC department. The department has business partnerships with several organizations, enabling students to strengthen their organizational assessment, leadership and consulting skills through four semesters of field-based experiences.

Through the Practicum in Consultation courses, students have the opportunity to observe and participate in consulting projects conducted by independent consultants or by OC faculty members in their own consulting practices. Through the Field-Based Consulting courses, students receive expanded training opportunities by working directly with organizational clients. Additionally, courses in Strategic Planning, Executive Coaching, Organizational Teamwork and Conflict Management, International Organizational Development, and Consultation Skills for Global Business provide students with the tools needed to build a successful consulting practice.

# FACULTY ADVISEMENT

Students will be assigned an academic advisor within the first two weeks of enrollment at Phillips Graduate Institute. Students are required to meet with their advisor early in the first semester and

at least once each semester until completion of their degree. The faculty values and welcomes open communication with students. Students are encouraged to make appointments with other members of the faculty who will answer questions and provide consultation.

# ACADEMIC PROFICIENCY

#### **PSY.D. PROGRAMS**

Any student receiving a grade of B- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

### **ENTRY OPTIONS**

Students may enter the program in the Fall. Please call the Office of Admissions at (818) 386-5660, for dates and class schedules.

### ADMISSION REQUIREMENTS

- Prerequisite coursework: 12 units of social sciences successfully completed at the undergraduate or graduate level;
- Completion of an earned bachelor's degree from a regionally-accredited college or university with a minimum 3.0 grade point average (GPA).

Note: A "Grade Point Average Exemption Petition" may allow admission for applicants who do not meet the minimum GPA requirement;

- \_\_\_\_
- Demonstration of English proficiency may be required;
- Completion of Phillips Graduate Institute Admissions Application Packet, which includes:
  - Application form
  - Goals Statement/Essay
  - Three recommendations

- Undergraduate and graduate (if applicable) transcripts
- Résumé/Statement of Experience
- Application fee; and
- Admissions interview with Organizational Consulting Department Chair or his/her designee.

Please refer to the Office of Student Affairs section beginning on page 50 for details on admissions policies and procedures.

### DOCTOR OF PSYCHOLOGY IN ORGANIZATIONAL CONSULTING

#### 96 UNITS

The curriculum provides students with the required coursework for the Doctor of Psychology and prepares them for careers in organizational consulting and management. At the completion of the program, students will demonstrate through the preparation of a professional portfolio or a dissertation project competencies in the four domains.

#### **CURRICULUM**

#### FIRST SEMESTER • 12 UNITS

OC803	Psycholog Profession (4 units)	gy of Perso nal Develor	nal and oment (g	uided)
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OC805 Interpersonal Communication (4 units)

OC809 The Practice and Profession of Consulting (4 units)

#### SECOND SEMESTER • 12 UNITS

OC806	Organizational Theory (4 units)
OC818	Research Methodology (4 units)
OC845	Foundations of Business: Structures and Processes (guided) (4 units)

#### THIRD SEMESTER • 12 UNITS

OC739	Applied Research Methods (4 unit
OC830	Self-directed: Practicum in Consultation A: Design and Conduct of Organizational Assessments (4 units)
OC848	Self-directed: Practicum in

Self-directed: Practicum in Consultation B: Process Intervention and Consultation (4 units)

#### FOUTH SEMESTER • 12 UNITS

OC812	Legal and Ethical Decision Making in Organizations (4 units)
OC904	Strategic Planning (guided) (4 units)
OC932	Cultural Intelligence: Consultation Skills for Global Business (4 units)

#### FIFTH SEMESTER • 12 UNITS

OC815	The Psychology of Behavior in Organizations (4 units)
OC833	Organizational Teamwork and Conflict Management (4 units)
OC924	Personnel and Human Resources Management (guided) (4 units)

#### SIXTH SEMESTER • 12 UNITS

OC928	Field-Based Consultancy A (4 units)
OC936	Portfolio Presentation/Dissertation Project A (4 units)
OC940	Field-Based Consultancy B (4 units)

#### SEVENTH SEMESTER • 12 UNITS

OC842	Training, Development and Communications Theory (4 units)
OC916	Organizational Leadership (4 units)
OC937	Portfolio Presentation/Dissertation Project B (4 units)

#### EIGHTH SEMESTER • 12 UNITS

OC824	Diversity Issues in Organizations (4 units)
OC908	Leading and Managing Organizational Change (4 units)
OC920	Executive Coaching (guided) (4 units)

### ACADEMIC PROFICIENCY

#### **PSY.D. PROGRAMS**

Any student receiving a grade of B- or below in a course must retake the course, demonstrating sufficient mastery of the course content. Retaking a course may delay program completion and graduation. The student must meet with his or her academic advisor to discuss the impact of repeating a course on program completion. The original grade received in the course, as well as the grade received upon retaking the course, are both averaged into the student's cumulative grade point average.

### REQUIREMENTS FOR DEGREE COMPLETION:

DOCTOR OF PSYCHOLOGY IN ORGANIZATIONAL CONSULTING

The degree is posted three times yearly; on the last day of December, May, and August. All of the following requirements must be met prior to degree posting:

- Completion of all 96 units of core courses, with an overall GPA of 3.0 or higher;
- Successful completion of portfolio or dissertation project requirements and presentation of portfolio or dissertation project to panel of faculty and peers;
- "Intent to Graduate" form on file with the Registrar one semester prior to the date when a student expects to meet all graduation requirements;
- Payment in full of all financial obligations to Phillips Graduate Institute;
- Return of all library materials; and
- Completion of an exit interview with the Financial Aid Department (Financial Aid recipients only).

# COURSE DESCRIPTIONS

OC739 APPLIED RESEARCH METHODS

#### 4 UNITS

The course emphasizes the use of research for the purposes of organizational diagnosis, assessment, program and intervention evaluation, and other organizational development issues. Students design and conduct an organizational research project that includes data collection, analysis and preparation and presentation of a final report.

OC805 Interpersonal communication

#### 4 UNITS

This course teaches students the importance of empathic listening and provides practical lessons to develop their ability to become empathic listeners. The course focuses on helping students understand the qualitative difference between ordinary listening and developing a deeper level

of trust. Using readings from books, the original work of the instructor, practical exercises, oral presentations and class discussions, students develop skills that assist them in developing interpersonal relationship that enhance their effectiveness as consultants. Students are able to identify salient issues for their clients and earn their confidence.

OC803
PSYCHOLOGY OF PERSONAL AND
PROFESSIONAL DEVELOPMENT

#### 4 UNITS

The course is designed to increase personal and professional awareness. Students will explore issues of responsibility and accountability to self, owners, employees, customers, and the local and global community. Topics will include learning styles; skills assessment; developing personal and organizational values, missions and visions; giving and receiving feedback; group formation; and standards of professional practice, professional associations and journals. Focus is placed on developing and maintaining professional relations, goal setting, contracting, designing professional presentations and project management for internal and external consultants. Students will discuss issues of personal responsibility and accountability in the organization; and will learn how to set goals for greater personal and organizational effectiveness.

OC806 Organizational theory

#### 4 UNITS

Major theories of organizational structure and leadership are explored. The course covers organizational structures and functions, organizational designs, culture, and environmental influences, and their relevance in a highly technological, unpredictable work environment. A systems approach to organizational design and administration is emphasized. Students gain an insight into organizational change (incremental, transitional, transformative and strategic) and the application to systems change work. The course offers the fundamentals of various organizational interventions.

OC809 THE PRACTICE AND PROFESSION OF CONSULTING

#### 4 UNITS

This process-oriented course for internal and external consultants explores the history of consulting and organizational development, and various views of the consulting process. Topics covered include marketing, contract negotiating and fee setting as strategies for building a successful consulting practice. Emphasis is placed on acquiring a working knowledge of the various phases of consulting including establishing and maintaining professional relationships, defining the consultant's role, setting goals and objectives, identifying and collecting information, writing reports, and presenting feedback.

OC812 LEGAL ISSUES AND ETHICAL DECISION-MAKING IN ORGANIZATIONS

#### 4 UNITS

An introduction to the legal, ethical and social issues facing managers in a variety of organizational settings. Business law, as well as theories of ethics and social responsibility are discussed and then applied to real-life settings involving employees, consumers, government, and society. Students explore important topics including whistle blowing, discrimination, advertising and product safety.

OC815 PSYCHOLOGY OF BEHAVIOR IN ORGANIZATIONS

#### 4 UNITS

An exploration of organizational behavior at three levels: the individual, the group and the organizational system. Beginning with the individual level, this course reviews the psychological foundations of individual behavior in organizational settings. The analysis continues to the group level where students discuss how diversity and individual differences, motivation, power relationships, and other factors affect the behavior of groups of employees. Finally, students apply their understanding of individual and group behavior to organizational behavior and culture. Emphasis is placed on how an organization's structure, technological processes, work design, performance appraisal and reward systems, and culture affect both the attitudes and behavior of employees.

OC818 RESEARCH METHODOLOGY

#### 4 UNITS

Students are guided in the investigation and application of qualitative and quantitative research design. The activities of the course emphasize methods of inquiry and evaluation of issues facing organizations. Course work includes definition of problems, construction of samples, review of research and popular literature, data collection and analysis and interpretation of results. Students develop a research proposal for inquiry into an area of professional practice. Upon completion of the course students will have a working knowledge of action and applied research methods, assessment, and evaluation and will be able to discern the fundamental elements and quality of research articles.

OC824 MULTICULTURAL ISSUES IN ORGANIZATIONS

#### 4 UNITS

Interpersonal and strategic issues of diversity in the workplace both in the United States and abroad are introduced. Using case studies, literature and popular media, students explore definitions of diversity, the structure and dynamics of diversity in organizations and their organizational behavior implications. The course uses multiple levels of analysis to explore theory, research and strategies for managing and leveraging differences and creating inclusion in today's multicultural society.

OC830

PRACTICUM IN CONSULTATION A: DESIGN AND CONDUCT FOR ORGANIZATIONAL ASSESSMENTS

#### 4 UNITS

Students work under the guidance of an assigned faculty advisor to develop consulting skills by gathering relevant data, and by integrating and applying knowledge and skills learned in courses. This is a two-semester experience that consists of between 120 and 160 hours of contact with an active organizational consultant. Students will study various components of organizational assessment and problem-solving including problem identification, analysis of causes, analysis of possible solutions and action planning. Focus is placed on the ethical and professional issues involved in maintaining an active consulting practice as well as multicultural issues in establishing working relationships with organizations. The Practicum courses provide opportunities for students to develop skills related to values and ethics, selfassessment and management, individual and professional accountability, communications, and collaborative/team-oriented behavior.

OC833

ORGANIZATIONAL TEAMWORK AND CONFLICT MANAGEMENT

#### 4 UNITS

The study of team design for high performance in organizations is the focus of this course. The course explores major theoretical formulations regarding leadership, group effectiveness, conformity and role behavior, and the application of group facilitation and team building exercises within diverse, multinational organizations. Students develop knowledge, skills and techniques necessary for assisting organizations in creating high performance teams; recognizing inherent elements of team development; exploring the essential components of high performance teams; studying the impact of all team members on team productivity; developing skills for assisting organizations in improving team members communication and strengthening team members relationships; and developing skills for presenting professional teambuilding trainings within the organizational environment. In addition, the course helps students develop strategies for dealing constructively with conflict in organizational contexts, including diagnosing disagreements.

OC842

TRAINING, DEVELOPMENT AND COMMUNICATIONS THEORY

#### 4 UNITS

An introduction to contemporary theories of communication strategy and how they apply to identity, relationship and information flow within the organization. Students develop dialogue skills for personal effectiveness; identify and promote communities of practice; design, execute and evaluate communications strategies; and create, implement and assess communications plans to deepen organizational brand and identity. Training and development focus on using communication skills to train and develop employees. Methods of evaluating programs will be covered and will include a discussion of designs used to evaluate training. Students will gain experience designing and conducting training projects.

OC845

FOUNDATIONS OF BUSINESS: STRUCTURES AND PROCESSES

#### 4 UNITS

An overview of business basics in today's business environment including accounting, finance, and marketing for both large and small organizations. Focus is placed on the study of entrepreneurship as students employ common business language and tools in the development of a business plan suitable for actual use for an existing or prospective business. Students develop skills in writing and assessing the effectiveness of a detailed business plan, gathering and analyzing relevant data; identifying sources for developing a business plan; developing a marketing and financial management plan; and assessing how background, personality and business experience relate to entrepreneurial success.

OC848

PRACTICUM IN CONSULTATION B: PROCESS INTERVENTION AND CONSULTATION

#### 4 UNITS

Continuation of OC830, in which students work under the guidance of an assigned faculty advisor with a focus on developing consulting skills by gathering relevant data and integrating and applying knowledge and skills learned in courses.

OC904 STRATEGIC PLANNING

#### 4 UNITS

The course presents a theoretical basis for the application of strategic planning and technology in for-profit and nonprofit organizations. Through readings and case studies students build an understanding of the process, tools and techniques appropriate to strategic planning. By participating in the preparation and presentation of a strategic plan, students develop skills in assessing internal and external organizational environments; exploring organizational opportunities and threats; developing vision and mission statements; and conducting gap analyses.

OC908
LEADING AND MANAGING
ORGANIZATIONAL CHANGE

#### 4 UNITS

The course provides several theoretical perspectives on organizational change, and explores how to use strategic objectives to drive

change. Focus is placed on creating learning organizations, and how leadership, sponsorship, organizational culture and change agents affect the change process. The interaction between leadership, strategic planning and effective decision-making are analyzed. Students assess key success factors for planning, implementing and sustaining organizational change.

OC916 Organizational leadership

#### 4 UNITS

Issues of leadership style, gender, diversity and the evolution of research, practice and trends in leadership are addressed as they pertain to the demands of today's business leaders. A survey of leadership theory and research; characteristics of leaders, and psychological and social correlates of leadership is conducted. Special emphasis will be placed on issues of contemporary leadership in times of organizational and societal turmoil and on personal and organizational factors that impact leadership effectiveness.

OC920 EXECUTIVE COACHING

#### 4 UNITS

The Executive Coaching course provides students with a solid foundation in the stages and processes used in executive coaching. Students are trained in the use of behavioral science-practitioner models that are applied in executive, business and personal coaching practices. Emphasis is placed on the coaching conversation; and on the stages of coaching including client education, data collection, planning, behavioral change, measurement, evaluation and maintenance. Students develop skills in listening and questioning, assessing executive strengths and needs; using instrumentation; and giving feedback.

OC924 HUMAN RESOURCES MANAGEMENT

#### 4 UNITS

Students explore various aspects of human resources management including managing creativity and diversity, components of HR systems, selection systems, compensation policies, employee safety, legal issues in HR, and conflict resolution. The course explores the role human resources plays in organizations and emphasizes workforce planning and linking human resources strategy to business outcomes.

OC928 FIELD-BASED CONSULTANCY A

#### 4 UNITS

This course is the culminating field-based experience and requires independent work by the students. The two-semester course involves between 240 and 360 hours of direct experience with an approved client organization. Students will be directly responsible for circumscribed independent projects of specified portions of larger organizational client projects. The consultancy will involve the creation of a multilevel organizational appraisal and assessment; and articulation and documentation of a sequence of processes and procedures for an intervention. The nature and scope of all major tasks are described in a consultancy contract developed by the student, field-based supervisor and the program's field-training coordinator. The primary focus of this experience is the development of student skills and ability as related to operational competencies.

OC932

CULTURAL INTELLIGENCE: CONSULTATION SKILLS FOR GLOBAL BUSINESS

#### 4 UNITS

Students develop knowledge and skills in implementing the consulting process in international and multinational businesses. The course explores methods and techniques for the contracting, diagnosing and intervention stages of the consulting process. Coaching, alternative approaches to team development, and intergroup interventions are addressed. In addition, students learn to design, facilitate and implement systems and business change in a global business environment.

OC936/OC 937
PORTFOLIO PRESENTATION/DISSERTATION
PROJECT A, B

#### 4 UNITS EACH

Students are required to complete either a portfolio project or an evaluation/dissertation project. Through the portfolio project, students provide examples of the ways in which the field-based consultancy enhanced their competency level in multilevel organizational appraisal and assessment and multilevel organizational intervention. Topics applied through the portfolio project include reflection and refinement of practice based on inquiry. Students make an inquiry into their organizational consulting knowledge, skills and attitudes. The complex set of practices comprising effective organizational consulting are reviewed by each student as

he/she selects course work samples illustrating personal and professional development through the program.

The dissertation project represents the culmination of the Psy.D. student's academic training and the student's entry into a consulting or academic career. The dissertation project is completed under the supervision of faculty, but is substantially the student's independent organizational research or evaluation. Students are required to design and conduct in-depth, independent organizational research on a topic of their choosing.

OC940 FIELDBASED CONSULTANCY B

#### 4 UNITS

The continuation of OC928, this course is designed to be more complex than the practicum course and requires independent work by the student. Students complete between 240 and 360 hours of direct experience with an approved client organization and may opt for a new field-based consultancy experience or a continuation of the consultancy developed in OC928.

OC950

PORTFOLIO PRESENTATION/DISSERTATION PROJECT EXTENSION

#### 1 UNIT

This course is a continuation of OC937.

# OFFICE OF STUDENT AFFAIRS

The Office of Student Affairs is a resource for all candidates interested in the programs offered at Phillips Graduate Institute. This section is designed to provide students with information regarding admissions policies and procedures, tuition and fees, financial aid, and academic and administrative policies and procedures.

### **CAMPUS VISITATION**

Potential students are strongly encouraged to visit the campus and meet with an admissions counselor to gather information about programs, learn about student life at Phillips Graduate Institute, and review requirements and the application process. Additionally, we regularly offer information receptions to provide potential students with information about the school, the programs, admissions policies and procedures, and financial aid.

Admissions counselors are available to answer questions and assist candidates through their research of graduate studies and application to Phillips. Regular business hours are 9:00 a.m. to 6:00 p.m. Monday through Thursday, and 9:00 a.m. to 5:00 p.m. on Friday. Call (818) 386-5660 or e-mail info@pgi.edu for additional information or assistance.

# PREREQUISITE REQUIREMENTS

All applicants to Phillips Graduate Institute must have completed an earned bachelor's degree from a regionally-accredited college or university. Degrees from programs that are "approved" rather than accredited are not acceptable for application to Phillips. Applicants currently enrolled in a bachelor's program may apply to Phillips, but must have their degree conferred prior to the start of the semester for which they are applying.

The following degree programs require a minimum of 12 units of social sciences at the undergraduate level:

- Master of Arts in Psychology with an emphasis in Marriage and Family Therapy;
- Master of Arts in School Counseling;
- Master of Arts in School Psychology; and
- Doctor of Psychology in Organizational Consulting

The following programs have specific coursework requirements:

Master of Arts in Psychology with an emphasis in Marriage and Family Therapy/Art Therapy. Prerequisite coursework must include a minimum of 12 units of psychology with specific coursework in developmental psychology and abnormal psychology. In addition, applicants to this program must have a minimum of 18 units of studio art (as required by AATA and ATCB), and submit a portfolio of 10 examples of the applicant's art work to be reviewed as part of the interview process.

Applicants interested in the concentration option apply under the MFT department admissions guidelines. The Goals Statement/Essay for these applicants must clearly demonstrate their interest in art therapy. They should also be prepared to demonstrate this interest as part of the interview process. Concentration students are not eligible to apply for the ATR.

Doctor of Psychology in Clinical Psychology. Prerequisite coursework must include a minimum of 12 units of psychology completed in a regionally accredited college/university program with a letter grade of "B" or above. This coursework should cover at least four of these six content areas: Fundamentals of Psychology, Developmental Psychology, Abnormal Psychology, Statistics, Research, and Cognitive Psychology.

In the event that an applicant's previous coursework does not include the required classes, he/she may be granted the opportunity to complete any outstanding coursework prior to or during his/her enrollment in a Phillips program upon the approval of the Department Chair.

### GRADE POINT AVERAGE REQUIREMENTS

Academic integrity and achievement are important at Phillips Graduate Institute. Therefore, there are minimum grade point average (GPA) requirements for regular admission standing into all programs. A student must have a minimum 3.0 cumulative grade point average (on a 4.0 scale) for his/her bachelor's degree or master's degree, if applicable. Applicants who do not meet the minimum 3.0 GPA requirement must submit a "Grade Point Exemption Petition" to be considered for admission. Such applicants may be admitted based on the evaluation of the "Grade Point Average Exemption

Petition" by the academic program to which they are applying (see page 52).

# APPLICATION DEADLINES

#### MASTER'S PROGRAMS

#### **FALL 2008 SEMESTER**

PRIORITY APPLICATION DEADLINE

April 16, 2008

CLASSES BEGIN

August 25, 2008

#### **SPRING 2009 SEMESTER**

PRIORITY APPLICATION DEADLINE

November 15, 2008

CLASSES BEGIN

January 5, 2009

#### **SUMMER 2009 SEMESTER**

PRIORITY APPLICATION DEADLINE

April 16, 2009

**CLASSES BEGIN** 

May 12, 2009

### DOCTORAL PROGRAMS

#### **FALL 2008 SEMESTER**

PRIORITY APPLICATION DEADLINE

January 29, 2008

CLASSES BEGIN

August 25, 2008

#### **FALL 2009 SEMESTER**

PRIORITY APPLICATION DEADLINE

January 29, 2009

**CLASSES BEGIN** 

August 29, 2009

Applications are accepted on a "rolling" basis, which means the Admissions Committee will review eligible candidate files until there are no openings left in the entering class. We strongly encourage all applicants to submit their materials by the Priority Application date so they can be considered for admission for the semester in which they wish to start. Please note that not all programs start each semester.

# APPLICATION PROCESS

- Visit the Phillips web site (www.pgi.edu) to download a copy of the Admission Application Packet.
- Read all information in the application packet regarding admissions policies and procedures, including instructions on completing the following components of your application:
  - Application form;
  - Goals Statement/Essay;
  - Three letters of recommendation;
  - Official copies of all college transcripts;
  - Résumé/Statement of Experience; and
  - Payment of application fee.
- 3. Submit all required application documents and application fee to:

Office of Admissions Phillips Graduate Institute 5445 Balboa Boulevard Encino, CA 91316-1509

Original documents are required to complete the application process, and applicants are encouraged to send these documents directly to Phillips as soon as possible. If you have any questions about the admissions process, call the Office of Admissions at (818) 386-5660.

#### **APPLICATION FORM**

Please fill out all areas of the application form and submit with your signature, date, and other required materials, including the application fee.

#### APPLICATION FEE

The application fee is non-refundable. The Office of Admissions must receive your fee in order for your application to be considered. Applicants may submit a check or money order payable to Phillips Graduate Institute or provide credit card information in the appropriate space on the application form.

An "Application Fee Deferral" may be granted to students with financial need. If a fee deferral is being requested, the applicant must submit a written request explaining his/her financial circumstances. The fee deferral request must be received with the application for admission in order for a request to be considered. Applicants will be notified by mail of the Office of Admissions' decision regarding a fee deferral

request. Decisions are final. If the request is denied, the applicant is required to submit an application fee upon notification.

#### GOALS STATEMENT/ESSAY

The Goals Statement is an important part of the application process. Applicants are required to submit a three- to seven-page, double-spaced, typed essay. The statement should address both (A) and (B) as delineated below:

- **A.** Choose one of Phillips Graduate Institute's Core Values (below) with which you most identify. These values shape Phillips Graduate Institute's character and culture:
  - The Challenge to Grow and Develop This is applicable at the individual, family, and organizational levels. We apply it to ourselves and others.
  - Collaborative Involvement This is the catalyst for innovative and effective solutions outside the organization.

Integrity

We encourage

We encourage the making and honoring of commitments; consistency and wholeness even under challenging circumstances.

Creativity

Institutional support for creativity helps to find new solutions and to look "out of the box" for new opportunities in times of change.

Appreciation for Diversity

We can capitalize on the advantage of differences; learn new ways of doing things from each other.

Contribution to Positive Social Change
Every person involved with Phillips

Graduate Institute contributes to the well-being of the community. This contribution, however seemingly small, is eventually reflected at global levels.

Describe which of the values you feel best defines you or means the most to you. Share with us an experience in which you displayed (or did not measure up to) this value and tell us what you learned about yourself. For additional information on the core values of Phillips Graduate Institute, please see the inside cover of this catalog.

**B.** Current personal, intellectual, and professional interests:

Describe your current personal, intellectual, and professional interests and activities.

Explain the nature of your work, studies and current reading, areas of special interest, and career plans. Please indicate your reasons for seeking a degree from Phillips Graduate Institute. Include the following information:

- Describe the nature of your life and how graduate-level study will be integrated into it;
- Why you want to obtain a master's or doctoral degree in this particular area of study, and why you want to obtain this specific level of degree; and
- How you came to know about us and why you chose Phillips Graduate Institute.

Applicants to the Master of Arts in Psychology with an emphasis in Marriage and Family Therapy/Art Therapy program must include Art Therapy goals in their Goals Statement/Essay.

PLEASE NOTE: Merely submitting a résumé, curriculum vitae, or one-page synopsis will not be regarded as an adequate Goals Statement Essay.

# RÉSUMÉ/STATEMENT OF EXPERIENCE

Applicants are required to submit a current summary of all work experience. The summary should reflect positions held, job responsibilities, employers and dates of employment.

# LETTERS OF RECOMMENDATION

Three recommendations are required for applicants to all programs. Letters of recommendation should be recent and may be submitted directly by the recommender to the Office of Admissions.

- Applicants should not select family members or friends to provide recommendations. These will not be accepted.
- Recommenders should be able to speak to an applicant's ability to be academically and professionally successful in his/her chosen field of study and as a graduate-level student.
- Where possible, it is preferred that recommendations come from three different sources in the applicant's life. Applicants who have not attended school for several years should submit recommendations from persons who are familiar with them on any level of professional involvement, e.g. volunteer work, mentor, or other professional relationship.

# Student Affairs

 Applicants are encouraged to request letters of recommendation as soon as they intend to apply for admission.

Failure to receive recommendations is the most common reason application decisions are delayed.

#### **TRANSCRIPTS**

Applicants are required to submit transcripts from all colleges/universities attended, foreign and domestic.

Transcripts for all undergraduate and graduate work, including parttime and summer sessions, are required. A transcript must be submitted from each institution attended even if transfer units appear on another document. If courses were completed with pass/fail grades, the applicant should request that the Registrar attach any narrative evaluations explaining the grading system requirements.

Transcripts must be received by the Office of Admissions in a sealed envelope and marked as "Official." The applicant may request that the documents be sent directly to the Office of Admissions. The applicant must note any name changes on the application for admission to ensure that the transcript is appropriately matched with the application.

Applicants are responsible for all fees associated with requesting transcripts, and are responsible for ensuring that the transcripts are received in the Office of Admissions.

# GRADE POINT AVERAGE EXEMPTION PETITION

If an applicant's Grade Point Average (GPA) falls below 3.0, the applicant is required to petition for a Grade Point Average Exemption with his/her application. The applicant must submit a one-to-two page, double-spaced, typed statement explaining past, special, or personal circumstances that contributed to a GPA below 3.0. This statement should also explain why the applicant feels that he/she would be able to successfully participate in a graduate academic program. This statement is in addition to the goals statement essay.

### ENGLISH PROFICIENCY

Demonstration of English proficiency, in both verbal (e.g., class participation and interpersonal communication in clinical settings) and written (e.g., test-taking, professional papers, and other assignments) forms is required throughout the course of study.

### **TEST SCORES**

Standardized test scores (e.g., GRE) are not required of applicants to programs at Phillips Graduate Institute with the following exceptions:

- Master of Arts in School Counseling
- Master of Arts in School Psychology
- Pupil Personnel Services (PPS) Credential programs

Applicants for these degree or credential programs are required to have taken and passed the California Basic Education Skills Test (CBEST) by the end of their first semester in the program. Passing the CBEST is a mandated State of California requirement in order to receive the Pupil Personnel Services (PPS) Credential. Students are strongly encouraged to take the CBEST prior to enrollment.

In some cases, submission of the Test of English as a Foreign Language (TOEFL) scores may be required as part of evaluation of English proficiency for applicants whose native language is not English.

# INTERNATIONAL STUDENTS

Phillips Graduate Institute values student diversity and welcomes applications from all qualified international candidates. An I-20 certification is available for full-time students attending Phillips. All international students must meet the following admissions requirements:

1. Academic degrees and coursework from foreign universities and institutions must be equivalent to degrees earned and coursework completed in the United States. Official translations of all course descriptions and official transcripts must be submitted with the other application materials. Phillips Graduate Institute accepts foreign academic degree evaluations from specific agencies only: American Education Research Corporation (AERC), World Education Services (WES), and International Education Research Foundation (IERF). Applications for evaluation services may be obtained through the Office of Student Affairs. All costs associated with such an evaluation are to be borne by the applicant.

- English proficiency is required (see English Proficiency and Test Scores sections of this catalog).
- 3. The "Declaration and Certification of Finances" form must be submitted before Phillips Graduate Institute will issue an "I-20 Certification of Eligibility." The Bureau of Citizenship and Immigration Services requires that a student who is not a United States citizen or permanent resident verify the ability to pay for expenses during his/her stay in the United States by submission of this form. The Office of Admissions will furnish the form to applicants upon request.
- Return "Official Bank Verification of Funds" for one academic year (nine-month period). Verification must be dated within three months of the application date.
- 5. Because of international postal service delays, an international student may fax documents to Phillips Graduate Institute, Office of Admissions, at (818) 386-5636 prior to the Priority Application Deadline along with a credit card number for application fees. Original documents are required to complete the application process, and applicants are encouraged to express mail these documents directly to Phillips. An Offer of Admission with Regular Standing cannot be made without original documentation. If available, please submit an e-mail address to facilitate communication with the Office of Admissions.
- 6. Copy of Passport, Visa and I-94.
- 7. Copy of previous I-20 (if applicable).
- 8. "Student Transfer Release" form (applicable to transfer students only).

### REVIEW PROCESS AND ADMISSIONS INTERVIEWS

Completed applications are reviewed by the Director of Admissions and submitted to the Admissions Committee for review. Selected applicants for admission are required to interview with the respective Department Chair or faculty. The final admission decision is made after the results of the interview are reviewed.

In the event a selected applicant lives out of state or country, an interview may be granted via telephone. In this case, the student will be notified of the appropriate date and time of the interview.

A writing sample may be required from the applicant at the time of the interview.

### NOTIFICATION OF ADMISSIONS DECISIONS

For most programs, if an application and all supporting documentation are received by the Priority Application Deadline date, an applicant will be notified of admission status within three weeks of the admissions interview via United States mail.

If an application and all supporting documentation are received after the Priority Application Deadline date, an applicant will be notified of admission status within three weeks of the admissions interview or prior to the start of classes.

All applicants to the Clinical Psychology Doctoral Program will be notified of their admission status beginning the first week of April, in compliance with APA guidelines.

Phillips Graduate Institute anticipates the receipt of many more applications than places available per semester. It is likely that each semester some applicants will be denied admission. The reasons for the Institute's decision to deny admission are not shared with the applicant.

# NOTICE OF OFFICIAL ADMISSION OFFER

All admission offers are extended in writing through the Office of Admissions. Offers are extended after admissions documentation is reviewed and the Admissions Committee interviews an applicant. No verbal offers of admission will be extended, nor any offers made from any other representative or department within Phillips Graduate Institute.

### NOTICE OF RIGHT TO REVOKE OFFER

Phillips Graduate Institute reserves the right to revoke an offer of admission on the basis of misrepresentation or omission in the application. Discovery of false information subsequent to admission is, at Phillips' discretion, grounds for dismissal at any point in the student's course of study. In such cases, the student will forfeit all charges paid and all academic credits earned.

# NOTICE OF REAPPLICATION

All previous applicants are required to submit a new application form, fee and essay. All other required documentation may be retained on file by the Office of Admissions for up to one year from the original date of submission. Please contact the Office of Admissions to determine if any documents you have submitted previously are still on file. Note that regardless of what is on file, you must submit new transcripts for any subsequent coursework taken.

A candidate who is reapplying is considered for admission on the basis of the new application being submitted. Applicants may apply for admission on three separate occasions or to three separate degree programs. Phillips Graduate Institute will not extend further consideration beyond these three attempts for admission.

# ADMISSION STANDINGS

Admission may be granted to applicants through one of two standings. Regular Admission Standing is extended to students that meet all admissions requirements. Conditional Admission Standing is granted to students pending receipt and evaluation of official documentation that may have been delayed. Conditional admission may be extended to students with unofficial copies of documentation pending receipt of official copies.

#### REGULAR ADMISSION STANDING

To be granted Regular Admission Standing, a student must meet the following criteria:

- Possess an earned bachelor's degree from a regionally-accredited college or university;
- Have a cumulative undergraduate (or graduate, where applicable) grade point average of 3.0 or higher on a 4.0 scale or a "Grade Point Average Exemption Petition" must be submitted and approved by the Admissions Committee:
- Meet all program-specific course requirements or have a plan for completion of such coursework approved by the Department Chair prior to admission; and
- Submit a completed application, including the application fee and all required documentation along with successfully completing the interview process.

# CONDITIONAL ADMISSION STANDING

An applicant may be granted Conditional Admission Standing pending receipt and evaluation of all official documentation.

Conditional Admission Standing must be cleared within eight weeks of the conditional acceptance date in order to remain enrolled in the program.

Academic credit will not be granted to any applicant who is removed from the program for failure to clear Conditional Admission Standing prior to the deadline.

Additionally, the application fee(s) and tuition deposit are non-refundable. All conditionally-admitted students should be in regular contact with the Office of Student Affairs regarding outstanding documentation.

A conditionally-admitted applicant will be transferred to Regular Admission Standing once all documentation is received and evaluated, or the Offer of Admission may be rescinded due to failure to meet entrance requirements.

### ACCEPTANCE OF ADMISSION OFFER/INTENT-TO-ENROLL FORM

As part of the offer of admission, an applicant will receive an "Intent+to-Enroll" form. This form must be completed and submitted with a tuition deposit (see next page) in order to reserve an applicant's space in class. Applicants are encouraged to submit this form and the tuition deposit as soon as they receive their acceptance letter. Spaces are reserved based on the receipt dates of "Intent+to-Enroll" forms. Failure to return this form in a timely fashion, or failure to return a form that is complete or missing the tuition deposit, may result in the applicant not being seated until a future semester due to space limitations

Acceptance into one program at Phillips Graduate Institute does not ensure acceptance into all programs. Applicants are encouraged to contact licensing and regulatory bodies in an effort to fully understand all requirements necessary to meet all licensing, registration and credentialing requirements.

### **TUITION DEPOSIT**

A non-refundable tuition deposit is due upon notification of acceptance into all programs at Phillips Graduate Institute. This deposit reserves a student's space in the program and is applied to tuition at registration. A student who defers his/her enrollment to a future class start date within one academic term will have his/her tuition deposit applied to hold his/her future class space. In the event the student does not begin at the deferred date or the deferment period is greater than one academic term, the deposit is non-refundable. Tuition deposits may be paid by check, money order or credit card.

# DEFERRED ENROLLMENT

On occasion, deferred admission is granted for a student facing personal issues that make beginning classes difficult. Under special documented circumstances, a student may be granted a deferral for one semester, but no longer than two semesters. The student should contact the Office of Admissions and submit a "Request for Deferment" in writing. The student will receive written notification from the Office of Admissions that the deferment has been approved.

# POST-ACCEPTANCE APPLICATION

Once a student has been accepted into one area of study at Phillips and chooses to apply to a different area of study, a Program Modification form must be completed and submitted to the Office of Admissions. (Please see program-specific admissions requirements and procedures—acceptance into one program at Phillips Graduate Institute does not ensure acceptance into all programs. Admissions standards may vary by program, and it is the responsibility of the applicant to demonstrate that these standards are met in order to be admitted.) Applicants will be required to submit another essay explaining interest in the field and their reasons for wishing to change their program. The Admissions Committee will review each student's admissions application and documentation and an additional interview may be required. The student will be notified by mail of his/her acceptance status into the new program.

### POST-ACCEPTANCE APPLICATION TO ADDITIONAL AREAS OF STUDY

Students often begin in one area of concentration and choose to expand their training by pursuing a specialization in a specific area of study An example would be an MFT student adding the PPS credential program courses to his/her program. Once a student has been accepted into one area of study at Phillips and chooses to add an additional area of study, a Program Modification form must be completed and approved by his/her Department Chair and the Department Chair of the additional area of study. The approved form is then submitted to the Office of Registrar. (Please see program-specific admissions requirements and proceduresacceptance into one program at Phillips Graduate Institute does not ensure acceptance into all programs. Admissions standards may vary by program, and it is the responsibility of the applicant to demonstrate that these standards are met in order to be admitted.)

# REQUEST FOR TRANSFER OF CREDIT

The maximum number of units a degree-seeking student may transfer in at the master's level is nine units. The maximum number of units a School Counseling Pupil Personnel Services (PPS) Credential-only-seeking student\* may transfer in is 16 units. The maximum number of units a School Psychology Pupil Personnel Services (PPS) Credential-only-seeking student\* may transfer in is 20 units. The maximum number of units a doctoral-level student may transfer in is 24 units.

\*Credential-only-seeking students: Students who currently hold a graduate degree in a related field may apply to the School Counseling or School Psychology PPS programs, without obtaining the additional graduate degree. Speak with Department Chairs for additional information and approval.

The following courses for the Marriage and Family Therapy Program are not eligible for transfer: PSY501, PSY502A, PSY502B, PSY519A/B, PSY531A/B, PSY533A/B.

The following courses for the Clinical Psychology Doctoral Program are not eligible for transfer: PSY677, PSY683, PSY685, PSY686, PSY687, PSY688, PSY690, PSY714, and PSY800 series.

If an applicant is requesting credit for coursework completed at another college or university, the

applicant must submit the "Transfer of Credit Request" form along with transcripts and course descriptions for the coursework for which they are requesting credit. Applicants are strongly encouraged to seek academic advisement from the Department Chair regarding credit transferability prior to enrollment, and all requests for transfer of credit must be submitted with the application for admission.

To be eligible for transfer credit, units must be earned at the graduate level at a regionally-accredited college or university within the past five years with a grade equivalent to a "B" or higher, and must have significant comparability in nature, content and level to the comparable required course at Phillips for which transfer credit is being requested. The Department Chair or his/her designee will review all requests for transfer credit, and the applicant will be notified in writing of the decision. Even if credit is granted, a student may be required to audit coursework as deemed appropriate by the Department Chair.

# REQUEST FOR TRANSFER OF CREDIT/VETERAN AFFAIRS EDUCATIONAL BENEFITS ONLY

Students with previous training in the course to be pursued will be required to submit official transcripts upon enrollment. The transcripts will be evaluated and appropriate credit will be given. Credits allowed will be recorded on enrollment record and the length of the course shortened proportionately. In addition, the student and the Department of Veteran Affairs (DVA) will be notified.

### ACCEPTANCE OF CREDIT FOR FORMER PHILLIPS GRADUATE INSTITUTE STUDENTS

On occasion, a graduate of Phillips Graduate Institute chooses to return to complete an additional master's degree. In such an event, up to nine units required for degree completion of the newly-sought master's degree may be accepted from a previously-completed master's degree program from Phillips.

The student must initiate a formal petition for such credit at the time of application to the newly-pursued master's program. The request must be

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submitted with the student's application packet to the Office of Admissions. Such requests will be evaluated by the Department Chair. The student will be notified in writing of the Department Chair's decision regarding acceptance of previously-completed coursework at Phillips towards the newly-sought degree.

No units from previous coursework will be accepted unless a grade of "B" (3.0) or higher was assigned. Even if credit is granted, a student may be required to audit coursework as deemed appropriate by the Department Chair.

### STUDY COURSE LOAD POLICY

A full-time graduate course load is a minimum of eight units per semester. The maximum graduate course load is 18 units per semester. An applicant requesting to take a course load greater than 18 units is required to submit a General Petition form with his/her application. The request will be considered by the appropriate Department Chair.

After the first semester, a student must receive academic advisement from his/her faculty advisor regarding requests to exceed course load limits. The General Petition form requesting to exceed the course load limit must be approved by the faculty advisor and the Department Chair(s) prior to the student registering for classes which exceed the 18-unit limit each semester.

Applicants/students should consult with the Director of Financial Aid in regard to the impact of additional units on financial aid eligibility.

# **NON-DEGREE** (INDEPENDENT)

A non-matriculating student taking an independent study class will be charged a \$75 enrollment fee. The student must fill out an admissions application form and submit it to the Admissions office to be processed, along with an official transcript from the student's degree-granting institution. A nonmatriculating student may enroll in a maximum of nine units. Non-matriculating students are required to meet with the Independent Studies Coordinator and the Registrar's Office prior to beginning coursework.

### **AUDITING**

Students who wish to audit a course should register by Phillips' regular registration procedure. Students may not change their registration from auditing status once the semester has begun. However, a student may move from credit to auditing status within the designated Add/Drop period at the beginning of the semester. The Registrar will keep a record of the student's participation in the course as an auditor, which will appear on official transcripts.

It is Phillips' policy that auditing of a course is available only to matriculating (degree-seeking) students. However, students who are not pursuing a degree at Phillips may request permission to audit from the Department Chair.

Audited courses earn neither academic credit nor continuing education units, and may not be used to meet degree requirements or financial aid regulations.

The fee for auditing a course is 50% of regular tuition. NOTE: Financial aid cannot be used to pay costs associated with auditing a course.

### **NOTICE OF RIGHTS** TO ALTER OR AMEND POLICIES AND PROCEDURES

Phillips Graduate Institute reserves the right to revise curriculum, policies and procedures contained in this publication at anytime without prior notice. Phillips Graduate Institute assumes no responsibility for any damages that may be claimed to have resulted from such changes. Contact Phillips Graduate Institute to inquire about any changes regarding matters covered herein.

### PRIVACY OF **APPLICATION** RECORDS

In accordance with the Family Educational Rights and Privacy Act of 1974 (FERPA), only enrolled students have access to academic records, including any application materials on file with Phillips Graduate Institute. Non-matriculated applicants are not granted such rights. All documents submitted for admission or evaluation of credit from previous training become the property of Phillips Graduate Institute and will not be returned to the applicant. Therefore, please maintain copies of all documents submitted to the Office of Admissions. All documentation received by the Office of Admissions is maintained on file for up to one year for applicants. After the one-year deadline, all documentation is destroyed, and applicants are required to submit a new application with all accompanying documents and fees.

### **TUITION AND FEES** 2008-2009

Application fee:							.\$75
Tuition deposit:							\$250
Tuition per unit (M.A.):							\$820
Tuition per unit (Psy.D.)							\$858
Late registration fee:							\$50*
Administrative fee: .						\$3	800**
DOCTORAL INTERNSHIP FE	Έ						
Half-time:			\$2	,00	00,	/se	emester
Full-time:			\$3	,00	00,	/se	emester

- \*New students are not subject to late registration fee if registering after the priority registration period
- \* \*The administrative fee provides students with valuable services, such as admissions, student services, library, and accounting resources, which are an addendum to the educational and training experiences they receive. The fee is charged each semester.

Fees and tuition may be adjusted annually. Part-time students should contact the Office of Financial Aid for applicable fees.

#### MISCELLANEOUS FEES

Returned Check charge:			. \$25
Transcript Processing fee:			.\$10
Each Additional Transcript: . (processed at the same time)			. \$5
Rush Transcript Processing fee:			. \$20
Payment Plan charge: (see below)			. \$75
Diploma Replacement fee: .			. \$75
Graduation fee: (Payment on or before 3/1) .			\$200 \$150

Please contact the Office of Accounting regarding accepted forms of payment.

Phillips reserves the right to make changes to tuition rates, refund policies, fees, and expenses without prior notice.

# LATE PAYMENT POLICY

Students who do not pay their tuition and fees in a timely manner shall be subject to a late fee, which will be added to their student account. Late fees share equal priority with all other student fees, and must be paid prior to a student enrolling for a future semester, the release of transcripts, or the posting of a degree for graduation. Failure to pay any and all tuition and fees may result in the administrative suspension of a student during the course of the current semester.

All tuition and fees are due and payable at the beginning of a semester. The late fee is not calculated by how much a student owes. Instead, the fee will be based on the lack of timeliness in paying the balance on the student's account (see schedule below). It is each student's responsibility to monitor and make appropriate inquiries on the status of his/her account. This includes a consistent review of all communications received from Phillips Graduate Institute.

The late fee schedule shall be assessed as follows for any balance outstanding on the dates noted below: \*

### \$100

#### FALL SEMESTER

3rd Monday of September

#### SPRING SEMESTER

2nd Monday of February

#### SUMMER SEMESTER

May 31

#### \$150

#### FALL SEMESTER

2nd Monday of October

#### SPRING SEMESTER

2nd Monday of March

#### SUMMER SEMESTER

June 30

#### \$200

#### FALL SEMESTER

2nd Monday of November

#### SPRING SEMESTER

2nd Monday of April

#### SUMMER SEMESTER

July 16

\*Note: The amount and timing of late fees is subject to change at any time.

All late fees are cumulative. In order to avoid late fees, students are advised to make best and full use of any financial aid, credit cards, or school payment plans that are available to them. Late fees are intended to reimburse Phillips Graduate Institute for a portion of the costs it incurs in pursuing delinquent amounts due from students. However, the amount of costs incurred for such activity is not determinable and may in fact be more than the late fees charged.

### **PAYMENT OPTIONS**

Students have the following payment options:

- Payment in full for the semester
- Federal loan program
- Tuition payment plan (payment plan charge applies)

### TUITION PAYMENT PLAN

This plan offers students a payment schedule. Students incur a \$75 fee for each payment plan setup. There is also an interest charge assessed during the time the balance is unpaid. Tuition and fees are totaled and divided into four payments (during summer term, tuition and fees will be divided into three payments), of which the first payment is due at registration. Billing statements reflecting the balance due are produced each month. Any unpaid portion or late payments are subject to a 1.5% delinquency charge. A student's financial obligation to Phillips must be paid in full prior to the end of the semester in order to be eligible to register for the next semester or receive transcript and any academic records.

It is the policy of Phillips that deferred tuition payment privileges are extended to those students who have a good credit record and have not been late on more than one previous deferred payment.

Phillips reserves the right to cancel a student's registration due to non-payment of tuition and fees. Phillips utilizes the services of a collection agency for all delinquent accounts. Submission of unpaid amounts to a collection agency may adversely affect a student's credit rating. Students who are delinquent on their account more than 60 days will receive a warning letter from the Office of Accounting.

If the student does not resolve the matter with the Office of Accounting, he/she will be placed on administrative suspension, which may result in administrative withdrawal from the program.

# FINANCIAL AID INFORMATION

Phillips Graduate Institute offers financial assistance to eligible students through federal and private (alternative loan sources) programs. All financial assistance is coordinated through the Office of Financial Aid.

#### FINANCIAL AID ELIGIBILITY

To be eligible for federal financial aid, a student must:

- Be a U.S. citizen or a permanent resident and have a valid Social Security card;
- Be officially accepted for admission to Phillips Graduate Institute;
- Be enrolled in good standing with at least half-time status;
- Maintain satisfactory progress (attendance and academic);
- Not be in default on any Title IV loan or owe a repayment on any Title IV grant; and
- Be registered with Selective Services (by law, this is applicable to all male U.S. residents 18-25 years old). For additional information, visit: www.sss.gov.

# HOW TO APPLY FOR FINANCIAL AID

- Complete the Free Application for Federal Student Aid (FAFSA) or a Renewal FAFSA. The FAFSA must be completed online at www.fafsa.ed.gov. Please include the Phillips Graduate Institute school code: G22372.
- 2. Submit the following:
  - Phillips Graduate Institute Financial Aid form;
  - A copy of the previous year's federal income tax returns (1040, 1040A or 1040EZ):
  - A copy of driver's license and Social Security card; and
  - (If applicable for non-citizen status), Both sides of form I-151 or I-551 Alien Registration card (green card).

Further documentation may be required to complete the financial aid application process. The Office of Financial Aid is available to help direct students through this process.

#### FEDERAL LOAN PROGRAM

Phillips Graduate Institute participates in administering the Federal Stafford Loan Program (Subsidized and Unsubsidized). The Subsidized Stafford Loan is awarded to students on the basis of financial need. The current maximum award per academic year is \$8,500 and is interest-free while students are enrolled in the program with at least half-time units.

The Unsubsidized Stafford Loan is awarded to students on a non-need basis. The current maximum award per academic year is \$12,000 and is an interest-accruing loan upon origination. These two loans provide a total of \$20,500 annually in Federal Student Loans. Repayment for Stafford Loans begins six months after the last date of full-time attendance. Students must be officially accepted with Regular Admission Standing by the Office of Admissions before the loan process can be completed.

#### **GRAD PLUS LOAN PROGRAM**

Graduate and professional students now have a low-cost option when it comes to financing their education. Unlike federal student loans, the Grad PLUS loan is not based on financial need; credit guidelines apply in determining eligibility. Tuition, tees, room and board, books, supplies, and transportation can be covered with Grad PLUS funds. For more information, contact the Office of Financial Aid.

# SCHOLARSHIPS AND VETERAN BENEFITS

A limited number of Phillips Graduate Institute scholarships are available each academic year. The scholarship application with deadlines for each enrollment period is available on the Phillips web site or through the Office of Financial Aid. Scholarship applications should be mailed directly to the Office of Financial Aid prior to the deadline date.

Phillips is approved for Veteran Administration benefits. Contact the Office of Financial Aid at (818) 386-5635 for more information.

#### IN-SCHOOL DEFERMENT

In order to defer existing student loan payments while attending school, a deferment form must be filed. A deferment form is the official document used by the federal government for updating the lender and/or school on the student's enrollment status. Students must initiate this process by completing a deferment form and submitting it to the Registrar for processing.

#### FEDERAL WORK STUDY

The Federal Work Study Program provides jobs for students with financial need, allowing them to earn money to help pay for educational expenses. The total Federal Work Study award depends on when students apply, their level of need, and the funding level of their school. The amount earned can't exceed their total Federal Work Study award. When considering a federal work study job that the monies students earn through the Federal Work Study program does not have to be repaid, unlike financial aid loan monies. When assigning work hours, the supervisor or the Human Resources Department will consider students' class schedule and academic progress. The program also encourages students to participate in community service activities.

# FINANCIAL AID COUNSELING SESSIONS

The Office of Financial Aid will hold periodic information sessions to help students explore their financial aid options. Attendance at these sessions is highly encouraged.

### RIGHTS AND RESPONSIBILITIES OF STUDENTS RECEIVING AID

#### **RIGHTS**

- All students are entitled to, and are guaranteed, fair and equitable treatment in the awarding of financial aid. In addition, there shall be no discrimination of any kind.
- All students have the right to receive full and open information about various financial aid programs and their eligibility thereof. In addition, they have the right to know the selection and review processes used in awarding financial aid.
- All students have the right to know the costs of attending an institution, the refund policies in case of withdrawal, the faculty, physical facilities of the institution, and data regarding student retention.

#### **RESPONSIBILITIES**

 All financial aid recipients agree to carry and complete a specific number of units each semester. They must notify the Office

- of Financial Aid of any changes in their financial status, marital status, or unit load.
- Students receiving financial aid must maintain satisfactory academic progress from semester to semester. Per federal policy, funding is received in multiple disbursements.
- All students receiving financial aid are expected to maintain certain standards. A student is considered to be in good standing and maintaining satisfactory progress when enrolled in, and successfully completing, the number of units for which financial assistance is being received.
- Regardless of the type of loan a student borrows, the student must receive entrance counseling before receiving the first loan disbursement. In addition, the student must receive exit counseling before leaving school.

For more information, please contact the Office of Financial Aid at (818) 386-5635 or financialaid@pgi.edu.

### **REFUND POLICIES**

California State Administrative Code Section 18809 (a) (4) states that if the enrollee cancels within three working days after registering, provided no classes have been attended or lessons completed, all tuition monies paid will be refunded. Fees are not refundable.

A refund is calculated based on the week of the semester and upon submission of a "Withdrawal" form or an "Add/Drop" form to the Office of the Registrar. Please refer to the Add/Drop policies section of the "Phillips Graduate Institute Student Handbook" for further information.

If a student drops classes (units) during the first three weeks of the semester, a 100% tuition refund will be given. During the fourth week, a 50% tuition refund will be given. After the fourth week, no tuition refund is given.

If a student chooses to withdraw from all of his/her classes during the first three weeks of the semester, a 100% tuition refund will be given. During the fourth week, a 50% tuition refund is given. After the fourth week, no tuition refund is given.

The administrative fee is non-refundable.

# CONFLICT RESOLUTION

Phillips is committed to providing outstanding customer service and seeks to resolve any conflicts in a respectful and timely fashion. For conflict resolution regarding admissions, the Registrar, or financial aid, please contact the Director of Student Affairs at (818) 386-5652.

Any questions or problems concerning Phillips which have not been answered to your satisfaction or resolved by the Institution should be directed to:

Superintendent of Public Instruction State Department of Education Sacramento, California 95814.

### **ACADEMIC POLICIES**

#### **ACADEMIC FREEDOM POLICY**

Academic freedom at Phillips Graduate Institute provides both faculty and students the freedom to: critically examine the entire spectrum of philosophies, theories and methodologies related to the disciplines of study offered at the institution; assess truth claims made by scholars and practitioners; and integrate their own individual philosophy, theory and methodology in their professional work. Faculty and students are expected to be open to varying opinions, points of view and experience.

#### **ACADEMIC HONESTY**

Phillips Graduate Institute expects faculty and students to uphold the principles of academic honesty. A breach in honesty is seen as a serious violation of professional ethics and will be dealt with harshly. Penalties may include academic probation or expulsion.

Please refer to the "Phillips Graduate Institute Student Handbook" for details regarding definitions of Academic Dishonesty and procedures and responsibilities associated with such behavior.

#### SCIENTIFIC MISCONDUCT

Phillips Graduate Institute requires faculty and students to adhere to the highest ethical standards in the conduct of research. All researchers are required to comply with institutional standards for the protection of human subjects set forth by the federal government. Researchers are expected to propose, conduct, analyze and report research in an honest and ethical manner. Scientific

misconduct is defined as falsification of data, plagiarism or other actions that seriously diverge from those accepted by the scientific community for the conduct of research.

All allegations of misconduct in research by faculty members or students should be reported to the Chief Academic Officer, or his/her appointed designee. Scientific misconduct is taken seriously by Phillips Graduate Institute and may be grounds for expulsion.

#### **GRADING STANDARDS**

Students receive grades for all courses completed at Phillips Graduate Institute. The grades A, B, C, and D may be modified by plus (+) or minus (–) suffixes.

Grades are as follows:

A, A					Superior Work
B+, B .					. Very Good
В					. Satisfactory
C+, C, C	<u></u> -		Less	th	an Satisfactory
D+, D, D	-, F				Unsatisfactory
CR .					Credit
NCR .					. No Credit

Each letter grade earns a specific grade point value per unit as follows:

Gro	ade				Gr	ade	e Points
	Α.						. 4.0
	Α						. 3.7
	B+						. 3.3
	В.						. 3.0
	В						. 2.7
	C+						. 2.3
	С.						. 2.0
	C-						. 1.7
	D+						. 1.3
	D.						. 1.0
	D						. 0.7
	F .						. 0.0

### CREDIT/NO CREDIT (CR/NCR)

All practicum and professional paper extension courses are credit/no credit classes. These grades are not included in the calculation of the grade point average.

#### ATTENDANCE POLICY

Attendance is required for all scheduled classes. Since the curriculum focuses on interaction as well as participatory and practical experiences, attendance is a part of the Satisfactory Progress standards required of all students. Attendance is monitored and absences may affect a student's final course grade.

# FULL-TIME AND PART-TIME STUDENTS

To be considered full-time, students must enroll in a minimum of eight units per semester. Students enrolled in 7.99 units or less will be considered part-time. Students wishing to enroll in more than 18 units must obtain approval from their faculty advisor and Department Chair by using the General Petition form prior to registration each semester.

#### SATISFACTORY ACADEMIC PROGRESS

Students must maintain Satisfactory Academic Progress status throughout their enrollment at Phillips Graduate Institute. A student is considered to be maintaining Satisfactory Academic Progress if either one of the following is true: The student's cumulative grade point average is 3.0 or higher, or the student has met with his/her faculty advisor to collaboratively construct a remediation plan which is on file in the student's record. To maintain satisfactory progress, students in clinically-based programs must demonstrate the potential to become capable and ethical clinicians throughout their education and training. In addition, students must be making satisfactory progress to be eligible to earn traineeship hours, or practicum, or internship hours, where applicable. Students will not be deemed able to meet the standards of satisfactory progress if they exhibit behavior in academic or clinical settings that is disruptive to the learning and training process of other students.

# STUDENTS WITH VA EDUCATIONAL BENEFITS ONLY

When the grade point average of a student is below 3.0 for a semester, the student will be placed on probation. If, during the next academic semester, the student's grade point average is still below 3.0, the VA will be promptly notified.

#### **ACADEMIC PROFICIENCY**

Students must possess a cumulative grade point average of 3.0 in all coursework completed in

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the program to graduate. Students should refer to their respective program descriptions for grading thresholds for individual courses.

#### **GRADE CHANGES**

- All grades except "Incompletes" (INC), "In Progress" (IP), and "No Grade Reported" (NGR) are final when submitted by the instructor of record on the end-of-semester grade report. Thereafter, a grade change may be made by the instructor of record only under the following circumstances:
  - A grade of "Incomplete" (INC) or "In Progress" (IP) has been assigned to the student for the previous term, and the student completes the required coursework by the end of the subsequent term, at which time the instructor will change the "INC" or "IP" to an earned grade; or
  - A computational error in the original grade requires correction.
- Any grade change request must be made within six weeks of receiving the grade report.

#### STUDENT GRIEVANCE POLICY

Phillips Graduate Institute is committed to working with students to resolve student grievances in a manner that allows constructive relationships to be maintained among all campus constituencies in accordance with all academic policies. Please refer to the "Phillips Graduate Institute Student Handbook" for comprehensive explanation of the Student Grievance Policy and Procedures.

# PRIVACY OF EDUCATIONAL RECORDS

The Family Education Rights and Privacy Act of 1974 (FERPA) as amended, (20 U.S.C. s1232g et seq.) and its regulations promulgated by the Department of Health and Human Services (34 C.F.R. s99.1 et seq.) and California Law (Education Code Sec. 67100 et seq.) provide students with certain safeguards for the accuracy, completeness and privacy of education records relating to students.

The term "education records," with certain exceptions, is defined to mean records, files, documents and other materials which contain information directly related to students and which are maintained by the institution. Student records are accessible to Phillips Graduate Institute's administration and students themselves.

For information regarding Admissions Records, refer to the Admissions section of this catalog. For

additional information regarding safeguards for accuracy and completeness of student education records, the privacy of such records and the location of such records, please refer to the "Phillips Graduate Institute Student Handbook."

#### COURSE OFFERINGS AND SCHEDULING

Phillips Graduate Institute reserves the right to modify class schedules or course offerings without prior notice. Although rare, there are occasions where minimum enrollment requirements are not met for a class, and the class is either canceled or rescheduled to a future term.

Phillips Graduate Institute attempts to accommodate the scheduling requests of all students. At times, a class, or section of a class, is filled and Phillips is not able to accommodate a student's first scheduling request. If possible, the student will be provided with alternative class times. Early communication with faculty and staff regarding special requirements is encouraged, as last minute requests may be impossible to accommodate.

Phillips Graduate Institute reserves the right to revise class schedules, offerings and curriculum to meet the requirements of legislative or professional certification bodies, and to further enhance the education of its students without prior notice.

#### **GRADUATION APPLICATIONS**

Students must submit an Intent to Graduate form in the semester prior to the last semester in which they plan to complete their degree/credential requirements. A graduation fee will automatically be posted to the student's account. Students are permitted to participate in the commencement ceremony the academic year their degree is conferred. Intent to Graduate forms are available in the Office of the Registrar and on the Phillips web site. Students may refer to the academic calendar for the commencement date. Students who fail to file their intent will not be allowed to participate in the commencement and in addition, their academic records, including diploma, will be held.

# ADDITIONAL ACADEMIC POLICIES

Additional academic policies and procedures are outlined in detail in the "Phillips Graduate Institute Student Handbook" available on the Phillips web site. For questions regarding academic policies not addressed in this catalog, refer to the "Phillips Graduate Institute Student Handbook" or contact the Chief Academic Officer.

# ADMINISTRATIVE POLICIES

# NOTICE OF POLICY OF NON-DISCRIMINATION

Phillips Graduate Institute, in accordance with Titles VI and VII of the Civil Rights Act of 1964 and Title IX of the Educational Amendment of 1972, admits students of either gender, and of any race, color, religion, sexual orientation or national or ethnic origin to all rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate against students on the basis of gender, race, color, handicap, age, religion, sexual orientation, or national or ethnic origin in the administration of its educational policies, scholarships and loan programs, and other school administered programs.

Phillips Graduate Institute is in full compliance with all statutes of the Americans with Disabilities Act (ADA). The Chief Academic Officer serves as the official point of contact for ADA-related matters.

# SERVICES FOR STUDENTS WITH DISABILITIES

Phillips Graduate Institute is committed to non-discrimination on the basis of disability in admission or access to, or treatment of, or employment in, its programs and activities. In accordance with Section 504 of the Rehabilitation Act of 1975 and the Americans with Disabilities Act (ADA), all of Phillips Graduate Institute's facilities are designed to be essentially barrier free and accessible to people with disabilities.

Phillips is committed to providing reasonable accommodations and adjustments for persons with disabilities. A person with a disability has the obligation to make his/her needs known. Phillips Graduate Institute makes reasonable attempts to accommodate students' special needs. However, as a private, non-profit institution, Phillips Graduate Institute may be unable to fund special services requested by students, even when similar services were provided to the student in prior educational settings.

Students who have special needs related to permanent or temporary disabilities may petition for special considerations for any aspect of their graduate experience at Phillips Graduate Institute. Special consideration may be requested for an unlimited or specific period of time. Petitions will be evaluated on a case-by-case basis. Current documentation from qualified

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professionals is required of students petitioning for accommodations related to a disability. This documentation should identify the nature of the disability and include recommendations for accommodations. Petitions will be reviewed by the Chief Academic Officer in consultation with other administrators and faculty.

Students with disabilities should note that they may be able to add medical costs to their cost-of-education budgets for financial aid purposes, and should contact the Director of Financial Aid for more information. Please refer to the "Phillips Graduate Institute Student Handbook" for additional information.

# POLICY ON DRUGS AND ALCOHOL

In accordance with the Department of Education's federal requirement on drug-free schools and campuses, Phillips Graduate Institute:

- Prohibits the possession, use, or distribution of illicit drugs and alcohol by students on its property or as part of any of its activities;
- Observes legal sanctions under federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- Provides a description of the health risks associated with the use of illicit drugs and alcohol abuse; and
- Will impose disciplinary action on any student who does not comply with Phillips Graduate Institute's standards of conduct in relation to drug and alcohol abuse. These sanctions may include probation and expulsion, in addition to any local, state or federal sanctions imposed.

#### HARASSMENT POLICY

Phillips Graduate Institute and the California Family Counseling Center are committed to providing an environment that is free of discrimination and harassment. In keeping with this commitment, we maintain a strict policy prohibiting harassment based upon race, color, age, gender, ancestry, religion, national origin, citizenship, sexual orientation, marital status, medical condition, pregnancy, disability, or veteran status. Our anti-harassment policy also prohibits unlawful harassment based on the perception that anyone has any of these characteristics.

This policy applies to all forms of harassment, including abusive language, joking, teasing, gesturing, and offensive materials or pictures based upon legally protected characteristics. Anyone engaging in sexual or other unlawful

harassment will be subject to disciplinary action, up to and including termination of his/her relationship with Phillips/CalFam. This policy applies to faculty, staff, consultants, students, and vendors.

Please refer to the "Phillips Graduate Institute Student Handbook" for details regarding definitions of harassment and procedures and responsibilities associated with such behavior.

#### **SMOKING POLICY**

Phillips Graduate Institute maintains a smoke-free environment. Smoking is prohibited in all areas inside the building. This includes student and staff/faculty lounges and rest rooms. Smoking is permitted outside the building. All spent cigarettes are to be placed in designated ash receptacles.

# ADDITIONAL ADMINISTRATIVE POLICIES

Additional administrative policies and procedures are outlined in detail in the "Phillips Graduate Institute Student Handbook." Students are issued a handbook at registration, and updates may be distributed to students during any academic term. For questions regarding administrative policies not addressed in this catalog, refer to the "Phillips Graduate Institute Student Handbook" or contact the Chief Academic Officer.

# NOTICE OF RIGHT TO CHANGE POLICIES AND PROCEDURES

Phillips Graduate Institute, like other institutions of higher learning, has the right to change policies and procedures as deemed necessary to best forward programs of study in ways that protect the priorities of the institution and are consistent with emerging legal issues. Changes may be made without prior notice.

#### **POLICY AGREEMENT**

Registration as a student at Phillips Graduate Institute signifies that a student agrees to abide by the policies, regulations and requirements of the institution as articulated in the "Phillips Graduate Institute Student Handbook" and this catalog.

# LIBRARY

The library is an integral part of the teaching and learning process at Phillips. It provides

a welcoming and supportive environment in which to study, work on course assignments and conduct research. The library's growing collection of resources on psychology, organizational consulting, school counseling and related fields includes 9,800 volumes of books, 1,500 student research papers, 1,200 audiotapes and CDs, 700 videotapes and DVDs, and 88 current journal subscriptions. Sixteen computer workstations allow students to access the internet, the library's online catalog, Microsoft® Office applications, and LexisNexis™ Academic. Students also have access to 16 EBSCOhost databases, including PsycINFO, PsycARTICLES, the Psychology and Behavioral Sciences Collection, Business Source Premier, and Academic Search Elite. A wireless internet conneciton is available in the library for those with laptop computers.

The Phillips library is a member of OCLC and DOCLINE, which provide access to the resources of thousands of other educational institutions through and extensive interlibrary loan network.

To contact the Phillips Graduate Institute library directly, please call (818) 386-5640.

### CAMPUS STUDENT STORE

The Phillips Student Store carries a wide selection of books to support students in their studies and assignments. The store offers books appropriate for clients as well as therapeutic tools to assist students as they begin their internships. In addition, the store offers logo items, gifts, cards, snacks, beverages and much more to enhance student life at Phillips.

Store hours during the Fall and Spring semesters are:

M-Th 9:30 a.m. to 8:00 p.m.

F-Sat 9:30 a.m. to 5:00 p.m.

Store hours may vary during Summer semester, holidays, and between semesters. For student store information, please call (818) 386-5674.

Phillips has an online bookstore which will allow students to order all of their required textbooks online 24 hours a day, 365 days a year and have them delivered directly to their homes. This bookstore offers students new and used textbooks, an integrated book marketplace and year-round textbook buy-back. Please check the Phillips website at www.pgi.edu/bookstore for more information.

# **HONOR SOCIETY**

Reflecting the educational philosophy at Phillips Graduate Institute, outstanding achievement by students is recognized through Alpha Epsilon Lambda (AEL), the National Honor Society for Graduate and Professional School Graduates. The Alpha Beta Chapter of Alpha Epsilon Lambda was established at Phillips Graduate Institute in 1997.

The mission of the Honor Society is to confer distinction for high achievement, promote leadership development, promote scholarship and intellectual development, enrich the intellectual environment of graduate education institutions, and encourage high standards of ethical behavior. The Alpha Beta chapter also recognizes clinical and professional abilities. Honor Society members are expected to offer service to Phillips Graduate Institute and in their communities. Induction ceremonies are conducted annually.

### VIRTUAL BOOKSTORE ALUMNI RELATIONS

As new graduates, Phillips students take their skills out into the world to make it a better place, and the Phillips Alumni Association is there to support and enhance their professional experience. The Alumni Association is the vehicle for reconnecting to Phillips with friends, colleagues and faculty. It is a way to stay in touch and involved, as well as to extend a graduate's network of colleagues.

Joining the Phillips Alumni Association is simple and provides many valuable benefits to graduates, including:

- Library privileges;
- Discounted and free Alumni Association
- Continuing Education discounts;
- 10% discount at the Student Store;
- Participation in the Communications/ Speakers Bureau;
- Online Classnotes Listing; and
- Receipt of all Alumni Association mailings.

The Phillips Alumni Association provides several other important opportunities for graduates. Licensed practitioners may become providers of counseling services to current Phillips students, or serve as Volunteer Supervisors to Student Trainees and Marriage and Family and Doctoral Interns at CalFam. Practitioners have the opportunity to become adjunct faculty members at Phillips, serving as classroom instructors and Applied Therapeutic Methodology and Case Conference Leaders. Alumni from all programs have the opportunity to serve as mentors to current students and to become involved in the many events and services that Phillips provides within the institution and the community.

Membership in the Phillips Alumni Association is \$50 yearly for graduates, and \$15 for current students. For more information please contact Francine Roberts in the Office of Advancement at froberts@pgi.edu or (818) 654-1*7*53.

# California Family Counseling Center

The California Family Counseling Center (CalFam), provides clinical training for doctoral-and master's-level students and interns and affordable counseling, psycho-educational assessment and other services to the community. A service of Phillips Graduate Institute, CalFam also offers elective coursework for Phillips students, and a range of clinical experiences at the Institute and at a variety of sites throughout the San Fernando Valley.

For more than 35 years, CalFam has helped more than 44,000 families reach a higher level of functioning while training beginning and advanced clinicians to work with individuals, couples, families, children, adolescents and seniors. Group therapy is offered around a variety of topics including: Parent Education and Support, Anger Management for Adults and Teens, Eating Disorders, Women's Issues, Domestic Violence, and Grief and Loss. Specialized training for work with children, juvenile offenders, the elderly, those coping with substance abuse and the Spanish-speaking community are offered at CalFam, local schools, probation facilities and elderly residential settings. Fees are based on the client's ability to pay and scholarships are available for clients in need.

# CALFAM OPPORTUNITIES FOR STUDENTS

Clinical training is offered to master's-level students, doctoral students, and post-degree clinical MFT interns allowing for continuity between academic and clinical training. CalFam programs are supervised by Phillips core and adjunct faculty members and other carefully selected clinicians. Those who wish to obtain clinical training at CalFam may apply to one of the many programs offered.

### MASTER'S AND POST-MASTER'S TRAINING PROGRAMS

CalFam offers a variety of training programs for students gathering experience for Marriage and Family licensure in both traineeships and internships. These programs offer experience in counseling individuals, families, couples and groups for a wide diversity of client populations including children, adolescents, parents, adults and seniors. Programs provide both training and supervision. Program offerings change with the needs of our students, interns, and the community.

Traineeship and internship programs have special foci including Modern, Postmodern, Latino, Cooccurring Disorders, Family, and Child.

Trainee and intern program coursework may also be taken for elective or concentration credit. Please see page 25 for details.

# DOCTORAL TRAINING PROGRAMS

CalFam offers three training programs for students gathering experience for doctoral practicum hours. All programs provide weekly training and individual and group supervision.

# ADULT/OLDER ADOLESCENT PSYCHOTHERAPY PRACTICUM

This practicum placement is intended for those doctoral students who have completed psychopathology courses and who are interested in an applied clinical setting. Clients present with a wide variety of Axis I and Axis II diagnoses. In addition to seeing clients at CalFam, students will be required to see clients at other training sites as well as have an opportunity to treat incarcerated youths at a probation camp. Other sites will be available to meet interests. Students will carry a caseload of 4-6 clients a week, as well as complete clinical intake assessments. Other training requirements may be added to enhance the training experience.

# LATINO FAMILY THERAPY PRACTICUM

The Latino Family Therapy Practicum is designed for doctoral students who have a strong interest in providing a variety of clinical services in an applied clinical setting. A primary goal of the program is to prepare students to provide psychological services to Spanish-speaking individuals and families in their local communities. Practicum students are required to speak Spanish and will have the opportunity to learn clinical use of the language; training topics specific to Latino populations and all Clinical Supervision is conducted in Spanish. Both co-therapy and individuial therapy models are followed.

### PSYCHOLOGICAL TESTING CLERKSHIP PRACTICUM

The Psychological Testing Practicum (Clerkship) is intended for doctoral students who have completed assessment courses and are interested in the clinical application of these new skills. Clerks will conduct testing which includes

administering, scoring, and interpreting tests, as well as report writing and providing feedback to clients and referring therapists. Testing will include personality inventories, projective tests, intelligence and achievement tests as well as tests specific to certain referral questions. Testing will be conducted at CalFam and other sites in the community.

# CALFAM AND THE COMMUNICATIONS BUREAU

CalFam provides speakers, at no cost to the Phillips Graduate Institute Communications Bureau, which offers a range of free mental health psycho-educational seminars to the community. Presentations are made in business, school, religious, health care and community service settings throughout the San Fernando Valley and Los Angeles by CalFam, interns, trainees, doctoral students, and alumni. For more information call (818) 654-1753.

### PROFESSIONAL ASSISTANCE AND TRAINING PROGRAMS

CalFam provides support and expertise on academic, clinical training and counseling issues to more than 250 community agencies throughout the Greater Los Angeles area. Many collaborative projects have been developed and implemented with a variety of partner agencies. Numerous training programs are hosted by CalFam for local school collaboratives, Healthy Start Programs and other educational institutions.

### **COMMUNITY EVENTS**

A priority for Phillips Graduate Institute and CalFam is the development of partnerships with other community organizations, programs and services so that all community members can receive the support that is needed to live productive and satisfying lives. Annual community events are offered to Southern Californians at no cost through CalFam. Such events have included the Child Safety Fair, National Depression Screening Day, Days of Dialogue on Race Relations, Breast Cancer Awareness Workshops, and Compassion and Action—A Program for Care and Support of the Dying.

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# **Our Diversity Commitment**

The Institution's commitment to diversity includes focused consideration of ethnicity, race, culture, gender, sexual orientation, socioeconomic status, age, spiritual or religious beliefs, and disability as factors which have a salient impact on individuals' and groups' world views, values, and practices such as recruitment and retention of students, faculty, and staff; and integration of diversity issues in educational, training and community outreach programs.

Issues of diversity are central to the ethics and richness which guide the mission of Phillips/CalFam. The mission's overarching goal of enhancing relationships among individuals, families, and organizations presents a challenge which Phillips/CalFam embraces and integrates in its planning and daily functioning. Accordingly, Phillips/CalFam's academic, field training and clinical programs encourage the growth and development of its diverse faculty, staff, students, and service recipients.

The integrity of the Institution is strengthened by the consistent honoring of diverse individuals, dyads and groups under challenging circumstances. This requires an array of creative approaches to training, service provision, and problem solving in response to the complex needs of a variety of people who are working toward common goals. Institutional support for thinking beyond conventional approaches, involving complementary efforts of people with various world views and skills, has led to cutting-edge programs which are effective and highly regarded in the professional community. This, in turn, provides the building blocks for positive changes at various levels of human relationships and social systems.

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